



HOLY SPIRIT PARISH

We follow Christ by Living our Faith, Sharing Knowledge and Serving the Community.

Twenty-Fifth Sunday in Ordinary Time

September 22nd, 2019



NEW ALTAR SERVERS!

Please help us give a warm welcome to our new altar servers who completed training this past week. We look forward to seeing them serve and help everyone more joyfully celebrate Mass.

*Matthew Castillo
Michael Castillo
Amanda Corkey
Kyla Cummings
Cashmere Dimabuya
Cendrick Dimabuya
Sofia Di Napoli
Marshal Durrin
Sophia Ereno
Ellek Garcia*

*Cian Gobbett
Michael Gobbett
Tighe Gobbett
Kasia Kazmierczak
Tanner Kern
Jaedah Lao
Derik Lien
Noah Liu
Gabriella Ip
Alexandra Martinez*

*Cesar Montiel
Julian Montiel
Catherine Nguyen
Maybelle Rabe
Matthew Tran
Nolan Watts
Aiden Wilson
Mariana Zorilla*

Thanks to our experienced altar servers who helped during the training:

Margaret Chen – Elizabeth Chen – Nicholas Serna

Christian Serna - Mateo Scipioni – Nicholas Zorio

If you want to become an altar server, email: German Scipioni
german@scipioni.org or Carolina Scipioni
carolina@scipioni.org

Blessing of the Animals



The Feast of Saint Francis occurs in October every year. It commemorates the life of Saint Francis, who was born in the 12th century and is the patron saint of animals.

Many churches celebrate and honor Saint Francis by offering services in which animals are blessed and prayed for.

Any day, of course, is a good day to give thanks to God for His wonderful works, but the Feast of Saint Francis provides an opportunity to give thanks for the animals that enrich our lives.

Please bring your pet and join us in the courtyard on **Saturday, October 5th at 4:00** for a blessing of animals both large and small.



PARISH DIRECTORY

Parish Office / 408-997-5101
24 Hour Emergency

Rev. Brendan McGuire, Pastor
408-997-5105 brendan.mcguire@dsj.org

Rev. Edgar Elamparo, Parochial Vicar
408-997-5107 edgar.elamparo@dsj.org

Merry Reardon, Pastoral Associate
408-997-5112 merry.reardon@dsj.org

Penny Warne, Pastoral Associate
408-997-5108 penny.warne@dsj.org

Faith Formation 408-997-5112

Baptism 408-997-5115

Initiation 408-997-5112

Marriage 408-997-5115

Sacrament of the Sick 408-997-5110

Pastoral Care 408-997-5110

Social Ministries 408-997-5111

Youth Ministry 408-997-5106

Music Ministry 408-997-5121

Finance Office 408-997-5101

Finance Council John Beck
goya12string@yahoo.com

Pastoral Council Stephanie Kavanagh
stephaniekavanagh2@gmail.com

Holy Spirit School

1198 Redmond Avenue
San Jose, CA 95120
www.holyspirit-school.org
408-268-0794

Greg Vohs, Interim Principal
Maira Gutierrez-Folchi, Assistant Principal

NOTE FROM OUR PASTOR



As I write this bulletin column, we have just completed Day 1 of the Camino de Santiago pilgrimage. It was a beautiful cool day with no mishaps or accidents! Always good to start out on the right footing. There was also no rain although we expect significant rain later in the week. We began the day with Mass at the hotel overlooking a small river by the monastery and then everyone headed out hiking at their own pace. We met at the hotel in the next town.

Along the way as we walk, we chat to one another and take in the spectacular countryside with all its colors and shadows. The photo below is just a glimpse of the "road" as we walk. Magical in so many ways.

One young man we met along the way was a young Spanish college student, Jorge, who had been on the road for over 10 days. His English was excellent and we chatted about his college life. He spoke of one of his best friends from China who is an excellent pianist. Jorge said he listens to him play and yearns to have that life of a brilliant musician. I asked him why and he said he wants his friend's life because when he goes onto the stage everyone claps before he ever plays a note. "It would nice to have everyone clap 'before' you do your job. I never get a clap for showing up for work or engineering school!" I asked him how his friend responded. His friend yearns for a normal job where he can go into work and nobody bothers him and he can leave after he does his job at 6pm or earlier. "I want a normal life and not always having to entertain people."

Then we had a long chat about how we often think other people's lives are better than our own and we yearn for what they have. However, we do not know their crosses! We had a long conversation about "crosses" and what we carry and how we do not know what other people's crosses are. He was a delightful and articulate young man who clearly was seeking a deeper meaning in his own life. He is now studying philosophy after realizing he really does not want to do industrial engineering. We even talked about priesthood and the value of religion in his life even though he was no longer active.

