



HOLY SPIRIT PARISH

We follow Christ by Living our Faith, Sharing Knowledge and Serving the Community.

Seventeenth Sunday in Ordinary Time

July 28th, 2019

WIDOWS & WIDOWERS

WOW! PICNIC

Saturday August 3, 2019

12:30pm - 2:30pm

Holy Spirit Parish Hall

Leave behind the sand, come celebrate
summer at our annual indoor picnic!

Food, fellowship, and fun!

Guests are welcome, please contact Leah.

*WOW is a parish pastoral care ministry
reaching out to all widows & widowers
with fellowship events.*

Please RSVP by 7/29 to Leah Harris 408-997-5110



Growing Our
Friendship
with Jesus

SEEL (19th Annotation) – The Spiritual Exercises in Everyday Life

The Spiritual Exercises are a compilation of meditations, prayers, and contemplative practices developed by St. Ignatius Loyola to help people deepen their relationship with God.

In recent years, there has been a renewed emphasis on the Spiritual Exercises as a program for laypeople.

The most common way of going through the Exercises is a "retreat in daily life (19th Annotation, SEEL)," which involves an eight-month long experience of daily prayer and weekly meetings with a Giver of the S.E.

This retreat will run from September 2019-May 2020.

Is the Lord calling you to know him more deeply? Want to learn more?

There are information Nights on:
Wednesday July 31st at 7pm in the Church and Wednesday August 21st 7pm in the Parish Hall

Contacts:

John S McCarthy,
mcc1416arthy@gmail.com
408-386-7457

Merry Reardon,
merry.reardon@dsj.org
408-997-5112

Parish Office / 408-997-5101

24 Hour Emergency

Rev. Brendan McGuire, Pastor
408-997-5105 brendan.mcguire@dsj.org

Rev. Edgar Elamparo, Parochial Vicar
408-997-5107 edgar.elamparo@dsj.org

Merry Reardon, Pastoral Associate
408-997-5112 merry.reardon@dsj.org

Penny Warne, Pastoral Associate
408-997-5108 penny.warne@dsj.org

Faith Formation 408-997-5112

Baptism 408-997-5115

Initiation 408-997-5112

Marriage 408-997-5115

Sacrament of the Sick 408-997-5110

Pastoral Care 408-997-5110

Social Ministries 408-997-5111

Youth Ministry 408-997-5106

Music Ministry 408-997-5121

Finance Office 408-997-5101

Finance Council John Beck
goya12string@yahoo.com

Pastoral Council Stephanie Kavanagh
stephaniekavanagh2@gmail.com

Holy Spirit School

1198 Redmond Avenue
San Jose, CA 95120
www.holyspirit-school.org
408-268-0794

Maureen Christensen, Principal
Greg Vohs, Assistant Principal



Describe the spiritual inheritance you hope to leave to your family and friends?



In today's Gospel, the disciples ask Jesus, "Lord, teach us how to pray as John taught his disciples how to pray." As your pastor, there is nothing I have taken more seriously at Holy Spirit Parish than this request to teach others how to pray. It is not because I am an "expert prayer person" but it is because it is the most common request I get each week. I believe we have made great progress as people of faith and I believe that we are better people because of prayer over the years. Yet we have so far yet to go.

I do not say this to *discourage* you but to *encourage* you. I say it to *inspire* you to learn more ways to pray and different methods of prayer. I ask you to not settle for the same old way of prayer that you have done for 10, 20, 30, 40 years. I, myself, continue to be amazed at the varied ways to grow in friendship with Jesus through different ways to pray. It is a constant joy to find new ways to pray and experiment with prayer.

Recently I was reminded of yet another simple way to pray with the saints. I think of saints as those formally recognized saints and those loved ones who have passed before us who are supporting us and still in relation to us, whether we feel it or not. We can remember their love by imagining moments of past love, as shown through deeds, and so retaining their presence in our hearts. I encourage you to pray to a loved one who is with the Lord. Imagine them in your room as you pray and ask them to deepen your friendship with Jesus. The same is true for the formal saints, for which there are many. Think of your favorite saints and be bold enough to ask them to join you in your prayer time. Ask them to also help you to hear and listen to Jesus in your heart so you can understand the way of the Lord and be a faithful disciple.



Also, I find I need to re-image God. Often my old image of God in my head or heart limits my understanding of how God operates. I encourage you to let go of old images of God and allow new ones to emerge. Scripture contains many images of God: God as a loving father (Psalm 68:5), friend (John 15:14-15), spouse (Song of Songs), a mother eagle protecting her young (Deuteronomy 32:11-12), a rock or fortress (Psalm 62:6), and so many more. Throughout our lives, old images of God may fade or break, but new ones are there too. God is beyond any single image. When we allow a new side of God to emerge in new images, we expand our understanding of this great Mystery.

