



HOLY SPIRIT PARISH

We follow Christ by Living our Faith, Sharing Knowledge and Serving the Community.

Second Sunday of Easter, Divine Mercy Sunday

April 19th 2020



Using tech savvy to become Spirit savvy!

Technology is a wonderful gift. We use it every day to get work done, keep track of things, catch a movie or our favorite shows. During these unprecedented times of physical distancing I'm certain we've all thought, "Thank God for my phone that helps me stay in touch with my near and dear ones!". We are social and emotional beings.

Something is missing from our lives without the

ability to physically meet others. It's also an essential spiritual need. As a parishioner at Holy Spirit, I miss going to mass and hanging out with our friends after.

To ensure each others' safety and help our strained healthcare system cope, it seems as though we're going to yet be home for several weeks. Recognizing our need to stay connected with each other, Holy Spirit Parish is embracing the blessing of technology by offering masses on Facebook and YouTube live streaming. As I'm working from home these days, I now have two and a half hours saved from my daily commute. It's been great to get an extra hour of sleep and then start my day by tuning into daily 8:30am mass online. Seeing Fr. Brendan or Fr. Edgar while saying hello to my parish friends on Facebook has been a wonderful shared experience, sometimes lingering through the day with a quick message from someone who was on as well. Such a great feeling to have that connection!

But wait! If you're usually at home while the family is at work or school, maybe you're even busier than ever now that they're all home... Getting the kids to their online classes, getting lunch ready for everyone, etc. Where's the time to hop onto an online mass? My friends, this is a marathon, not a sprint, so we must slow down so we can work longer and better. Now more than ever, consider starting the day off with the calming meditation of a quick daily mass. Our lives have changed so much in a matter of weeks. We've gone from being bombarded by the distractions of society that occupy every moment... to a time of quiet, a time with family, a time with ourselves. Why not use this blessing to take back some control and use the opportunity to focus inwards? How about rebooting our own internal computer?

Fr. Brendan has been offering an online retreat over YouTube and Facebook. It's 'Re-Ignite' and is divided into six easy-to-follow sessions, each just an hour long. It has been a great source of practical life advice and on developing the habits of prayer and contemplation. As a family, we've learned how we can be grateful for the many blessings we have through this difficult time. With gratitude comes joy that can help us direct our energy positively to help others wherever and whenever we can. We're all in this journey together and thanks to the blessings of technology, we can remain connected, albeit virtually, and take the time to develop ourselves for the better.

Please do connect with us at Holy Spirit for daily mass at <https://holyspiritchurch.org/> and for Re-Ignite at <https://holyspiritchurch.org/re-ignite/>

Sanjay Noronha is a parishioner for 12 years at Holy Spirit. He works at Google as a product manager and his wife is Sneha. They have two busy boys, one in high school at Leland and one who starts at Mitty this coming Fall.

Nicaragua Mission Trips for 2020 Cancelled - Message from Fr. Brendan



I am deeply saddened to bring you news regarding the 2020 summer mission trips to Nicaragua. Given our current situation with the pandemic, in consultation with our mission planning team,, we have made the decision to **cancel both of our June mission trips.**

My heart goes out to our partner organization, Amigos for Christ. This is creating another incredibly difficult year for our friends as they continue to see more and more cancellations for the upcoming trips. The people of Nicaragua will suffer from this pandemic in ways we cannot imagine. We will continue to support them in other ways. I am confident that God does have a plan and I know that he will make good out of this sad situation.

We will continue our missions with Nicaragua next year. I ask you to please pray for John & Sabrina Bland and the entire Amigos for Christ staff in these difficult times.

In an effort to support them, please prayerfully consider making a donation to Amigos for Christ. Look for more information on how to do this in the coming weeks.

God Bless, Fr. Brendan

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Sacrament of the Sick 408-997-5110
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Greg Vohs, Interim Principal
Maira Gutierrez-Folchi, Assistant Principal

NOTE FROM OUR PASTOR



"Unless I see the mark of the nails in his hands and put my finger into the nailmarks and put my hand into his side, I will not believe."