It was a great conversation about lots of things in life. He stopped for lunch and we walked on. I suspect we will never meet again but he was a bright spark for my first day as many of us chatted to him along the way. Such is the Camino...we never know who will meet along the way and how they will impact our lives or we impact theirs!



Question of the Week

Whom do you see as a prophet today, calling people to faithfulness?



“Do not bow to the cross instead of the altar.”

As we continue to explore the book by Dennis Smolarski titled “How not to say Mass?”, this liturgy column discusses a section called “*Do not bow to the cross instead of the altar.*” This will be the last section that we will examine in this book.

It is a common notion that when we process in, we bow or genuflect because of the presence of the Crucifix or of the Altar Cross. The Roman Missal states that when the Priest and Ministers reach the Altar, they should make a profound bow, as a sign of reverence to the Altar. This is because the Altar itself represents Christ Jesus’ sacrifice on Calvary, giving His life for all. It is also where Christ Jesus becomes present, sharing His body and His blood for the salvation of many. The Catechism states that the Altar represents two aspects of the same mystery: the altar of the sacrifice and the table of the Lord. Thus, the Christian altar is the symbol of Christ himself, present in the midst of the assembly of His faithful, both as the Victim offered for our reconciliation and as Food from heaven who is giving Himself to us (CCC 1383).

There are two kinds of bow: a bow of the head and a bow of the body. The bow of the body is a profound bow and is made to the Altar at the beginning of Mass and in the Creed at the words “and by the Holy Spirit... and became man”. A bow of the head is made when we name the Trinity, and at the name of Jesus, or the Blessed Virgin Mary, or the Saint in whose honor Mass is celebrated.

We genuflect (bending the right knee to the ground) before the Altar when the Tabernacle, where the Most Blessed Sacrament is reserved, is situated behind it. We also genuflect when the cross or Crucifix is placed in front of the Altar during veneration. This veneration of the Cross happens most notably during the Good Friday Service.

READINGS FOR THE WEEK

- M 9/23 Ezr 1:1-6; Ps 126:1b-6; Lk 8:16-18
- T 9/24 Ezr 6:7-8, 12b, 14-20; Ps 122:1-5; Lk 8:19-21
- W 9/25 Ezr 9:5-9; Tb:13:2, 3-4abefghn, 7-8; Lk 9:1-6
- TH 9/26 Hg 1:1-8; Ps 149:1b-6a, 9b; Lk 9:7-9
- F 9/27 Hg 2:1-9; Ps 43:1-4; Lk 9:18-22
- S 9/28 Zec 2:5-9, 14-15a; Jer 31:10-12ab, 13; Lk 9:43b-45
- Su 9/29 Am 6:1a, 4-7; Ps 146:7-10; 1 Tm 6:11-16; Lk 16:19-31



Weekend Masses

- Saturday 5:00 p.m.
- Sunday 8:00, 9:30 & 11:30 a.m.
6:00 p.m.

Daily Mass / Communion Service

Monday - Friday 8:30 a.m.

Daily Holy Hour

Monday - Friday 7:30 a.m.

Daily Rosary

Monday - Friday 9:15 a.m.

Holy Days of Obligation

8:30 a.m. & 7:00 p.m.

Eucharistic Adoration & Reconciliation

First Friday of the month
7:00 - 8:00 p.m.

Reconciliation

Saturdays at 4:00 p.m.
or by appointment

MASS INTENTIONS

- M 9/23 8:30 Ngat Thi Pham †
Nora Elamparo †
- F 9/27 8:30 John Moore †
Fr. Edgar Elamparo
- S 9/28 5:00 Holy Spirit Parish
- S 9/29 8:00 Eddie Dy Buncio †
Nicole Scott Holley †
11:30 Rahul Pinto †
James Deane †
Frank Bellanca †
6:00 Bibi Katami †

PRAYER REQUESTS

For those who are ill:

Nicole Conley, Tamra Melton, Lisa Olson, Christine Thompson

For those who have recently died:

Kathy Hymowitz, Larry O'Connor



El Retiro San Inigo
THE JESUIT RETREAT
CENTER OF LOS ALTOS

Register Now

**Friday, Oct 18, 4:00pm
through
Sunday, Oct 20, 2:00pm**

Fr. Brendan McGuire

*Non-silent Retreat for Women
and Men*

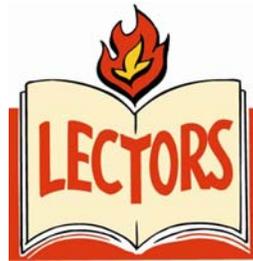
When our cell phones or computers don't work as they should, we are told to "hard reset" them. That means literally turning the power off and restarting them. Our spiritual lives are the same.

Sometimes things are not working as they should and we need to do something.

Come and reset your spiritual life.

Fr. Brendan will use his experience as a former executive from the IT world to guide people working in the tech industry through a reset procedure for our spiritual life.

