



HOLY SPIRIT PARISH

We follow Christ by Living our Faith, Sharing Knowledge and Serving the Community.

Twenty-Sixth Sunday in Ordinary Time

September 29th, 2019



Anointing of the Sick

The sacrament of the Anointing of the Sick is one of the best kept secrets of the Catholic Church. In practice, most Catholics do not fully understand this Sacrament and believe it should be administered right

before death. The Anointing of the Sick is just as it says, a Sacrament for the sick, not just for the dying. Anointing is encouraged for anyone who because of age or serious illness may benefit from it spiritually, physically or mentally.

Anointing of the Sick, one of the seven Sacraments instituted by Christ in the New Testament, is associated not only with bodily healing but with forgiveness of sins. Through the sacrament, the Holy Spirit renews confidence and faith in God and strengthens against temptations to discouragement, despair and anguish at the thought of death and the struggle of death; it prevents us from losing Christian hope in God's justice, truth and salvation.

The Second Vatican Council placed the sacrament in the context of mutual prayer and brought a change in the way we think about the sacrament. **This sacrament is a community celebration and will be celebrated in our Holy Spirit Community at all of our weekend Masses October 12-13.** Those who believe they would benefit either physically or mentally from Christ's healing touch through the prayer of the Church will be invited forward after the homily to receive the Sacrament.

As human beings, we are composed of body, mind and spirit. Because of this unity, when our bodies ache, our spirits and minds can also be affected. When our spirits are touched with healing, our minds may release built-up stress and tension so our bodies may heal.

Anointing of the Sick, while essentially a spiritual act, also has both physical and mental aspects. We are anointed with Oil of the Sick, we are offered words of Scripture and prayer that comfort our minds, and the Sacrament is intended to bring healing to the whole person. This includes putting a mind at peace, renewing energy and bodily strength, and, if one should die, to make ready to meet the Lord (spiritual healing).

We are all important parts of the Body of Christ. At times, illness or injury or age may separate us physically from that Body. The Sacrament of Anointing unites us with the entire worshipping Body, Christ's Church.

We invite you and your family to join us as we celebrate the Sacrament of the Anointing of the Sick during our liturgy, where the reality of Church is even more apparent.

To arrange for Anointing of the Sick outside of our bi-annual communal masses when in illness, pre-surgery, or emergency, please call Pastoral Care in the Parish Office at 408-997-5110.

San Augustine

Texas Mission Trip Save the Date



Dates: Feb 16th - 22nd

Cost: Approximately \$1,200

(includes: room/board, airfare, & transportation)

Registration: Oct 21st - Nov 1st

<https://holyspiritchurch.org/texas-mission-trip/>

Information: Info. Nights

Oct 10th & 17th in the Parish Hall (7pm)

Questions: Contact Kyle Coulter at kyledcoulter@yahoo.com



HOLY SPIRIT PARISH



PARISH DIRECTORY

Parish Office / 408-997-5101
24 Hour Emergency

Rev. Brendan McGuire, Pastor
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408-997-5107 edgar.elamparo@dsj.org

Merry Reardon, Pastoral Associate
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408-997-5108 penny.warne@dsj.org

Faith Formation 408-997-5112

Baptism 408-997-5115

Initiation 408-997-5112

Marriage 408-997-5115

Sacrament of the Sick 408-997-5110

Pastoral Care 408-997-5110

Social Ministries 408-997-5111

Youth Ministry 408-997-5106

Music Ministry 408-997-5121

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Holy Spirit School

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Greg Vohs, Interim Principal
Maira Gutierrez-Folchi, Assistant Principal

NOTE FROM OUR PASTOR



As I write this bulletin, all the pilgrims and I arrived into Santiago de Compostela, the final destination of our pilgrimage after 9 days. You can see the photo of our group at the Mass of the Pilgrims in St. Francisco Church. Unfortunately, the Cathedral of Santiago de Compostela is under renovation for the next year and all pilgrim Masses are celebrated in the neighboring Church of St. Francisco, a beautiful neoclassical church founded after the pilgrimage of St. Francis of Assisi in 1214 in honor of the Apostle of St. James, in an area known as the valley of God.