Thomas earned the name of "doubting Thomas" because of this famous line. But if we are honest, most all of us would have said the same thing. The reality is that we want to believe but we need to know the truth by personal experience. We rarely "take others' word for it." If, however, we trust someone deeply and they have proved themselves to be trustworthy, we will trust their words and take it as truth. But today it has become difficult to know who to trust and where is the truth coming from. I recently read an article by Rob Wijnberg in *Corresponent*, speaking about the different types of truth and I thought it was very helpful.

He says that there have been historically three types of truth. "First is **metaphysical truth**, characterized by the idea that truth exists outside of earthly reality, and is therefore beyond human reach. It resides in what's often called the realm of the transcendent and is accessed through revelation and faith. It cannot be known; it can only be believed – the basis of every world religion.

"Second is **scientific truth**, characterized by the idea that truth is very much within human reach and can be found through reason, perception and experiment. Modern science is based on this conception of truth. It is independent from how we, human beings, see the world – also known as 'objectivity'. Yet at the same time, this type of truth is closer to humankind than the transcendent, in the sense that it is actually attainable. People can access it through knowledge: you don't need to believe it, you can know it.

"Lastly, there is **constructed truth**, characterized by the idea that truth is not 'out of reach,' or even independent from human perception at all. On the contrary, we *make truth ourselves*. This school of thought does not regard truth as something transcendent or superhuman, nor as something objective or findable. Instead, truth is subjective and made by us. Or to put it more simply: it would not exist if we didn't exist. The German philosopher Friedrich Nietzsche perhaps best summarized its essence when he wrote: 'There are no facts, only interpretations.'"

Wijnberg goes on to say that all three types of truth have been present in all societies throughout history, although different types dominate in different eras.

For example, the pre-modern period in the west (up to the 16th century), metaphysical truth dominated. During the modern era, between the 16th and 20th centuries, scientific truth was the dominant narrative. And during what became known as postmodernity, roughly from the 20th century onwards, the idea of constructed truth became increasingly accepted.

In this era of Shelter in Place I have heard from many of you that we need to get a better balance on how to come to the truth. Most all of you have started to watch less of the "constructed truth" of the TV and internet and are now demanding a little more scientific truth when it comes to the virus and a little more metaphysical truth when it comes to community and dealing with each other.

Consequently, I welcome this time of doubting and reflection if we can get to a balanced version of truth based on data from personal experience and metaphysical truth infused with the divine revelation. Hopefully we can all get to the statement of faith, "My Lord and my God."

Question of the Week

Has there been a time that you experienced your heart was burning hearing Jesus' word?

LIVING THE LITURGY



The Great Mercy Pope

(from www.thedivinemercy.org)

Saint Pope John Paul II, both in his teaching and personal life, strove to live and teach the message of Divine Mercy. As the great Mercy Pope, he wrote an encyclical on Divine Mercy: "The Message of Divine Mercy has always been near and dear to me... which I took with me to the See of Peter and which it in a sense forms the image of this Pontificate."

In his writings and homilies, he has described Divine Mercy as the answer to the world's problems and the message of the third millennium. He beatified and canonized Sister Maria Faustina Kowalska, and he did it in Rome and not in Poland to underscore that Divine Mercy is for the whole world.

When Saint Pope John Paul canonized Sister Faustina, he also, on the same day, surprised the entire world by establishing Divine Mercy Sunday as a feast day for the entire Church. The feast day falls on the Second Sunday of the Easter season. On that day, he declared, "This is the happiest day of my life."

In 2002, the Pope entrusted the whole world to Divine Mercy when he consecrated the International Shrine of The Divine Mercy in Lągiwniki, a suburb of Krakow in Poland. This is where Saint Faustina's mortal remains are entombed. He also says that he had been thinking about Sister Faustina for a long time when he wrote his encyclical on Divine Mercy. Further, the Holy Father has frequently quoted from the Diary of Saint Maria Faustina Kowalska and has prayed The Chaplet of The Divine Mercy at the saint's tomb. Repeatedly Saint Pope John Paul II wrote and spoke about the need for us to turn to the mercy of God as the answer to the specific problems of our times. He has placed a strong and significant focus on the Divine Mercy message and devotion throughout his pontificate that will carry the Church long after his death.