Register for the retreat at jrc.retreatportal.com/events.



TRAINING FOR NEW LECTORS

At Holy Spirit, lectors are special liturgical ministers who serve our community by proclaiming the readings from Scripture during our liturgies. A thoughtful and prayerful presentation of the readings by our lectors helps open the hearts of our community to God's Word. If you would like to become a part of our liturgies as a lector, we will be having four scheduled training days throughout the next year. The training should last about 75 minutes. The next scheduled dates are:

October 6, 2019 at 12:45 - 2PM

January 12, 2020 at 12:45 - 2PM

April 26, 2020 at 1:15 - 2:15PM

August 16, 2020 at 1:15 - 2:15PM

Any fully initiated, practicing Catholic (ie. have received the Sacraments of Baptism, Holy Communion and Confirmation) may participate in this ministry.

If you are interested, please go to the parish website at www.holyspirtchurch.org or reach out to the Lector Ministry Chair, Sam Florio at sfinsj@gmail.com.

Saturday Lunch Ministry



We meet in the Parish Hall at 10:30 a.m. to make sandwiches and then pack the lunches, which include sandwiches, fruit, cookie, and a drink. After the lunches have been made, we drive to the St. James Park area of downtown San Jose.

We invite ten families to join us every 1st Saturday of the month*. The next Saturday Lunch Ministry will be on **October 5th**.

Student participation is limited to sixth grade and older. A donation of \$10 is asked from each family to cover the cost of food and supplies.

You can sign up at www.holyspirtchurch.org/sandwich-ministry.



Hospitality this weekend.

**Saturday after the 5:00pm Mass
and Sunday after 8am, 9:30am,
11:30am, and 6pm Masses.**

Come enjoy light refreshments and fellowship with your faith community.

"Oh Bear"



Holy Spirit School K-2nd grade students had the wonderful opportunity to meet with author and award-winning children's book designer, Melissa Nelson Greenberg and illustrator and fine artist Ruth Hengeveld.

The two women debuted their book, "Oh, Bear" and came to speak to the children about their creative process. Children learned about the trial and error of taking a story from imagination to page and then to print and production. The morning ended with a reading of the book and students were able to have their books autographed and dedicated.

Thank you to Hicklebee's and our librarian Mrs. Youn for coordinating this special event



NOTICE OF NONDISCRIMINATORY POLICY AS TO STUDENTS

Holy Spirit School does not unlawfully discriminate on the basis of race, color, national or ethnic origin, age, sex, or disability in the admission of students, the administration of educational policies, scholarship and loan programs, and athletic and other school administered programs.

3sixty High School Ministry

After the great turnout from our kick-off, we built off that momentum to further build the community of youth. Last Sunday, we took intention in looking where we are at in our faith and in our relationship with Jesus and see how 3sixty can help nourish them.

After the 6pm Mass, 3sixty will begin its semester series called **Belong**. The series addresses the importance of moving from isolation to solitude and our need for acceptance and community. All high school youth are welcome to come.

Edge Middle School Ministry

The next Edge night is scheduled for **October 9th at 7:00pm**. We hope to build off the great showing of youth from the kick-off.



Confirmation Year 1

There is still room to register for Confirmation Year 1. While we already had our first orientation session, it is not too late. Please contact Row for more Information, row.david@dsj.org.

The first session is scheduled for **Wednesday, October 2nd at 6:30pm** in the church.

Tips for Praying with your Child



Teach Prayer as a Conversation

Be sure your children understand that prayer is simply a conversation with God, one that shows respect for his unending love and power, but that is spoken in our own words. Matthew 6:7 says, "When you pray, don't babble on and on as people of other religions do. They think their prayers are answered merely by repeating their words again and again." We can and should speak to God in our own words.

Let Your Kids See You Praying

The best way to begin educating your children about prayer is to pray in their presence. Look for opportunities to practice prayer in front of them, just as you would seek out instances to teach them about manners, good sportsmanship, or humility. While praying in the morning or before bed is common and valuable practices, God wants us to come to him with all things and at any time, so let kids see you praying throughout the day for a variety of needs.

Choose Age-Appropriate Prayers

Try to keep the words and subjects appropriate to your child's age level, so younger kids won't be scared by serious situations. Prayers for a good day at school, pets, friends, family members, and local and world events are perfect ideas for kids of any age.

How to Communicate Effectively with Seniors, Part 3



Caring for, and having, successful relationships with older adults often requires unique communication skills and strategies. This series offers five tips for successful communication with seniors. Not each of these ideas may apply to your particular situation or the older adult(s) involved, but simply use what works.

3. Ask Instead of Assume

Ask questions instead of making assumptions when it comes to your actions in relations to the older adult. For example, instead of turning the lights off in the senior’s room without asking, say “I’m going to turn off the lights for you.” If the senior protests, let her have her way if it’s harmless, or explain why it’s important for you to do what you need to do (in most cases for the sake of senior’s health and well-being).