After 100 miles of hiking on the camino, it was nice to finally arrive at Santiago and all the pilgrims made it. With the age range from 43 to 77 years, it was no small task for our group. It was a powerful pilgrimage and we met 1,000's of other pilgrims along the way. The Camino de Santiago, the Way of St. James as it is known in English, is a network of

pilgrimages all leading to the shrine of St. James the Great at the Cathedral of Santiago de Compostela. It was one of the most important Christian pilgrimages during the Middle Ages and has been walked by millions of people since the 7th Century. The Camino went into decline because of the Black Death, the Protestant Reformation and political unrest in the 16th Century. By the 1980's only a few hundred pilgrims were registered in the pilgrim's office in Santiago. In 1982, Pope John Paul II visited Spain and promoted the Camino as a way to rekindle people's faith. Then again in 1989 he walked the last stage himself being the only Pope to have done so.

Since 1989, the Camino has grown in popularity and now over 200,000 people walk it each year with over 100,000 completing the whole journey from Portugal, France or many other starting points with an average of 500 miles.

All of that is to say it was a really powerful experience for all of us to walk where millions of people have walked as pilgrims for over 1,000 years. As one of the pilgrims said on the closing night: "The beauty of the canopy of trees as we walked along was spectacular and it is powerful to think what those trees have witnessed as they watch millions of pilgrims walk under their protection." We prayed for our parish and all of you as we walked and we pray that the years ahead are full of spiritual growth for years to come.



Question of the Week

When have you experienced the power of faith?

Blessing of Animals

Every October 4th is the feast day of Saint Francis of Assisi. As part of tradition, we often associate this day with the blessing of animals. This is because of Saint Francis' deep respect and love to all God's living creation. It was originally intended for work animals like carabaos who help farmers to till the land or horses who pull carriages to transport people or goods. Through the course of time, however, it was expanded to include domesticated pets.



Saint Francis treated animals as his brothers and sisters, as well as all other God's living creations. Tradition said that even birds gathered around him as his audience as if he was preaching to them about how God loved them. There was once a story about a vicious wolf attacking people and other animals in the town of Gubbio, a medieval town in central Italy in the province of Perugia where Saint Francis once lived. He went to face the wolf. The wolf became furious. Saint Francis prayed, and the wolf calmed down and laid down to his feet. He made a promise to the wolf that the people there would feed him regularly, but the wolf, in return, had to promise that he would never harm the people nor other animals.

For some, they misunderstood Saint Francis about his love and attachment to animals as delusional. Nevertheless, whether he was inspired by God or madness, Saint Francis of Assisi was very well known and honored throughout the Christian world. Because animals were dearly to him, he was declared by the Church as the Patron Saint of animals.

READINGS FOR THE WEEK

- M 9/30 Zec 8:1-8; Ps 102:16-21, 29, 22-23; Lk 9:46-50
- T 10/1 Zec 8:20-23; Ps 87:1b-7; Lk 9:51-56
- W 10/2 Neh 2:1-8; Ps 137:1-6, 10-11; Mt 18:1-5, 10
- TH 10/3 Neh 8:1-4a, 5-6, 7b-12; Ps 19:8-11; Lk 10:1-12
- F 10/4 Bar 1:15-22; Ps 79:1b-5, 8-9; Lk 10:13-16
- S 10/5 Bar 4:5-12, 27-29; Ps 69:33-37; Lk 10:17-24
- Su 10/6 Hb 1:2-3; 2:2-4; Ps 95:1-2, 6-9; 2 Tm 1:6-8, 13-14; Lk 17:5-10



Weekend Masses

Saturday 5:00 p.m.
 Sunday 8:00, 9:30 & 11:30 a.m.
 6:00 p.m.

Daily Mass / Communion Service

Monday - Friday 8:30 a.m.

Daily Holy Hour

Monday - Friday 7:30 a.m.

Daily Rosary

Monday - Friday 9:15 a.m.

Holy Days of Obligation

8:30 a.m. & 7:00 p.m.

Eucharistic Adoration & Reconciliation

First Friday of the month
 7:00 - 8:00 p.m.

Reconciliation

Saturdays at 4:00 p.m.
 or by appointment

MASS INTENTIONS

- M 9/30 8:30 Dolores Fortich †
- T 10/1 8:30 Tim Duprel †
 Doreen & Andy Williams
 Renee Lowrance †
- W 10/2 8:30 Rose Ventimiglia †
 Kathy Moritz †
- S 10/5 5:00 John Moore †
- S 10/6 9:30 Virginia Scales †
 11:30 Ramon Guterrez †
 Isabel Guterrez †
 Adolpho Glavan Ulloa †

PRAYER REQUESTS

For those who are ill:

Jack Burke, Carmel de la Pena,
 Phyllis Keeney, Tamra Melton

For those who have recently died:

Sandra Robinson, Karen Ross
 Christine Thompson

Blessing of the Animals



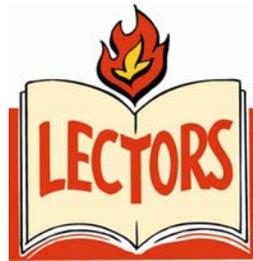
The Feast of Saint Francis occurs in October every year.

