



HOLY SPIRIT PARISH

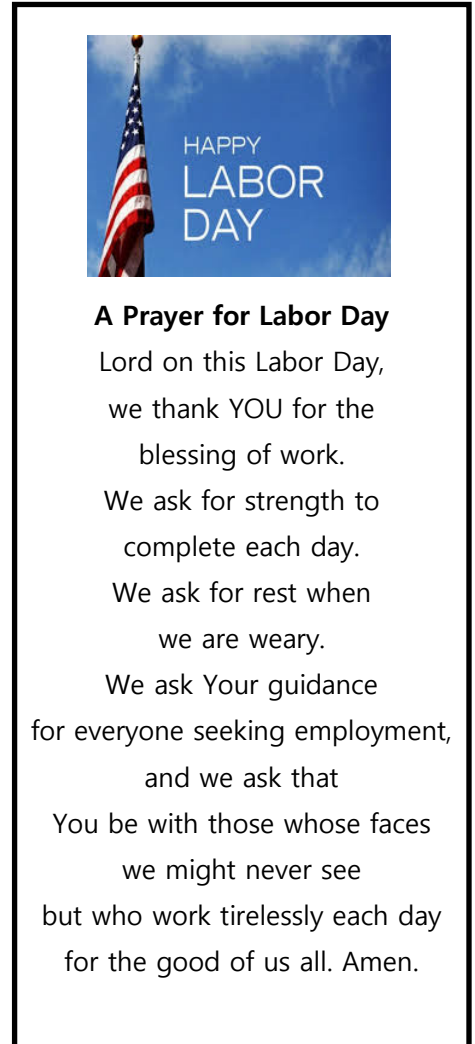
We follow Christ by Living our Faith, Sharing Knowledge and Serving the Community.

22nd Sunday In Ordinary Time

September 3, 2017

What's Your Catholic IQ?

This multiple-choice exercise can be a fun review for you. Circle the letter next to the word or phrase that correctly completes each statement. Then check your answers with the answer key on page 5 in the Faith Formation column. Have fun and learn.



A Prayer for Labor Day

Lord on this Labor Day,
we thank YOU for the
blessing of work.
We ask for strength to
complete each day.
We ask for rest when
we are weary.
We ask Your guidance
for everyone seeking employment,
and we ask that
You be with those whose faces
we might never see
but who work tirelessly each day
for the good of us all. Amen.



The Parish Office will be closed
Sunday and Monday in
observance of Labor Day.

- 1. At Sunday Mass, the First Reading is generally taken from the**
(a) Old Testament; (b) documents of the Church; (c) New Testament;
(d) Gospels
- 2. Before the Gospel at Mass, Catholics trace the sign of the cross with their thumb over their**
(a) eyes, ears, mouth; (b) head, hands, feet; (c) forehead, lips, chest;
(d) scalp, shoulders, hands
- 3. Jesus asked the question, "Who do people say that the Son of Man is?" in the region of**
(a) Galilee; (b) the Decapolis; (c) Capernaum; (d) Caesarea Philippi
- 4. The Sermon on the Mount is found in Matthew; the Sermon on the Plain is found in**
(a) John; (b) Luke; (c) Mark; (d) Exodus
- 5. The first bishop of the United States was**
(a) George Mundelein; (b) James Gibbons; (c) John Neumann;
(d) John Carroll
- 6. The religious community founded by Saint Angela Merici is the**
(a) Ursulines; (b) Daughters of Charity; (c) Poor Clares;
(d) Sisters of Mercy
- 7. Which of the following is NOT one of the four marks of the Church?**
(a) holy; (b) one; (c) ecumenical; (d) apostolic
- 8. The teaching authority of the Church is called the**
(a) Sacrament; (b) Secretariat; (c) Magisterium; (d) Mysterion
- 9. The first three virtues are called the theological virtues; the last 4 are called the ___ virtues.**
(a) corporal; (b) spiritual; (c) evangelical; (d) cardinal
- 10. Along with blessing and adoration, intercession, thanksgiving, and praise, the following is considered one of the basic forms of prayer:**
(a) petition; (b) remembrance; (c) lamentation; (d) sorrow

PARISH DIRECTORY

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Rev. Angelo David, Parochial Vicar
408-997-5107

Merry Reardon, Pastoral Associate
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Holy Spirit School

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Peggy Krewson, Co-Principal
Bob Graves, Co-Principal
Colette O'Bannion, Asst. Principal

Question of the Week

What must I deny myself to follow
Jesus more closely?

