



# HOLY SPIRIT PARISH

We follow Christ by Living our Faith, Sharing Knowledge and Serving the Community.

Sixteenth Sunday in Ordinary Time

July 21st, 2019



## SEEL (19<sup>th</sup> Annotation) – The Spiritual Exercises in Everyday Life

The Spiritual Exercises are a compilation of meditations, prayers, and contemplative practices developed by St. Ignatius Loyola to help people deepen their relationship with God.

For centuries the Exercises were most commonly given as a "long retreat" of about 30 days in solitude and silence. In recent years, there has been a renewed emphasis on the Spiritual Exercises as a program for laypeople.

The most common way of going through the Exercises now is a "retreat in daily life (19<sup>th</sup> Annotation, SEEL)," which involves an eight-month long experience of daily prayer and weekly meetings with a Giver of the S.E.

Retreat will run from September 2019-May 2020.

Is the Lord calling you to know him more deeply? Are you interested? What to learn more?

There are information Nights on: **Wednesday July 31<sup>st</sup>** at 7pm in the Church and **Wednesday August 21<sup>st</sup>** 7pm in the Parish Hall

### Contacts:

John S McCarthy,  
mcc1416arthy@gmail.com, 408-386-7457

Merry Reardon,  
merry.reardon@dsj.org 408-997-5112

### Hospitality Weekend

Please join us for Hospitality after all Masses this weekend.

Come and enjoy light refreshments and fellowship with your faith community.

Don't forget to wear your name badge and meet someone new!

If you need a new name badge, you can order one on the Holy Spirit website at [www.holyspiritchurch.org/hospitality-weekend](http://www.holyspiritchurch.org/hospitality-weekend).

Are you interested in interacting with your church community? If so, consider volunteering to help with hospitality.

The commitment is less than an hour. If you are interested in learning more about this Ministry, please contact Annie Bui at [Phuong.bui@dsj.org](mailto:Phuong.bui@dsj.org). or at (408) 997-5104.

## PARISH DIRECTORY

**Parish Office / 24 Hour Emergency** 408-997-5101

Rev. Brendan McGuire, Pastor  
408-997-5105 [brendan.mcguire@dsj.org](mailto:brendan.mcguire@dsj.org)

Rev. Edgar Elampero, Parochial Vicar  
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Baptism 408-997-5115

Initiation 408-997-5112

Marriage 408-997-5115

Sacrament of the Sick 408-997-5110

Pastoral Care 408-997-5110

Social Ministries 408-997-5111

Youth Ministry 408-997-5106

Music Ministry 408-997-5121

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### Holy Spirit School

1198 Redmond Avenue  
San Jose, CA 95120  
[www.holyspirit-school.org](http://www.holyspirit-school.org)  
408-268-0794

Maureen Christensen, Principal  
Greg Vohs, Assistant Principal

## NOTE FROM OUR PASTOR



Continuing my reflection on our new bishop's homily on the anniversary of his ordination, the last two weeks I spoke of his challenge of a "culture of vocations" and "culture of encounter."

How we are all called by God to use the gifts that God has given to us for a particular vocation in life, each of one doing so in a different way. We are all called to a unique vocation. And that we are called to Christ in all we meet especially those living on the peripheries.



Bishop Cantu also challenged us to a "culture of innovation." He acknowledged Silicon Valley as a place of innovation and we need, as a Church, to engage that culture meaningfully. He said, "Once we have encountered each other as children of God, can we then challenge this Valley to put its ingenuity and skills of innovation to solving some of society's most pressing problems."

We have all seen the tremendous socio-economic disparity that has hit our region and it seems that the divide grows with every new company that reaches an IPO. Bishop Cantu rightly adds that "Many families have been forced to move out of the county and even out of state. Along with many others, I am concerned about the valley's ability to house teachers and firefighters, service industry workers and police officers. How can working class families survive in this valley? These are persons and roles necessary for the functioning of any society."