READINGS FOR THE WEEK

M 4/20 Acts 4:23-31; Ps 2:1-9; Jn 3:1-8

T 4/21 Acts 4:32-37; Ps 93:1-2, 5; Jn 3:7b-15

W 4/22 Acts 5:17-26; Ps 34:2-9; Jn 3:16-21

TH 4/23 Acts 5:27-33; Ps 34:2, 9, 17-20; Jn 3:31-36

F 4/24 Acts 5:34-42; Ps 27:1, 4, 13-14; Jn 6:1-15

S 4/25 1 Pt 5:5b-14; Ps 89:2-3, 6-7, 16-17; Mk 16:15-20

S 4/26 Acts 2:14, 22-33; Ps 16:1-2, 5, 7-11; 1 Pt 1:17-21; Lk 24:13-35



Weekend Masses

Saturday 5:00 p.m.
Sunday 8:00, 9:30 & 11:30 a.m.
6:00 p.m.

Daily Mass / Communion Service

Monday - Friday 8:30 a.m.

Daily Holy Hour

Monday - Friday 7:30 a.m.

Daily Rosary

Monday - Friday 9:15 a.m.

Holy Days of Obligation

8:30 a.m. & 7:00 p.m.

Eucharistic Adoration & Reconciliation

First Friday of the month
7:00 - 8:00 p.m.

Reconciliation

Saturdays at 4:00 p.m.

MASS INTENTIONS

M 4/20 8:30 Jun Garcia †

T 4/21 8:30 Nick Martinez Jr. †
Jun Garcia †

SU 4/26 9:30 Anna Marty †
Terry Battell †
Holy Spirit Parish

PRAYER REQUESTS

For those who are ill:

Donald Bifulini,
Diana Mendoza Venagas

For those who have recently died:

Bernard Lopez
Beverly Marie Oaks



Support our Health Care Workers (HCW) During the Pandemic

The Holy Spirit Shop4Me Program supports our health care workers during this difficult time of pandemic. HCW's (clerks, orderlies, paramedics, EMTs, nursing assistants, nurses, nurse practitioners, physician assistants and doctors) are on the front lines in the war against this pandemic. Every day they step into harm's way to fight this virus, knowing that they risk exposure themselves, and exposing their families.

The Shop4Me program is being organized to support these critical workers as best we can during the pandemic crisis threatening our families and community. With many of our HCW's being asked to work longer shifts and additional workdays, routine activities like purchasing groceries becomes a burdensome task. This program uses Holy Spirit volunteers to help with that burden.

Shop4Me has volunteers "buddy up" with a health care worker family. We hope to have enough volunteers so that two volunteers can be assigned to each health care worker family. The first task will be to execute the weekly grocery shopping run for your assigned family. Using Google Sheets, the health care worker family creates a shopping list, and the volunteer makes the grocery run. The shopper is repaid by the health care worker family using Venmo.

Consistent with CDC guidelines, volunteers must:

- Be under 65 years of age
- Have no underlying serious health conditions (cancer, diabetes, heart disease, etc.)

If you are open to participating in the program as a volunteer please email Social Ministries Director Mike Ferrero at mike.ferrero@dsj.org. Mike will have our Shop4Me Program Manager Tom Mohr follow up by sending you a Registration Form to fill out. Once you complete and submit this form, further details will follow.

If you have a health care worker living under your roof, and are interested in participating in the program, please email our HCW Lead person, Jeff Aboud at jaboud@in-focusmarketing.com. We're asking our Health Care Worker families to consider supporting the program in hopes;

- *You will benefit from the help.* Grocery shopping can take upwards of two hours door to door. Given the other demands on your time, this is one less thing for you to worry about.
- *You will reduce community risk.* As the Family of a Health Care Worker, you have accepted increased risk of virus exposure. By allowing a Support Team to shop for you, you reduce grocery store transmission risk.