It commemorates the life of Saint Francis, who was born in the 12th century and is the patron saint of animals.

Many churches celebrate and honor Saint Francis by offering services in which animals are blessed and prayed for.

Any day, of course, is a good day to give thanks to God for His wonderful works, but the Feast of Saint Francis provides an opportunity to give thanks for the animals that enrich our lives.

Please bring your pet and join us in the courtyard on **Saturday, October 5th at 4:00** for a blessing of animals both large and small.



TRAINING FOR NEW LECTORS

At Holy Spirit, lectors are special liturgical ministers who serve our community by proclaiming the readings from Scripture during our liturgies. A thoughtful and prayerful presentation of the readings by our lectors helps open the hearts of our community to God's Word. If you would like to become a part of our liturgies as a lector, we will be having four scheduled training days throughout the next year. The training should last about 75 minutes. The next scheduled dates are:

October 6, 2019 at 12:45 - 2PM

January 12, 2020 at 12:45 - 2PM

April 26, 2020 at 1:15 - 2:15PM

August 16, 2020 at 1:15 - 2:15PM

Any fully initiated, practicing Catholic (ie. have received the Sacraments of Baptism, Holy Communion and Confirmation) may participate in this ministry.

If you are interested, please go to the parish website at www.holyspurchurch.org or reach out to the Lector Ministry Chair, Sam Florio at sfinsj@gmail.com.

Saturday Lunch Ministry



We meet in the Parish Hall at 10:30 a.m. to make sandwiches and then pack the lunches, which include sandwiches, fruit, cookie, and a drink. After the lunches have been made, we drive to the St. James Park area of downtown San Jose.

We invite ten families to join us every 1st Saturday of the month*. The next Saturday Lunch Ministry will be on **October 5th**.

Student participation is limited to sixth grade and older. A donation of \$10 is asked from each family to cover the cost of food and supplies.

You can sign up at www.holyspurchurch.org/sandwich-ministry.



SECOND OFFERINGS

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|----------------|----------------------|
| September 29th | No Second Collection |
| October 6th | No Second Collection |

Charleston Fundraiser

Holy Spirit School kicked off our annual Charleston fundraiser this week! With a goal of \$50,000, all of our students will be knocking on doors to sell excellent quality gift wrap and home goods from now through **October 8**.

To support our efforts and get a jump start on your Christmas shopping go online to place an order that can be delivered directly to your home!

go to: charlestonwrapstore.com

click the red "shop now" box

click "school credit only" (unless you have a student code)

enter school code: z-11146

shop 'til you drop!

Thank you for all you do to support Holy Spirit School!



NOTICE OF NONDISCRIMINATORY POLICY AS TO STUDENTS

Holy Spirit School does not unlawfully discriminate on the basis of race, color, national or ethnic origin, age, sex, or disability in the admission of students, the administration of educational policies, scholarship and loan programs, and athletic and other school administered programs.



3sixty High School Ministry

After the 6pm Mass, 3sixty will begin its semester series called **Belong**. The series addresses the importance of moving from isolation to solitude and our need for acceptance and community. All high school youth are welcome to come.

Next Sunday, 3sixty will be having an Issue and Scripture night. These nights address a particular issue in our lives and how our faith responds to it.



Edge Middle School Ministry

The next Edge night is scheduled for October 9th at 7:00pm. We hope to build off the great showing of youth from the kick-off



Confirmation Year 1

There is still room to register for Confirmation Year 1. While we already had our first orientation session, it is not too late. Please contact Row for more information row.david@dsj.org.

The first session is scheduled for **Wednesday, October 2nd at 6:30pm** in the church.

Praying with Children Continued



Show children that there is no prescribed length to prayer. Quick prayers such as asking for help with choices, for blessings on a birthday party, or for protection and safe travels before going on a trip are ways to show kids that God is interested in all aspects of our lives. Another quick prayer to model is as simple as, "Lord be with me," before getting into a challenging situation or, "Thank you, Father," when a problem is easier to work out than expected.