He continues to deepen his concern by adding, "I am concerned that for many, Silicon Valley has become a "dark valley" of desperation. The Good Shepherd is most desperately needed here. Jesus, the Good Shepherd, shares shepherding duties with those in key positions: parents shepherd their children, teachers shepherd their students, public servants can shepherd their constituents, the public can shepherd and help shape public policy, private industry leaders (especially in Silicon Valley) can use their ingenuity not only for technology but for humanity! I am anxious for a conversation in which stakeholders can solve this crisis and create a culture of innovation for the good of humanity, for the good of society, for the good of our families, for the dignity of the human person."

Bishop Cantu closed his homily by acknowledging that these new areas are part of a wider effort that we might encounter Christ anew and fall in love again with our God. "They are part of larger effort to proclaim the dignity of the human person from the womb to the tomb. We are concerned for children in the womb and children at the border, for mothers who are frightened, whether pregnant in the solitude of their apartment or at the border escaping violence in their countries of origin. We reach out to victims and their families and stand for the right to life and redeemability even of the guilty. We promote the availability of mental health services and the accessibility of health care."

I want to close this series with his call to action: "May we all help create a culture of vocations, participate in a culture of encounter, and embrace a culture of innovation for the good of humanity. May the Santa Clara Valley become, through the concerted effort of all of us, the Valley of the Soul's Delight!"

## Question of the Week

How does the Lord's Prayer teach us to pray?



### The Tabernacle

Last week, we talked about the main image of our Lord Jesus in the sanctuary.

Today, we focus our attention to the Tabernacle, the suitable place for the reservation of the Blessed Sacrament or the Consecrated Host, i.e. the Body of Christ Jesus. The reservation of the Blessed Sacrament was originally intended for the communion of the sick, for those unable to attend the Sunday celebration, and as Viaticum for the dying. Thus, the Code of Canon Law directs that the Blessed Sacrament be reserved "in a part of the church that is prominent, conspicuous, beautifully decorated and suitable for prayer. Indeed, the Tabernacle is the right repository in which the Blessed Sacrament is properly reserved. In addition to providing for the security or safety of the Blessed Sacrament, the tabernacle should be "solid," "immovable," "opaque," and "locked." Moreover, the interior of the tabernacle must either be gilded or covered with white silk, and a special oil lamp or a wax candle burns continuously near to it as an indication of Christ Jesus' presence.

As the gratefulness and admiration of Christ's real presence rises, Christians desire to show reverence and adoration through prayer and other public practices. The faithful are drawn to spend more time in quiet prayer before the Blessed Sacrament reserved in the tabernacle. The real presence of Christ in the Blessed Sacrament is a priceless treasure the Church has come to cherish and revere over many generations.

### READINGS FOR THE WEEK

M 7/22 Sg 3:1-4b or 2 Cor 5:14-17; Ps 63:2-6, 8-9; Jn 20:1-2, 11-18

T 7/23 Ex 14:21 — 15:1; Ex 15:8-10, 12, 17; Mt 12:46-50

W 7/24 Ex 16:1-5, 9-15; Ps 78:18-19, 23-28; Mt 13:1-9

TH 7/25 2 Cor 4:7-15; Ps 126:1bc-6; Mt 20:20-28

F 7/26 Ex 20:1-17; Ps 19:8-11; Mt 13:18-23

S 7/27 Ex 24:3-8; Ps 50:1b-2, 5-6, 14-15; Mt 13:24-30

Su 7/28 Gn 18:20-32; Ps 138:1-3, 6-8; Col 2:12-14; Lk 11:1-13



### Weekend Masses

Saturday 5:00 p.m.  
Sunday 8:00, 9:30 & 11:30 a.m.  
6:00 p.m.

### Daily Mass / Communion Service

Monday - Friday 8:30 a.m.

### Daily Holy Hour

Monday - Friday 7:30 a.m.

### Daily Rosary

Monday - Friday 9:15 a.m.

### Holy Days of Obligation

8:30 a.m. & 7:00 p.m.

### Eucharistic Adoration & Reconciliation

First Friday of the month  
7:00 - 8:00 p.m.