4. Use “I” instead of “You” Language

We know from the study of effective communication that people (including many older adults) generally don’t respond well when they feel like they’re constantly being ordered what to do. Such “bossy” language is often manifested in the use of “you” statements, followed by a directive. For example:

“You must exercise today!” “You have to take your medicine!” “You should to air out your

WEEK AT A GLANCE

Dates subject to change. View our complete calendar at: www.holyspiritchurch.org

MON 9/23	9:30 a.m. 3:00 p.m. 5:30 p.m. 6:30 p.m. 7:15 p.m. 8:00 p.m.	Prayer Shawl Ministry Children’s Choir Practice Faith Formation Classes Music Practice Men’s Faith Group AA Meeting	Classroom 3 Church Parish Hall Church Classroom 2 Classroom 3
TUE 9/24	9:00 a.m. 7:00 p.m. 7:00 p.m. 7:00 p.m.	Women’s Faith Sharing 3Sixty Core Team Meeting Social Ministries Fair Planning Meeting Women’s Faith Sharing	Parish Hall Be Still Room Parish Office Parish Hall
WED 9/25	6:30 a.m. 9:00 a.m. 6:30 p.m.	Men’s Faith Group SEEL Confirmation Year 2 Meeting	Parish Office Be Still Room Church
THU 9/26	8:45 a.m. 5:00 p.m. 7:00 p.m.	Survival Sacks SEEL GOFJ Planting	Sacred Heart Be Still Room HSS Library
FRI 9/27	8:00 a.m. 9:30 a.m.	SEEL AI-Anon Meeting	Be Still Room Parish Hall
SAT 9/28	9:00 a.m. 9:00 a.m. 11:00 a.m. 4:00 p.m. 5:00 p.m. 5:00 p.m.	Social Ministries Fair Sacred Heart Saturday Mass Coordinator Training Choir Music Rehearsal CLOW Hospitality After Mass	Courtyard Sacred Heart Church Church Parish Hall Parish Hall
SUN 9/29	8:00 a.m. 9:00 a.m. 9:00 a.m. 9:30 a.m. 9:30 a.m. 10:30 a.m. 10:45 a.m. 12:45 p.m. 5:00 p.m. 7:00 p.m.	Hospitality After All Masses Social Ministries Fair Music Rehearsal Nursery CLOW Music Rehearsal Faith Formation Classes Girl Scout Award Ceremony Music Rehearsal 3Sixty Youth Night	Courtyard Courtyard Church Parish Hall Parish Hall Church Parish Hall Church Church Parish Hall

room!” “You need to finish your soup!” “You better not miss the doctor appointment!”

When people feel like they’re being bossed around on a regular basis, they’re more likely going to respond with what psychologists call the “Three F’s – Fight, Flight, and Freeze”, leading to behavioral problems such as argument, avoidance, or stonewalling. Instead, use statements which begin with “I,” “It,” “We,” “Let’s,” and “This,” to convey messages. For example:

“I will help you exercise today.” “It’s important to take your medicine.” “We need to get some fresh air into the room.” “Let’s finish your soup, okay?” These types of statements compel the older adult to be more open to what you have to say.

FUN FOR EVERYONE!



Santa Teresa Church



Country Jamboree

**SAT OCT 5
12-9pm &
SUN OCT 6
9:30-5pm**

**BLESSING OF THE ANIMALS
GAMES FOR THE KIDS
ENTERTAINMENT
DANCING**

**Howdy Partner!
Bring your appetite and join us for some
finger-licking delicious food
and family fun!**

**FOOD & VENDOR
BOOTHS
SILENT AUCTION**

FOR MORE INFORMATION: Lynda DeManti, Santa Teresa Church, 794 Calero Avenue, San Jose (408) 629-7777 x105
Lynda@santateresachurch.com or check us out on FACEBOOK



Growing Your Faith

Men's Fall Cursillo Weekend **October 3-6, 2019**

Women's Fall Cursillo Weekend **October 17-20, 2019**

A great opportunity to deepen your relationship with Jesus happens this Fall.

Consider going on a **Cursillo** weekend. Described as a short course on Christianity, Cursillo combines prayer, learnings, heartfelt talks, good food, and fun.

You'll meet people just like you who desire a stronger Catholic-Christian Faith. Leaders and speakers have a passion for the Faith.

A Cursillo weekend runs from Thursday after dinner through Sunday afternoon.

Let a friend know about this opportunity and encourage your spouse, too.

If you haven't attended a Cursillo, decide to go this Fall. If you have attended a Cursillo, invite a friend.

For more information, contact John Greene / (408) 460-3099

www.sanjosecursillo.org/sponsorship