Longer prayers are better for older children who can sit still for a few minutes. They can teach kids about God's all-encompassing greatness. Here's a good way to model these prayers:

Start off by thanking God for being with you and for providing for your family, thank him for his great, unconditional love, and express your reverence for all that he is.

Ask God to forgive your mistakes. James 5:16 says, "Confess your sins to each other and pray for each other so that you may be healed."

Then, present your needs and requests to God. Close with thanking and praising him for specific provisions and blessings.

Some children feel shy about praying out loud at first. If this happens, you can pray first, then ask the child to finish your prayer. For example, thank God for grandma and grandpa and then ask your child to thank God for specific things about them, like grandma's cookies.

How to Communicate Effectively with Seniors, Part 4



Caring for, and having, successful relationships with older adults often requires unique communication skills and strategies. This series offers five tips for successful communication with seniors. Not each of these ideas may apply to your particular situation or the older adult(s) involved, but simply use what works.

5. Offer Choices Whenever Possible

Many older adults desire to maintain a sense of independence. This may be important when seniors feel their physical and cognitive limitations, but still desire ways to maintain some level of control in their lives.

Whenever possible and appropriate, offer an older adult choices when interacting with her or him. This can be something as simple as asking whether the senior would like to have choice A or choice B for lunch. Having the ability to exercise choice can provide the older adult a greater sense of confidence, esteem, and security, as the senior feels the power to be proactive in life.

Sometimes offering a choice for major life decisions for safety is not possible, but offering many opportunities to choose in lesser situations can offer a sense of control which translates to better cooperation when it's needed.

WEEK AT A GLANCE

Dates subject to change. View our complete calendar at: www.holyspirtchurch.org

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|---------------|--|--|---|
| MON 9/30 | 12:00 p.m. 3:00 p.m. 5:30 p.m. 7:15 p.m. 6:30 p.m. 7:15 p.m. 8:00 p.m. | Widow's Faith Group Children's Choir Practice No Faith Formation Classes SEEL Music Practice Men's Faith Group AA Meeting | Classroom 2 Church Parish Hall Be Still Room Church Classroom 2 Classroom 3 |
| TUE 10/1 | 9:00 a.m. 9:00 a.m. 6:45 pm 7:00 p.m. 7:00 p.m. 7:00 p.m. | SEEL Women's Faith Sharing Baptismal Preparation Class 3Sixty Core Team Meeting Seasons of Hope Women's Faith Sharing | Parish Conference Rm Parish Hall Church Be Still Room Classroom 2 Parish Hall |
| WED 10/2 | 6:30 a.m. 9:00 a.m. 12:00 p.m. 12:00 p.m. 6:30 p.m. | Men's Faith Group SEEL SEEL-Theresa SEEL Confirmation Year 1 Meeting | Parish Office Be Still Room Be Still Room Parish Conference Rm Church |
| THU 10/3 | 8:45 a.m. 5:00 p.m. 7:00 p.m. 7:00 p.m. | Survival Sacks SEEL GOFJ Planting Lectors Meeting | Sacred Heart Be Still Room HSS Library Church |
| FRI 10/4 | 8:00 a.m. 9:30 a.m. | SEEL AI-Anon Meeting | Be Still Room Parish Hall |
| SAT 9/10/5 | 10:00 a.m. 10:30 a.m. 4:00 p.m. 5:00 p.m. | Lector's Meeting Saturday Lunch Ministry Blessing of the Animals CLOW | Church Parish Office Courtyard Parish Hall |
| SUN 10/6 | 9:30 a.m. 9:30 a.m. 10:45 a.m. 12:45 p.m. 7:00 p.m. | Nursery CLOW Faith Formation Classes Lector Training 3Sixty Youth Night | Parish Hall Parish Hall Parish Hall Church Parish Hall |



**Monday, November 4, 2019
Almaden Golf & Country Club**

Gather your foursome!

\$240/per person

\$225/seniors & club members

Register Today:

<https://holyspirtchurch.org/annual-golf-tournament/>

Seasons of Hope

Grief Consolation Group

*Bereavement care rooted in
scripture, prayer and faith sharing*



*After the death of a loved one,
our Holy Spirit community can be a place of
comfort and ongoing support.*

Join us for:

**6-week series Oct. 1 - Nov. 5, 2019
Tuesday evenings, 7:00pm-8:30pm
in Parish Hall "Classroom 2"
Holy Spirit Church**

**Please RSVP to: Leah Harris, Pastoral Care Director,
408-997-5110, leah.harris@dsj.org.**