### Reconciliation

Saturdays at 4:00 p.m.  
or by appointment

### MASS INTENTIONS

T 7/23 8:30 Milt Garfield †

W 7/24 8:30 Paul Syliangco †

TH 7/25 8:30 AnnaMae Kaefer †  
Marvin Miller †

F 7/26 8:30 Joe Bufalini †  
Carol Denehy †

SA 7/27 5:00 Paola Terracina †  
Ted O'Brien †

SU 7/28 8:00 Holy Spirit Parish  
6:00 Nancy Todd †

### PRAYER REQUESTS

#### For those who are ill:



Mary Kane

Phyllis Keeney

Nicholas Sparks

#### For those that have recently died:

Leodoro Ayala

## STEWARSHIP



### Survival Sacks

Holy Spirit parishioners are continuing to volunteer to distribute Survival Sacks at Sacred Heart Community Center.

We gather on the first and third Thursdays of the month to distribute Survival Sacks, organize supplies, make hygiene kits, and fill backpacks.

Sacks are provided to those who are homeless and living on the streets of San Jose, usually about 40 on each distribution day.

We have the privilege of looking for the face of Christ in each of our clients.

Survival Sacks will be distributed on **Thursday, August 1** and on **August 15th**. The signup link can be found on the parish website of [holyspiritchurch.org](http://holyspiritchurch.org) after **Monday, July 29th**.

Volunteers must be 16 or older. We meet at Sacred Heart at 8:45 a.m. and finish up about 10:45 a.m.

Please consider joining us for this important ministry. If you have any questions, please contact either Patty or Tom at [tnburgei@yahoo.com](mailto:tnburgei@yahoo.com) or call (408) 356-6773.

### Last Call for Pack a Back!

You can help thousands of children start school ready to learn! If you have already donated, thank you. If you have not had a chance yet, there is still time. Donation bins are in the church during all masses **this weekend**. You can also bring your items to the parish hall or office between now and this Wednesday. **See below for a list of needed supplies.**



Signup sheets are now open for volunteer shifts on the parish website. Volunteers will help sort, pack, and distribute supplies and backpacks at Sacred Heart. If we finish early during any of our shifts, we may be asked to sort food or clothing. **Go to the Parish website to sign up for one of these shifts:**

Volunteers will help sort, pack, and distribute supplies and backpacks at Sacred Heart. **Online signups are now open! Go to the Parish website to sign up for one of these shifts:**

Sorting Day, **Saturday July 27, 9:00 AM to 12:00 PM**: Volunteers will sort and categorize donated supplies then help in another area of Sacred Heart. (Ages 9 and up.)

Packing Day, **Saturday August 3, 8:30 AM to 11:30 AM**: Volunteers will pack school supply kits into bags that will later be given out with a backpack of the child's choice. (Ages 9 and up.)

Distribution Day, **Friday August 9, 9:45 AM to 1:00 PM**: Volunteers will give the school supply kits to pre-registered children and help them choose their new backpacks! (Ages 16 and up.)

#### Pack a Back Wish List: New Back Packs for any age- **No Red or Blue**

(Please consider donating a sturdy gray or black backpack for a teen. To keep all kids safe from negative associations with certain colors, teens are only given black or gray backpacks. The need is great for sturdy black or gray backpacks.)

Scientific Calculators	Crayons	USB Sticks
Ear buds	Ballpoint Pens	3 Ring Binders
Glue Sticks	Pencils & Erasers	
Pocket Folders	Highlighters	
Rulers	Note Cards	
Spiral Notebooks	Scissors	
Packs of Wide Ruled Paper	Markers	

And more! —for a full list, see <https://sacredheartcs.org/PAB>

Sacred Heart Community Service also has a wish list on Amazon. On the Amazon website, Search "Find a List or Registry" and enter "Sacred Heart Community Service." You can even have your order delivered directly to Sacred Heart! Please contact Alison Gibbons Chardos with any questions at [Alison\\_gibbons@yahoo.com](mailto:Alison_gibbons@yahoo.com)

## SCHOOL NEWS

### Holy Spirit School

Together we discover faith, seek knowledge & experience community.

Holy Spirit School is out for summer break!!