NOTE FROM OUR PASTOR



Many people have talked to me about their prayer life over the years and indeed many have improved their relationship with Christ. This relationship with Jesus is a continuous labor of love. Some of you have shared your struggles with how dry and empty your prayer can be. I want to assure everyone that periods of dryness are very typical. There is a certain cycle to our prayer life which has periods of dryness and periods of fecundity. It is normal and to be expected to have fruitless periods of prayer. Remember that prayer is an organic reality. To expect it to always be fruitful and bright, full of life and peace, is an artificial expectation. And some others have tried prayer for a few days and weeks and then say it is just not "happening" for you; it is empty and fruitless. Prayer, indeed life itself, does not work like that.

It is like going out to the garden to pick tomatoes without ever having planted the tomato plants in the first place! And then complaining that there is no fruit on the plants you never planted! Life does not work that way nor does our prayer life. Prayer follows an organic life cycle. If we want tomatoes in the late summer then we need to plant the seeds in early spring and water them. After that labor of love, the tomatoes will produce, God willing.

Prayer follows the same organic reality. We need to plant the seed of Word of God in our hearts. Then we must water and nourish it; weeding it, if necessary. Then later it will bear fruit. We cannot expect fruit without the labor.



When I ask you to pray for 20 minutes a day I'm asking you to commit to this labor of love. Yes, there will be fruit but not immediately. Eventually there will be much fruit. In the labor of prayer, there is a certain satisfaction feeling good that we have taken the time to be with the Lord. In same way, people who garden enjoy working in the garden. The real fruit of the labor of the garden happens much later when everything begins to flower and fruit.

This Labor Day weekend, we recognize the labor of work that earns us money and satisfaction both physically and mentally. That is very important and needs to be honored. We need to be sensitive to those who work in jobs that are hard and low paying and to those who have work but still cannot afford a home. Or those who cannot work at all. In a special way this weekend, we recognize the plight of those who have no home of their own because of local conditions.

But I also want to hold up the labor of love that we call prayer. Just like we need to labor for the food that feeds our physical bodies, so also, we need to labor for the food that feeds spiritual bodies. Pray for 20 minutes and know that you are feeding your soul in the natural organic reality of life.

LIVING THE LITURGY

The Consecration

We all know that the Consecration in the Mass is the most solemn and important part of the Mass. This is because this is the point when the essence of bread and wine are changed into the Body and Blood of Christ. This is called Transubstantiation. But, when exactly do the bread and wine change into the Body and Blood of Christ? The Catholic Church believes that transubstantiation occurs by the Words of Institution, exactly when the priest, in the person of Christ, says the words:

*"Take this, all of you, and eat of it:
for this is my body which will be given up for you.
Take this, all of you, and drink from it:
for this is the chalice of my blood,"*



In transubstantiation, each substance alone is changed into body, blood, soul and divinity of Christ. That is, the bread alone is changed fully into both body and blood. Similarly, the wine alone is changed into the body and blood of Christ. The bread is not changed into body alone and wine into blood alone.

At some parishes there is still the custom of ringing bells at the consecration. After the words of consecration of the bread, the priest elevates the Sacred Host so that it can be seen by all, then the bells are rung. After placing the Sacred Host back on the paten on the altar, the priest genuflects. The bells are rung again. The same is done for the chalice. This custom was used to alert the assembly that Jesus is now fully present in the bread and wine.

What is the proper posture during the Eucharistic Prayer and Consecration? While the liturgical norms do not require a specific posture, they do call for a unified posture of all the people. Everyone should be doing the same thing. This posture signifies the reverence and respect for this part of the Mass. In many Catholic churches in the United States the assembly kneels during the Eucharistic Prayer and Consecration. Following the directive of the Bishop of the Diocese of Santa Clara, we stand during the Eucharistic Prayer and Consecration. As a sign of reverence we, as a community, bow after the elevation of the bread and wine. After the priest places the bread and the chalice back on the altar he genuflects. At this point, the assembly bows in reverence for the presence of the Body and Blood of Christ.

READINGS FOR THE WEEK

M 1 Thes 4:13-18; Ps 96:1, 3-5, 11-13; Lk 4:16-30
T 1 Thes 5:1-6, 9-11; Ps 27:1, 4, 13-14; Lk 4:31-37
W Col 1:1-8; Ps 52:10-11; Lk 4:38-44
T Col 1:9-14; Ps 98:2-6; Lk 5:1-11
F Mi 5:1-4a or Rom 8:28-30; Ps 13:6 Mt 1:1-16, 18-23
S Col 1:21-23; Ps 54:3-4, 6, 8; Lk 6:1-5
S Ez 33:7-9; Ps 95:1-2, 6-9; Rom 13:8-10; Mt 18:15-20

Weekend Masses

Saturday 5:00 p.m.
Sunday 8:00, 9:30 & 11:30 a.m.
6:00 p.m.