Please enjoy the summer break and experiment with different forms of prayer. Please pray for me as I am still on vacation trying to get some time away.

LIVING THE LITURGY



Candles

The world started when God separated light from darkness: "Let there be light!" (Gen. 1:3).

Created light, like a candle, is seen by the Church as the symbolic road sign on her path towards uncreated light and it has a significant role in Church ritual. Liturgical rules prescribe how the church is to be illuminated. The candles, which are required at every liturgical service, signs of reverence on account of the festiveness of the celebration, are to be appropriately placed either on or around the altar in a way suited to the design of the altar and the sanctuary so that the

whole may be well balanced and not interfere with the faithful's clear view of what takes place on the altar or what is placed on it. At least two candles are placed near the altar. If the Bishop of the diocese celebrates, seven candles may be used.

Light in the church always represents Christ, the light of the World, and the illumination that He has brought us. Thus, the living flame of the candle reminds people that in baptism they are brought out of darkness into God's marvelous light, i.e. the light of Christ.

Candles for liturgical use should be made of a material that provides "a living flame without being smoky or harmful." To safeguard authenticity and the full symbolism of light, electric lights as a substitute for candles are not permitted.

READINGS FOR THE WEEK

- M 7/28 Ex 32:15-24, 30-34; Ps 106:19-23 or Ps 34:2-11; Jn 11:19-27 or Lk 10:38-42
- T 7/29 Ex 33:7-11; 34:5b-9, 28; Ps 103:6-11; Mt 13:36-43
- W 7/30 Ex 34:29-35; Ps 99:5-7, 9; Mt 13:44-46
- TH 7/31 Ex 40:16-21, 34-38; Ps 84:3-6a, 8, 11; Mt 13:47-53
- F 8/1 Lv 23:1, 4-11, 15-16, 27, 34b-37; Ps 81:3-6, 10-11ab; Mt 13:54-58
- S 8/2 Lv 25:1, 8-17; Ps 67:2-3, 5, 7-8; Mt 14:1-12
- Su 8/3 Eccl 1:2; 2:21-23; Ps 90:3-6, 12-14, 17; Col 3:1-5, 9-11; Lk 12:13-21



Weekend Masses

Saturday 5:00 p.m.
Sunday 8:00, 9:30 & 11:30 a.m.
6:00 p.m.

Daily Mass / Communion Service

Monday - Friday 8:30 a.m.

Daily Holy Hour

Monday - Friday 7:30 a.m.

Daily Rosary

Monday - Friday 9:15 a.m.

Holy Days of Obligation

8:30 a.m. & 7:00 p.m.

Eucharistic Adoration & Reconciliation

First Friday of the month
7:00 - 8:00 p.m.

Reconciliation

Saturdays at 4:00 p.m.
or by appointment

MASS INTENTIONS

- T 7/30 8:30 Jerry Silva †
- TH 8/1 8:30 Doreen & Andy Williams
Renee Lowrance †☐
Rahul Pinto †☐
- SA 8/3 5:00 John Halliday
- SU 8/4 8:00 Thomas Francis †
Dorothy Francis †☐
Robert Cloonan
9:30 Holy Spirit Parish †
11:30 Ude Nurnberg †☐
Patricia Ann Nixon †

PRAYER REQUESTS

For those who are ill:

Mary Kane
Nora Koehmstedt
Ed Linn, Jr.
Nicholas Sparks

For those that have recently died:

Dale Walters

Saturday Lunch Ministry



We meet in the Parish Hall at 10:30 a.m. to make sandwiches and then pack the lunches, which include sandwiches, fruit, cookie, and a drink. After the lunches have been made, we drive to the St. James Park area of downtown San Jose.

The lunches are distributed to everyone in the park. When everyone has been served, part of the group follows the light rail tracks into the center of the city and distributes lunches as they walk. The part of the group who remains in the park cleans up litter. Even litter that isn't part of the Holy Spirit lunches will be cleared away.

We invite ten families to join us every 1st Saturday of the month*. The next Saturday Lunch Ministry will be on **August 3rd**.

We ask for a one to one ratio of adults to students as parents need to be with their child especially during the distribution in St. James Park.

Student participation is limited to sixth grade and older. A donation of \$10 is asked from each family to cover the cost of food and supplies.

You can sign up at www.holyspiritchurch.org/sandwich-ministry.

Pack-a-Back Signups Are Still Open!

For the last two weeks, we have been collecting your generous donations of backpacks and new school supplies for children who are served by Sacred Heart Community Service. Thank you!

On Saturday morning, a crew of volunteers from Holy Spirit delivered and sorted the school supplies. Your donations and efforts will bring smiles to the faces of 3,300 students from kindergarten through high school.