Health Care Workers are used to being self-sufficient. Your first instinct might be to say "No, we can handle things on our own". Please resist that instinct. Allow your fellow parishioners to help you.

We invite our parishioners to consider participating in the Shop4Me program; either as a volunteer or as a HCW recipient. Our health care worker families are on the front lines in this pandemic. They need the support of all of us who do not have health care workers in our midst, to support them while they support us and our community.

Together, and with God's help, we will come through this pandemic safely and as community!



PARISH ACTIVITIES



Keep sewing masks to help the VA Hospital!

The unprecedented demand for protective equipment for healthcare workers during the COVID-19 Pandemic has been challenged by the influx of incoming patients for all healthcare needs. While hospitals have had to reserve their inventory to protect the teams that are facing patients every hour of every day, the CDC has also advised that all people



wear a protective cloth face covering when out in public where social distancing may be challenged.

The hospital setting at this time is crowded and all people walking through the door, whether admitted for care or released to home, need a face mask upon arrival. The hospitals need our help. Sewing face masks is a way to help those on the front lines continue to save lives while we do our part to shelter-in-place.

The VA Hospitals (Veteran's Affairs) of the South Bay have asked for Holy Spirit's help! If you sew, please answer this call for help using the following guidelines. Masks are collected and delivered to the Palo Alto VA Hospital several times a week so that we can continue to support their courageous efforts. The collection bin is located outside the main entrance doors to the church with clear labeling (where you find your "Give Us This Day" booklets).

Our Holy Spirit Parish network has already produced and donated over 200 machine-sewn masks to the VA. To join our fabulous mask-making effort, send an email to leah.harris@dsj.org to be included in the latest updates, pattern ideas and supply swaps. If at some point our role is fulfilled for the VA, we will continue to make masks for parishioners in need until everyone is covered.

The following 3 pattern variations are recommended. Choose which pattern works best for you and the supplies you have on hand. Fabric ties should be at least 16" long to fit any size head:

<https://sarahmaker.com/how-to-sew-a-surgical-face-mask-for-hospitals-free-pattern/>
<https://www.craftpassion.com/face-mask-sewing-pattern/>

<https://www.sewcanshe.com/blog/simple-step-by-step-tutorial-for-the-olson-mask-pattern>

If you cannot sew or cannot assist with this call for making masks, you still need a mask for yourself. Until we can produce enough masks to support our parish community members, please use the current CDC guidelines on homemade no-sew masks:

<https://www.cdc.gov/coronavirus/2019-ncov/prevent-getting-sick/diy-cloth-face-coverings.html>

Questions? Email leah.harris@dsj.org

YOUTH MINISTRY

Youth Ministry

Throughout these challenging times with shelter-in-place, we are thankful that technology allows us to gather together for virtual meetings. Therefore, 3sixty and Edge will continue via Zoom meetings.



3sixty will gather together on **Sunday, April 19th at 7:00pm**



Edge will gather on **Wednesday, April 22nd at 7:00pm**

Please email Row for Zoom meeting info at row.david@dsj

PARISH ACTIVITIES

*“The only answer in this life, to the loneliness we are all bound to feel, is **community.**”* These words given to us so long ago from Dorothy Day founder of the Catholic Worker Movement can easily be applied to the present reality we are all experiencing in this time of social distancing. Despite the Covid-19 *Shelter in Place* order the call to serve the needy remains, possibly now more than ever as together we people of God chart these untested waters. We are connected to all people from every walk of life as together we pray for an end to the coronavirus.



Recently a number of parishioners have been inquiring as to how they might reach out to our sisters and brothers living in the margins. Presently there are several local service providers, not affiliated with Holy Spirit Parish Social Ministries in need of immediate help.

Listed below are several opportunities that may be of interest for anyone wanting to help.