Daily Mass / Communion Service

Monday - Friday 8:30 a.m.

Daily Holy Hour

Monday - Friday 7:30 a.m.

Daily Rosary

Monday - Friday 9:15 a.m.

Holy Days of Obligation

8:30 a.m. & 7:00 p.m.

Eucharistic Adoration & Reconciliation

First Friday of the month
7:00 - 8:00 p.m.

Reconciliation

Saturdays at 4:00 p.m.
or by appointment

MASS INTENTIONS

Tu 8:30 Annamma Mathai
W 8:30 Kevin Troyan †
Th 8:30 Francis Harbrecht †
F 8:30 Kutt Mathai
Sa 5:00 Johnny Restivo †
Alfred Baumgartner †
George Zakher †
Su 8:00 Alan Aquinas Malapitan †
Restituto Leonardo †
Kevin Troyan †
9:30 Holy Spirit Community
11:30 Rahul Pinto †
Paulie Tedesco †

PRAYER REQUESTS

For those who are ill:
Valerie Gold, Mia Isla, Rodney Levin,
Alice Moss, Jeanne Sommer & Bill
Sternier

For those who have recently died:
Frank Heffernan

STEWARDSHIP

"It is my wish, then, that in every place the men should pray, lifting up holy hands, without anger or argument." 1Timothy 2:8

Holy Spirit offers several opportunities for men to come together in prayer. A well established **Men's Faith Sharing group meets 6:30am-7:50am Wednesday mornings** in the Parish Office Conference room.



If you are interested in this early bird group, please contact Frank Ricchio at frankricchio@sbcglobal.net for more information. A more recent addition that arose during our ARISE gatherings meets on **Monday Nights from 7:15pm-8:30pm** in the parish hall. If you are better able to make an evening gathering, please contact John Stubler at john@johnstubler.com. Either time, these groups offer an opportunity for the men in our parish to build a deeper relationship with Jesus and one another.

As a heads up: a **Men's Cursillo weekend is planned for October 5-8**. This is an opportunity to go even deeper in faith. For more information on this weekend, please contact Paul Milioto at pauljml@gmail.com. (Carolina Scipioni who can be reached at cpomares@yahoo.com, can share the details of a women's Cursillo which is planned for October 19-22.)

Survival Sacks



Holy Spirit parishioners are continuing to volunteer to distribute Survival Sacks at Sacred Heart Community Center. We gather on the first and third Thursdays of the month to distribute Survival Sacks, organize supplies, make hygiene kits, and fill backpacks. Sacks are distributed to those who are homeless and living on the streets

of San Jose, usually about 50 on each distribution day. We have the privilege of looking for the face of Christ in each of our clients. Consider joining us on **Thursday, September 7th and/or on Thursday, September 21st**. We meet at **Sacred Heart 8:45am and finish up about 10:45am**. Sign ups for September are now open on the parish website.

Saturday at Sacred Heart

School aged children and older are invited to join us for our next Saturday at Sacred Heart on **Saturday, September 16th, 9:00am to Noon**. We will help in the Food Pantry and Clothes Closet, and anywhere else we are needed to help Sacred Heart prepare to serve their customers in the week ahead.



Signups are now open on the parish website. School aged children under 13 must be accompanied by a parent. Service hours can be earned. Please contact Mischa Plesha at mischaplesha@sbcglobal.net with any questions. Hope to see you at The Heart!



Saturday Lunch Ministry

Please consider joining us on **Saturday, September 16th** in an exciting way to meet others. We will meet at the Parish Office at 10:30 a.m. to make sandwiches and then pack the lunches, which will include sandwiches, fruit, cookie, and a drink. After the lunches have been made, we will drive to the St. James Park area of downtown San Jose. The sandwiches will be distributed to everyone in the park. When everyone has been served, part of the group will follow the light rail tracks into the center of the city and distribute sandwiches as they walk. The part of the group who remains in the park will clean up any litter. Even litter that is not part of the Holy Spirit lunches will be cleaned up.

Signups on the church website are now open. Only ten families will be able to sign up. We are asking for a one to one ration of adults to students as parents need to be with their child especially during the distribution in St. James Park. Student participation will be limited to sixth grade and older. A donation of \$10 will be asked from each family to cover the cost of food and supplies.