If you would still like to get involved in Pack-a-Back, it's not too late! **Volunteer slots are available for Distribution Day on August 9 from 9:45 AM to 1:00 PM. Volunteers must be 16 or older.**

This is a really rewarding day to help, as volunteers get to distribute the school supply kits to registered children and help them choose their new backpacks.

It is a joyful experience for both volunteers and students. Spanish or Vietnamese language skills are helpful, but not necessary. Online signups are now open! Go to the Parish website at www.holyspiritchurch.org to sign up!

Please contact Alison Gibbons with any questions at alison_gibbons@yahoo.com. Thank you for helping thousands of children start school ready to learn!



Seamstresses Needed

If you enjoy sewing, Days for Girls-Almaden is in need of your services. Days for Girls is a global movement that prepares and distributes sustainable feminine hygiene solutions to girls.

Days for Girls increases access to feminine hygiene care and education by developing global partnerships, cultivating social enterprises, mobilizing volunteers, and innovating sustainable solutions that shatter stigmas and limitations for women and girls. Together, we're creating a world with dignity, health, and opportunity for all.

Our movement has reached more than one million girls — and counting! With your help, we can reach Every Girl. Everywhere.

Days for Girls are in need of people who can sew pouches and liners. If you are able to help or would like more information, please go to daysforgirls.org, or contact Alyssa Teixeira at almadenvalleyca@daysforgirls.org.

Holy Spirit School

Together we discover faith, seek knowledge & experience community.

Holy Spirit School is out for summer break!!



We wish all our families, teachers and staff a restful break. Classes resume **August 14.**

Our summer office hours still allow us to offer tours if you or anyone you know is looking for a fantastic PreK through 8th grade program!

Holy Spirit is equipped with cutting edge technology, research-based teaching methodologies and data-driven instructional programs. The educational purpose of the Drexel System is to: provide robust & rigorous academic preparation & rich faith formation to cultivate and nourish each child & develop a scholar of sound moral compass.

Please call the office to schedule a private tour: (408) 268-0794 ext.1118

Confirmation

Registrations for Confirmation is now up on the website.



Prospective candidates may enroll as early as the 7th grade. Confirmation is a two-year process for middle school youth. Youth in high school will be on a separate track. Registrations are all online. Please visit the parish website for more info and for the link to register. Contact Row for any questions at row.david@dsj.org.

3sixty High School Ministry

There is no 3sixty after 6:00 Mass on July 28th.



Laser Tag Social

On **Tuesday, July 30th** 3sixty will be having a laser tag social night at Laser Quest. Cost is \$30 which includes three rounds of laser tag, dinner, and snacks. Space is limited. Contact Row for the waiver form or for more information contact Row at row.david@dsj.org



Mass on the Beach

Save the date! Our annual Mass on the Beach event is scheduled for **Saturday, August 3rd** at Seaciff State Beach in Aptos. Mass will be at 6:00pm on the beach front.



Faith Formation

The role of religious formation that takes place in the parish was originally referred to as the Confraternity of Christian Doctrine or C.C.D. The Confraternity of Christian Doctrine had its beginnings with the Council of Trent (1545 - 1563), the time of the emergence of many of the Protestant sects, in part to combat the doctrinal differences between these new sects and Catholic teaching. The Council Fathers realized the urgent need for better catechesis for Catholics of all ages and at all levels of society. The result was the issuance of a new Catechism containing the Council's teaching by Pope St. Pius V (1504-1572); it contains religious instruction for children, youth, and adults in Sacred Scripture and Church history.

C.C.D. has evolved into Faith Formation, a lifelong process. From the time we are born into the waters of new life until we are sanctified by God in heaven. "Catechesis is an education in the faith of children, young people and adults which includes especially the teaching of Christian doctrine imparted, generally speaking, in an organic and systematic way, with a view to initiating the hearers into the fullness of Christian life" (Catechism of the Catholic Church, n.5). Catechesis is on-going, not a one year or two year program but a life-long process of conversion in Christ.

PASTORAL CARE



Spiritual Support for Family or Friends Part 4 of 4

People who are very ill often ask spiritual questions, in seeking comfort, meaning and hope. While clergy and pastoral care ministers may play an important role in spiritual care, family and friends can offer important spiritual support too. If you have the opportunity to provide spiritual support for someone living with an illness, consider this final suggestion:

Remember that you are not in this alone.

- As a friend or family member, know your comfort zones and your limits.
 - Encourage the involvement of professional clergy, chaplains or other spiritual leaders with expertise in spiritual care when possible. Asking for support for your loved one's spiritual care may offer them the privacy they need to feel autonomous and allow you both to explore your questions safely.
 - Respect the truth that each person deals with spiritual issues in their own time and way. Their timetable may not be your timetable, so be patient with the person you are supporting.
- Remember, by offering spiritual understanding and support for someone who is very ill, you may help that person find the comfort, meaning and hope they seek.