SACRED HEART COMMUNITY SERVICES: *is still providing limited services, 20 volunteers are needed daily to staff the food pantry during regular hours. Please click on the link below if you are interested in serving.*

[h//sacredheartcs.org/volunteer/](https://sacredheartcs.org/volunteer/)

MARTHAS KITCHEN: *is Located in the parish hall at Sacred Heart of Jesus Church in downtown San Jose They are in great need of both morning and afternoon volunteers to serve breakfast and lunch on Tuesdays and Wednesdays. All volunteers will have their temperature taken upon arrival; if temperature is high, the volunteer will immediately sent home. Please click on the link below if you are interested in serving.*

<https://www.marthas-kitchen.org/volunteer.html>

St. TIMOTHY'S LUTHERAN CHURCH: *Food Pantry at 5100 Camden Ave. needs four volunteers every Thursday from 3:45 pm to 5:45pm during the shelter in place order. Please click on the link below if you are interested in serving.*

<https://www.stlcsj.org/fish/>

St. JULIE BILLIART PARISH: *this the Food Pantry ministry at St. Julie Billiart in south San Jose is in need of volunteers to help unload and bag donated food every Tuesday morning at 11:15 am. Volunteers do not need to register on line. Just show up! The food pantry provides food to 1,200 to 1,400 people each month and needs continued support in both food and monetary donations so it can continue this vital service to the community. For more information, please call 408-629-3030 x 114.*

CASA DE CLARA SAN JOSE CATHOLIC WORKER SHOWERS TO THE PEOPLE: *is a mobile shower program and a ministry of Casa de Clara. People living on the streets of San Jose are able to shower in a trailer that is set up at various locations several times a week across San Jose. Please click on the link below if you are interested in serving or call 408-297-8330.*

<tp://www.sjcw.org/service-1/>

CATHOLIC CHARITIES of SAN JOSE: *is recruiting across the Diocese to staff various drive thru emergency food distribution sites at various churches. **The site closest to Holy Spirit is Santa Theresa Parish, 10 to 15 volunteers for 2 to 3 hour shifts. Tasks include traffic control, packing and sorting. Please click on the link below if you are interested in serving. Please contact Bob Fields at bob.fields@dsj.org or 408-250-3381 with any questions.***

<https://docs.google.com/forms/d/e/1FAIpQLSf9CTR6t3rqz-sXDnyD31Ks9i0YMZWihO7UgdOgrBa1JELiSQ/viewform>

PLEASE NOTE THAT SAFETY PRECAUTIONS ARE IN PLACE AT ALL SITES: Strict and stringent safety precautions; are in place at all sites and are strictly enforced. The Santa Clara County Health Department mandates that all volunteers wear protective facemasks and safety gloves while volunteering. **PLEASE NOTE THAT ALL VOLUNTEERS MUST PROVIDE THEIR OWN PROTECTIVE FACEMASKS AND GLOVES!!!**

All volunteers should be 65 years of age or under and without preexisting health issues.

PARISH ACTIVITIES

VOLUNTEER OPPURTUNITIES

Catholic Charities of San Jose is recruiting volunteer teams from across the Diocese to staff various drive thru emergency food distribution sites at various churches in order to meet the immediate needs of those families most impacted by the Covoid-19 pandemic.

Catholic Charites needs 10-15 volunteers at each site to work 2-3 hour shifts. **The site closest to Holy Spirit is Santa Theresa Parish.** Holy Spirit parishioners may be deployed as a team if they so desire. Tasks will include traffic control, packing, sorting, and safe distance directing of any walk-ins. Catholic Charities will provide training.

All volunteers should be 60 years of age or under and without preexisting health issues. (Seniors above 60 who would like to volunteer may do so by making phone calls as directed by Catholic Charities. Training is provided.)

Strict and stringent safety precautions are in place and strictly enforced. All volunteers must have their temperature taken upon arrival, if temperature is high the volunteer will be sent home. All volunteers must wash their hands for at least 20 seconds before working. Catholic Charities and Second Harvest Food Bank are mandating all volunteers to wear gloves, as well as to re-glove should their gloves tear.