SECOND OFFERINGS

September 10 Holy Spirit School

September 17 Catholic Education

Catholic IQ Answers:

1. (a) The first reading at Sunday Mass is taken from the Old Testament except for the Easter Season, when it is taken from the Acts of the Apostles.
2. (c) We trace the sign of the cross over our forehead, lips, and chest while silently praying that the Word of God be in our minds, on our lips, and in our hearts.
3. (d) Matthew 16:13 tells us that Jesus asked this question in the region of Caesarea Philippi, located about 20 miles north of the Sea of Galilee.
4. (b) The Sermon on the Plain (Luke 6:17, 20-49) is a much shorter version of the Sermon on the Mount (Matthew 5-7).
5. (d) John Carroll was appointed bishop of Baltimore, Maryland, in 1789.
6. (a) The Ursulines, named after St. Ursula and dedicated to the teaching of Christian living, were founded by Angela Merici in 1535.
7. (c) The four marks of the Church are one, holy, catholic, and apostolic. To be ecumenical is to seek unity among Christians.
8. (c) Magisterium comes from the Latin magister meaning one who has authority, especially to teach.
9. (d) Justice, prudence, temperance, and fortitude are called cardinal virtues from the Latin word for hinge meaning that good moral living hinges on these four virtues.
10. (a) The basic forms of prayer are petition, blessing, intercession, thanksgiving, and praise (see Catechism of the Catholic Church, n. 2644).

Dad's Host BBQ



Thank you to all the dad's who planned and hosted this year's wonderful Back-to-School BBQ. In spite of the heat, our community gathered for carnival games, tri-tip sandwiches and, of course, the annual watermelon and pie eating contests.

Congratulations to this year's winners, Franky Chardos and Luca Contarino!



**Holy Spirit Church & School
Golf Tournament
Friday, October 6th
at Cinnabar Hills**

We have moved the golf tournament to a Friday hoping that this would be a convenient date for more people.

We welcome all golf skill levels, so you are guaranteed a fun day with friends in support of Holy Spirit Parish and School.

For more information and to volunteer, please contact either Mike Butler at butlersan1@yahoo.com or Merry Reardon at mreardon@dsj.org

YOUTH MINISTRY



There will be no 3sixty youth group after the 6pm Mass due to the Labor Day holiday.

Youth Ministry Kick-Offs
Mark your calendars! **3sixty kicks off next Sunday, September 10th and Edge on Wednesday, September 13th.** The leadership team for both these ministries are excited to officially kick off the ministry year!

Registrations for 3sixty and Edge for the 2017-2018 ministry year are now up and online! Visit the parish website to register. Please consider registering your youth for 3sixty high school and Edge middle school as they are both fantastic ministries with great energy and depth.

PARISH ACTIVITIES



Prayer Shawl Ministry

Compassion and the love of knitting/crocheting are stitched together into a prayerful ministry and spiritual practice which reaches out to those in need of comfort and solace with warm and comforting prayer shawls. The shawl maker begins with prayers and blessings for the recipient. The intentions are continued throughout the creation of the shawl. Upon completion, a final blessing from one of our priests is offered before the shawl is sent on its way. Shawls can be used for: undergoing medical procedures; comfort after a loss and bereavement; during times of stress; prayer or meditation; birthing and/or nursing a baby; joyous bridal shower or wedding gift; during an illness and recovery; tireless ministering to others. Learn more about this ministry at the next monthly meeting on **Monday, September 18, 10:00-11:30am.**

To rsvp or request a shawl to give, call Sandy Palodichuk at 408.268.7821. Have a prayer request or questions about Pastoral Care for those who are suffering? Call Leah Harris, Director of Holy Spirit Pastoral Care, at 408.997.5110.

Week at a Glance

Dates subject to change. View our complete calendar at: www.holyspiritchurch.org.