PARISH ACTIVITIES

WEEK AT A GLANCE

Dates subject to change. View our complete calendar at:
www.holyspiritchurch.org

MON 7/29	12:00 p.m. 7:15 p.m. 8:00 p.m.	Widow's Faith Group Men's Faith Group AA Meeting	Classroom 2 Classroom 2 Classroom 3
TUE 7/30	6:30 p.m. 6:30 p.m.	3Sixty Laser Tag Music Practice	LaserQuest Church
WED 7/31	6:30 a.m. 5:00 p.m. 6:00 p.m. 7:00 p.m.	Men's Faith Group MSDYR Parent Information Night SEEL Information Night Music Practice	Parish Office Parish Hall Church Off Site
THU 8/1	8:45 a.m. 7:00 p.m.	Survival Sacks Youth Choir Rehearsal	Sacred Heart Church
FRI 8/2	9:30 a.m. 7:00 p.m.	Al-Anon Meeting Eucharistic Adoration	Parish Hall Church
SAT 8/3	8:30 a.m. 10:30 a.m. 12:30 p.m. 6:00 p.m.	Pack a Back Packing Day-Sacred Heart Saturday Lunch Ministry WOW Summer Picnic Luncheon Mass on the Beach	Sacred Heart Parish Office Parish Hall Seacliff, Aptos
SUN 8/4	9:30 a.m.	Nursery	Parish Hall

Even within families, among friends and in faith communities, people's spiritual beliefs and experiences may vary widely, especially under stress. Being aware that your loved one's spiritual care is just as essential as all other forms of care during this time is a gift. Listening and offering spiritual support can support healing for both the care giver and care-receiver.

(Content based on wehonorveterans.org). For more information about Pastoral Care at Holy Spirit, contact Leah Harris, Director at 408-997-5110.

Save the Date

Friday, Oct 18, 4:00pm
through
Sunday, Oct 20, 2:00pm

Fr. Brendan McGuire

Non-silent Retreat for Women and Men

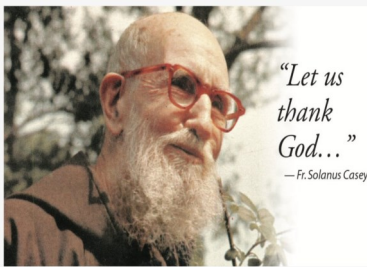
When our cell phones or computers don't work as they should, we are told to "hard reset" them. That means literally turning the power off and restarting them. Our spiritual lives are the same. Sometimes things are not working as they should and we need to do something. Come and reset your spiritual life. Fr. Brendan will use his experience as a former executive from the IT world to guide people working in the tech industry through a reset procedure for our spiritual life.



El Retiro San Inigo
THE JESUIT RETREAT
CENTER OF LOS ALTOS

HelpOurMarriage.org
RETROUVAILLE
A LIFELINE FOR MARRIED COUPLES

Married Singles Lifestyle –The Married Singles Lifestyle describes couples that may have lost a sense of closeness they once had as marriage partners and are living more like roommates. Retrouvaille (pronounced retro-vi with a long i) teaches couples how to survive times like these in their marriages. This program has helped 10's of 1000's of couples experiencing difficulty at all levels of marital distress from disillusionment to deep misery. For confidential information about or to register for the August program beginning with a weekend on August 23-25 call 408-605-4998 or email: SanJose@RetroCA.com or visit the web site at www.HelpOurMarriage.com



The Kosoglow family, parishioners of Holy Spirit are family of **Blessed Solanus Casey**, whose feast day we celebrate on **Tuesday, July 30th**. Solanus was born Bernard Francis Casey in 1870. After various odd jobs, he answered his call to the priesthood. As the porter of Saint Bonaventure monastery, he conducted weekly Masses for the sick and was considered instrumental in cures and other blessings.

Solanus was known during his lifetime as a wonderworker, for his great faith, and his abilities as a spiritual counselor, but especially for his great compassion and attention to the sick. People would seek him from great distances, even asking for “the holy priest” as they arrived.

Blessed Solanus Casey was known for many great faith anecdotes, but his most well known counsel was to “thank God ahead of time” for His answers to our prayers.

Although Solanus died from a skin disease in 1957, last year Pope Francis recognized his posthumous healing of a woman with a severe skin illness as a miracle, paving the way for his beatification on November 17 in Detroit.

This Tuesday we celebrate the feast day of Blessed Solanus Casey, a Franciscan Monk of the Capuchin order and the great great Uncle of Rich Kosoglow. Please join us in celebrating his life and inspiration at morning mass as we pray for his Canonization.

Followed by hospitality in the courtyard.