Please note that volunteers must furnish their own safety masks and safety gloves. Catholic Charities may be unable to provide them at this time.

Locations, days and times are below. Please click on the link below to volunteer or inquire to Bob Fields at bob.fields@dsj.org or 408-250-3381.

<https://docs.google.com/forms/d/e/1FAIpQLSf9CTR6t3rqz-sXDnyD31Ks9i0YMZWlhO7UgdOgrBa1JELiSQ/viewform>

<u>CHURCH LOCATION</u>	<u>DATE AND TIME</u>
Our Lady Of Peace 2800 Mission College Blvd. Santa Clara, Ca 95054	Every Monday (Beginning 4/13/2020) Time: TBD
Our Lady Of Refuge 2165 Lucretia Ave. San Jose Ca. 95122	Every Tuesday 5:00 pm-7:00pm
Most Holy Trinity 2040 Nassau Dr. San Jose Ca. 95122	Every Tuesday (Beginning 4/14/2020) Time: TBD
St. Martin of Tours 200 O'Connor Dr. San Jose Ca. 9518	Every Wednesday 1:00 pm-4:00pm
St. John Vianney 4600 Hyland Ave. San Jose Ca. 95127	Every Thursday 9:00am-11:00am
St. Lucy's 2350 S. Winchester Blvd. Campbell, Ca. 95008	Every Friday (Beginning 4/10/2020) 10:00 am-12:00 pm
Santa Theresa Parish 749 Calero Ave. San Jose, Cal. 95123	Every Saturday 12:00pm-2:00pm

Seniors getting moving!

Gathering with the people we love may not be possible right now, but staying active, engaged and healthy is possible—and there are so many people out there willing to help! A sedentary lifestyle has a negative impact on your strength, flexibility and chronic pain. Even alone, you can find simple ways of getting up and about to loosen those joints and maintain muscle mass and balance.

Many senior living agencies, residence facility owners and fitness companies are posting FREE videos for exercise from the comfort of home—no matter your level of ability.

Check out these various options and review until you find those that work for you! Smaller goals are more achievable and lead to lasting change for better habits. Let us know which you liked best!

Home Fitness Classes for Seniors from HumanGood (owner of The Terraces of Los Gatos, etc.)

https://www.youtube.com/playlist?list=PLaGHKFz7NUNxt_wzxUrzB0YLeyhGWOUwA&utm_campaign=Stay+Active+Videos&utm_source=hs_email&utm_medium=email&utm_content=85977198&_hsenc=p2ANqtz-9Lvm2QOTBxxGyYlcFSjgrzRT-0kXE43OFVbDMDpUq-vcIAqWuuHINMjUIGUR5H1HmnA-U7VZVkwg3iOBwN3O1Dfvk

Top 5 YouTube Fitness Channels for Seniors

<https://living.medicareful.com/5-great-youtube-fitness>

20-minute Sample Workout for Older Adults from Go4Life

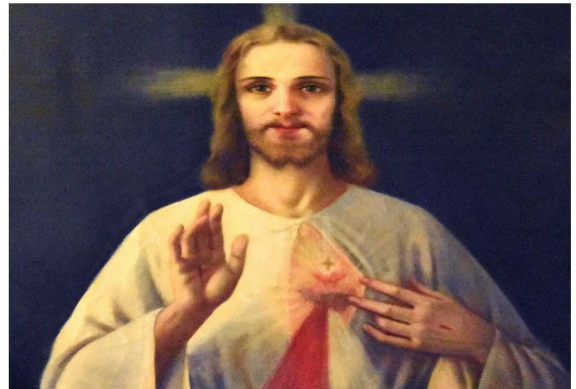
<https://www.youtube.com/watch?v=8E8iCYG16ho>



The Second Sunday of Easter— Divine Mercy Sunday

Today, we celebrate Divine Mercy Sunday. It's origin stems from St. Faustina who had private revelations concerning Divine Mercy. Her Diary records 14 occasions when Jesus requested that a Feast of Mercy (Divine Mercy Sunday) be observed.