Monday	8:00 p.m.	AA Meeting	PK1 & Parish Hall
Tuesday	9:00 a.m. 1:00 p.m. 6:30 p.m. 6:30 p.m. 7:00 p.m. 7:00 p.m. 7:00 p.m.	Women's Faith Group Watercolor Workshop 3sixty Core Team Meeting Suicide Support Group Women's Faith Group Social Ministries Strategic Planning ESL at OLR	Parish Hall Parish Hall & Rm 4 Parish Hall Rm 2 Parish Hall Library Parish Hall Rm 4 Parish Office OLR
Wednesday	6:30 a.m. 9:15 a.m. 11:00 a.m. 5:30 p.m. 6:00 p.m. 7:00 p.m. 7:00 p.m.	Men's Faith Group Scripture: Blessed Mother Sandwich Ministry Confirmation Year 1 Meeting Confirmation Year 1 Meeting Grief Faith Sharing Group ESL at OLR	Parish Office Parish Hall Room 4 Parish Hall Church Parish Hall Parish Office OLR
Thursday	8:15 a.m. 8:30 a.m. 8:45 a.m. 10:00 a.m. 4:30 p.m.	Scripture Study School Mass Survival Sacks Shared Ministries Meeting Music Practice	Church Sacred Heart Parish Office Church
Friday	9:30 a.m.	Al-Anon Meeting	Parish Hall
Saturday	9:30 a.m.	Small Community of Faith	Parish Hall Library
Sunday	9:30 a.m. 10:45 a.m. 1:00 p.m. 7:00 p.m.	Children's Liturgy of the Word Faith Formation Classes First Reconciliation/ Communion Orientation 3sixty Youth Night	Parish Hall Parish Hall Church Parish Hall



Scheduled for surgery? Recovering from illness? Homebound because of advanced age?

If you or someone you know would benefit from prayers, a pastoral care visit or the Sacrament of Anointing of the Sick, contact Leah Harris, Director of Pastoral Care, 997-5110 or lharris@dsj.org.

Youth Ushers

Holy Spirit is launching a new ministry starting with this new school year in the Fall of 2017. Under the guidance of Laura Smith, the chair of our usher ministry here at Holy Spirit, we are opening the usher ministry to any youth 5th grade and over who would like to do good works by joining our current ushers. A Holy Spirit usher welcomes parishioners and helps

our Masses run smoothly by assisting with the communion lines, collection and other behind the scenes duties.

The only requirements for joining this ministry is a willingness to serve, attendance at one of the trainings and regular attendance at Mass. It is not a requirement, but we are hopeful that parents will be inspired to join their children in the usher ministry as well. This is a unique opportunity to serve our community together.

Training dates are scheduled for **Sunday, September 17th from 1:00pm–2:00pm or Monday, September 18th from 6:30pm–7:30pm** depending on which is more convenient for you. This training qualifies both youth and adults to serve as ushers.

Youth ushers (only) will be able to earn one school service hour for each Mass at which they serve. If you interested in this ministry or would like to RSVP for the training, please contact Laura Smith at sargi8@sbcglobal.net.

Altar Server Training

If your child is interested in becoming an altar server, we will have training for two hours in the church on the following dates;

Saturday, September 16th; 11:00am-1:00pm, OR

Sunday, September 17th; 1:00pm-3:00pm.

Requirements: 5th grade or older, has received Baptism and First Communion and attends Mass regularly.

Please contact Vani Aboud with any questions and RSVP at vaboud@yahoo.com. Space is limited at each training so please RSVP as soon as possible.



The next Rachel's Vineyard Retreat offered by RealOptions Pregnancy Medical Clinics is **September 15-17**, Vallombrosa Center, 250 Oak Grove Ave, Menlo Park, CA. Rachel's Vineyard Retreats offer support to those

who have been impacted by pregnancy loss, abortion and/or miscarriage. If the quality of your life is affected or you have never completely recovered from pregnancy loss, Rachel's Vineyard Retreat is a place where you can find support, compassion and healing. Retreats are offered at no cost to attendees and are confidential. Apply by visiting www.realoptions.net/hope or call 408-837-0990.

Married Couples:

Why not give yourselves a weekend away from it all. Time away from the pressures of work and everyday

responsibilities. A chance to talk and listen that special someone who loves you. **The next Marriage Encounter Weekend is November 10-12, 2017 in San Jose.**

For more information visit our website atsanjosewwme.org or contact Ken & Claranne at applications@sanjosewwme.org or 408-782-1413.

**Questions at End of Life:****A Catholic Perspective**

Tuesday, September 12th,

2017 from 1pm – 3pm.

Church of the Transfiguration – in the Church, 4325 Jarvis Ave, San Jose

Presenter: Fr. Joseph Benedict

Choices at end of life present unique challenges, particularly within a complex and technologically advanced society. Physical death is perceived within modern society as the ultimate human tragedy. This presentation will explore end-of-life choices within the context of faith in Jesus and the moral tradition of the Church. Free. For more information, contact 650-428-3730 or cemeteryinfo@dsj.org



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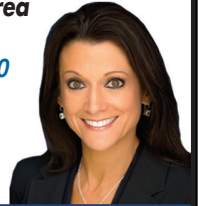
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