

IndieFlix presents

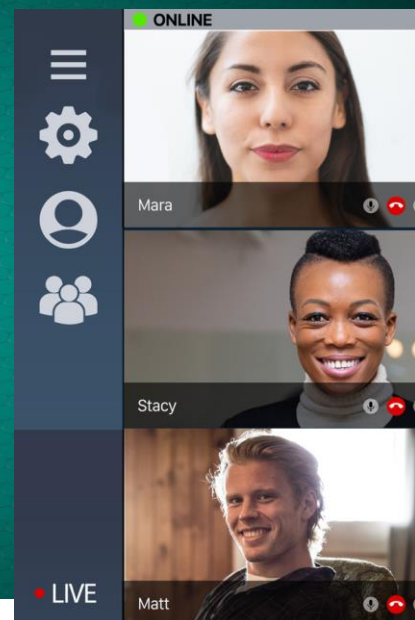


Angst

RAISING
Awareness
AROUND
Anxiety

Virtual Screening and Panel Discussion

View the film and get your questions answered by local experts!



In observance of Suicide Prevention Week and Month, the County of Santa Clara Suicide Prevention Program will host a virtual screening and discussion panel of [Angst](#). This documentary film tells the stories of many kids and teens who discuss their anxiety and its impacts on their lives and relationships, as well as how they've found solutions and hope. It also showcases discussions with mental health experts about the causes of anxiety and its sociological effects, along with the help, resources, and tools available to address the condition.

In addition, you will receive a link to access a panel of experts directly after the screening. During this time, panelists will help debrief the film and answer your questions live.

[Click here to watch the trailer](#)

Date: September 29, 2020

Time: 5:00pm- 7:00pm

Registration:

<https://www.eventbrite.com/e/angst-panel-discussion-tickets-120069209237>

Presenters:

- **Dr. Shashank Joshi, Professor of Psychiatry, Pediatrics, and Education, Director of Training in Child & Adolescent Psychiatry - Stanford University Department of Psychiatry & Behavioral Sciences. Director of School Mental Health Services - Lucile Packard Children's Hospital at Stanford**
- **Youth Connectedness Initiative Peer Leaders**



COUNTY OF SANTA CLARA
Behavioral Health Services
Supporting Wellness and Recovery



Lucile Packard
Children's Hospital
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