"My daughter, tell the whole world about My inconceivable mercy. I desire that the Feast of Mercy be a refuge and shelter for all souls, and especially for poor sinners. On that day the very depths of My tender mercy are open. ... It is My desire that it be solemnly celebrated on the first Sunday after Easter. Mankind will not have peace until it turns to the Fount of My Mercy. (Diary, no. 699)"

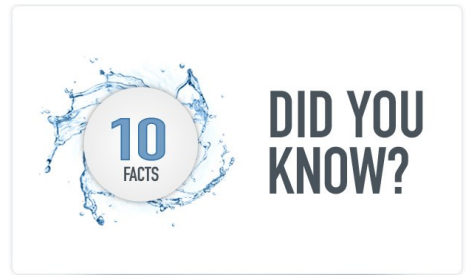


CNS photo/Dan Meloy, The Michigan Catholic

On May 5, 2000, five days after the canonization of St. Faustina, the Vatican decreed that the Second Sunday of Easter would henceforth be known as Divine Mercy Sunday.

FAITH FORMATION

Here are 10 Very Interesting Facts About the Catholic Church You Probably Didn't Know!



1. Vatican City has the highest crime rate in the world! With a population around 500 people and a little over one crime per day, the Vatican crime rate is above 100 percent, per capita. Although the fact is shocking it should be remembered that the Vatican is about one square mile in size, and has nearly 20 million visitors annually. Most of the crimes are pickpockets, purse snatching and other petty offenses done by outsiders.
2. The ONLY Christian church in existence for the first 1,000 years of Christian history was the Roman Catholic Church. All other Christian churches which exist today can trace their lineage back to the Roman Catholic Church. Most non-Catholic churches which exist today are less than a century or two old by comparison.
3. The Catholic Church consists of more than just the Roman Catholic Church. There are 22 Eastern Rites that are in full communion with Rome and although they go by different names, they are every bit as much a part of the Catholic Church.
4. Johannes Gutenberg, the inventor of the printing press, was Catholic and the first book ever printed was the Catholic Bible.
5. The Catholic Church is entirely responsible for the composition of the Bible, which books are included, as well as the breakup of the chapters and verses. Protestants have removed some books of the Bible because some of the verses were inconsistent with their theology. Martin Luther was a prime offender in this regard, removing Tobit, Judith, 1 and 2 Maccabees, Wisdom, Sirach and Baruch. He also made an effort to remove James and Revelations, but this was rejected by his followers and those two books were kept. Catholics are often accused of "adding" the books, but despite this common belief, it is false. Older, pre-Protestant, Catholic translations of the Bible include them.
6. How many saints are recognized by the Catholic Church? There does not seem to be an official number, but it exceeds 10,000. Of course, any person who enters heaven is a saint, by definition, so it is certain the number of actual saints in existence is much greater than the number recognized by the Church.
7. Any Catholic may perform an emergency baptism, such as if a person is in grave danger of death. In such a case, the validity of the baptism only depends upon the wishes of the person being baptized, that they desire the baptism. There are specific guidelines for such practices that Catholics should follow. Anyone wishing to be prepared for such a case should refer to the catechism for a deeper understanding of this allowance. Generally, such practices ought to be left to trained clergy.
8. About 15 percent of all hospitals in the United States are Catholic hospitals. In some parts of the world, the Catholic Church provides the only healthcare, education and social services available to people.
9. The Catholic Church spends more money than Apple brings in. Expenditures by the Catholic Church, largely on charity, exceeded \$170 billion according to The Economist magazine.
10. The Pope is protected by the Swiss Papal Guard. Wearing uniforms designed by Michelangelo and commonly armed with halberds, they are capable of using heavier weapons if needed. Each member is Catholic, male, and Swiss, and must complete military training in Switzerland. They must demonstrate good conduct and be at least five-foot-eight in height. Those who are chosen are granted a private audience with the pope along with their families. In extreme circumstances, they are expected to guard the Holy Father with their lives. The Swiss Papal Guard is the oldest active military unit in continual existence since 1506.

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