We wish all our families, teachers and staff a restful break. Classes resume **August 14.**

Our summer office hours still allow us to offer tours if you or anyone you know is looking for a fantastic PreK through 8<sup>th</sup> grade program!

Holy Spirit is equipped with cutting edge technology, research-based teaching methodologies and data-driven instructional programs. The educational purpose of the Drexel System is to: provide robust & rigorous academic preparation & rich faith formation to cultivate and nourish each child & develop a scholar of sound moral compass.

Please call the office to schedule a private tour: (408) 268-0794 ext.1118

## YOUTH MINISTRY

### Confirmation

Registrations for Confirmation will open up next weekend.



Prospective candidates may enroll as early as the 7<sup>th</sup> grade. Confirmation is a two-year process for middle school youth. Youth in high school will be on a separate track. Registrations are all online. Please visit the parish website for more info and for the link to register. Contact Row for any questions at row.david@dsj.org.

### 3sixty High School Ministry

3sixty is back on after the 6pm Mass for a movie night! All high school youth are welcome to come and enjoy in fellowship.



### Laser Tag Social

On **Tuesday, July 30<sup>th</sup>** 3sixty will be having a laser tag social night at Laser Quest. Cost is \$30 which includes three rounds of laser tag, dinner, and snacks. Space is limited. Contact Row for the waiver form or for more information contact Row at row.david@dsj.org

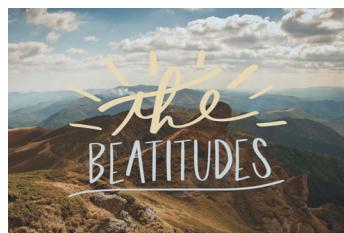


### Mass on the Beach

Save the date! Our annual Mass on the Beach event is scheduled for **Saturday, August 3<sup>rd</sup>** at Seacliff State Beach in Aptos. Mass will be at 6:00pm on the beach front.



## FAITH FORMATION



### Living the Beatitudes is a lifelong task

The Beatitudes are the teachings of Jesus in the Sermon on the Mount (Matthew 5:1-10). Jesus teaches us that if we live according to the Beatitudes, we will live a happy Christian life. The Beatitudes do not provide specific directions on how we should live our lives. Rather, they inspire us to adopt a certain mindset or vision for our lives, namely, the vision of Jesus Christ. Through the Beatitudes, Jesus calls us to change our vision and learn that in order to be happy we must be peace-loving.

Living the Beatitudes is a lifelong task because the Beatitudes turn upside down the values of the world. The world sets up the rich to be first; Jesus puts the poor on top of the world. The world tells us to seek happiness at all costs; Jesus saw happiness in mourning. The world values power over others; Jesus praised the meek. The world encourages self-fulfillment; Jesus told us to work for justice. The world says that the merciless succeed; Jesus proclaimed blessed the merciful.

What are some ways that we can develop the Beatitudes in our own lives? First, we can rest assured that the Holy Spirit is at work within us, drawing us toward God and inspiring our desire to be a Beatitudes-type of person. Second, like anything we hope to develop in ourselves, we must be open, learn, and study. Pay attention to the people you know who model a particular beatitude. Think of ways you can model their behavior in your own life. Finally, talk with God in prayer. Ask him to help you out and to teach you how to develop the Beatitudes in your mind, heart, and actions.

## PASTORAL CARE



### Spiritual Support for Family or Friends Part 3 of 4

People who are very ill often ask spiritual questions, in seeking comfort, meaning and hope. While clergy and pastoral care ministers may play an important role in spiritual care, family and friends can offer important spiritual support too. If you have the opportunity to provide spiritual support for someone living with an illness:

#### **Be aware of spiritual pain and suffering.**

Spiritual distress is as real and powerful as physical or emotional pain. There are many spiritual and religious issues people may face with a serious illness:

- Meaning and Purpose:** Many people who are very ill question if they have done anything positive or lasting with their life. Some people may ask "Why me?" or "Why now?" or "Why this illness?" The search for meaning may bring up a wide range of emotions, from anger and loss to relief and peace. Struggling with these questions can be a normal part of dealing with illness.

- Guilt and forgiveness:** As people face illness, they may reflect on difficult situations and experiences in the past. They may feel guilty about or blame others for things that have happened.

- Loss of faith:** Living with a serious illness can cause people to question their spiritual beliefs or faith. They may explore thoughts and feelings that differ from

## PARISH ACTIVITIES

### WEEK AT A GLANCE

Dates subject to change. View our complete calendar at:  
[www.holyspiritchurch.org](http://www.holyspiritchurch.org)

MON 7/22	7:15 p.m. 8:00 p.m.	Men's Faith Group AA Meeting	Classroom 2 Classroom 3
TUE 7/23	6:30 p.m.	Music Practice	Church
WED 7/24	6:30 a.m. 9:00 a.m. 7:00 p.m.	Men's Faith Group Bridge Music Practice	Parish Office Parish Hall Church
THU 7/25	5:00 p.m. 5:00 p.m.	Gleaner Meeting SEEL	Conference Room Be Still Room
FRI 7/26	8:00 a.m. 9:30 a.m. 11:00 a.m. 12:30 p.m.	SEEL Al-Anon Meeting Edgar Linn Reception Edgar Linn Funeral Mass	Be Still Room Parish Hall Parish Hall Church
SAT 7/27	9:00 a.m. 9:30 a.m.	Pack a Back Sorting Day-Sacred Heart Small Community of Faith	Sacred Heart Be Still Room
SUN 7/28	9:30 a.m.	Nursery	Parish Hall

long-held beliefs. They may become angry with God, their religion, themselves, or with others who think they should believe a certain way.

**Issues with faith tradition or faith community:** Faith communities may be able to provide support from clergy or members by offering prayer, visits, sacraments or rituals. While some people find these to be very helpful when they are very ill, others may feel their traditions or community cannot fulfill their needs at this time.

(Content based on [wehonorveterans.org](http://wehonorveterans.org)). For more information about Pastoral Care at Holy Spirit, contact Leah Harris, Director at 408-997-5110.

**WIDOWS & WIDOWERS**

**WOW! PICNIC**

**Saturday, August 3, 2019**

12:30pm - 2:30pm

Holy Spirit Parish Hall

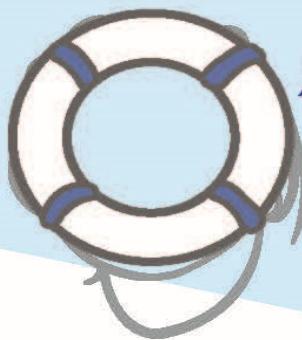
**Leave behind the sand; come celebrate summer at our annual indoor picnic!**

**Food, fellowship, and fun!**

**Guests are welcome,  
Please RSVP by 7/29  
to Leah Harris 408-997-5110**

*WOW is a parish pastoral care ministry reaching out to all widows and widowers with fellowship events.*

# A Marriage Lifeline



With the pressures and demands of modern life and too little time, personal relationships are often taken for granted. With all the distractions, it is easy to forget that strong relationships take work: before we realise it, we have drifted apart and the gulf between us seems insurmountable.

When this happens, married couples often think that there is no hope for their marriage, and they believe that the only way out of a miserable situation, is divorce. It's not, there's a better, more constructive way out of what seems like a hopeless situation.

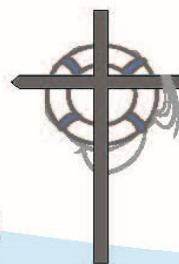
If you are prepared to have a try at repairing your marriage, **Retrouvaille** can help you put the pieces back together, and rebuild the loving relationship you once had.

If Intimacy has left your marriage, if your marriage is tearing the two of you apart, if there is little or no meaningful communication, if you are considering separation or divorce (or maybe are already divorced and want to get back together) we believe that **Retrouvaille** can help you.

For more information :

[info@retrouvaille.org](mailto:info@retrouvaille.org)

[www.retrouvaille.org](http://www.retrouvaille.org)



**RETRouveILLE**  
A LIFELINE FOR MARRIED COUPLES

