

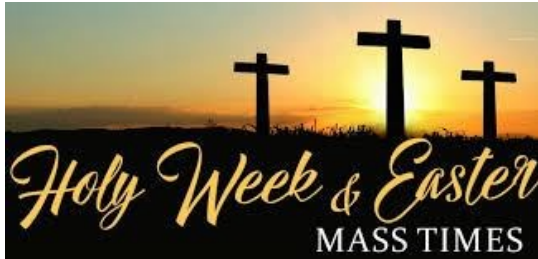


# HOLY SPIRIT PARISH

We follow Christ by Living our Faith, Sharing Knowledge and Serving the Community.

Fifth Sunday of Lent

March 29th 2020



## Holy Week Celebration 2020 in a time of Pandemic

The COVID-19 crisis has changed our world and many of you are wondering "How will we celebrate the most Sacred Season of our Liturgical year?" Since the Shelter in Place Order is effective until further notice, Bishop Cantu believes it is prudent to plan for Holy Week and the Easter Sunday liturgies to be celebrated without the faithful. Here is the plan for Holy Spirit Parish, as recommended by the Bishop and Father Brendan in collaboration with the Pastoral Leadership Team and the Liturgy Committee:

**Palm Sunday:** Palm Sunday will be celebrated on April 5, 2020 at 9:30AM and you can participate via the parish livestream. We already have ordered Palm branches, but we cannot safely distribute them. We will bless them as usual at our live-streamed liturgy. But we also encourage you to cut a branch from your own trees - palm or other and Fr. Brendan will bless them as well.

**Chrism Mass:** The Chrism Mass is traditionally celebrated with all the priests of the diocese and the faithful at the Cathedral Basilica of St. Joseph before Holy Thursday so that the Priests may renew their promises and the new Sacred Oils can be received in each Parish on Holy Thursday. This year, the Bishop will celebrate the Chrism Mass on the morning of Holy Thursday, April 9, at St. Joseph Cathedral, with the deans, Msgr. Willie Manrique, and Fr. Hao Dinh. It will be livestreamed for the Diocese to see. The Renewal of Promises of Priests will be conducted at their Fall Convocation. Oils will be brought to each Parish by the dean.

**Holy Thursday:** Holy Spirit will celebrate the Mass of the Lord's Supper on April 9, 2020 at 7:00PM and you can participate via livestream. The washing of feet will be omitted. At the end of the Mass, the procession of the Blessed Sacrament to the place of repose will be omitted. The Blessed Sacrament will be reposed in the church, and the community can wait and pray with Jesus via livestream until 12:00 Midnight.

*Continued on page 3*



## Re-Ignite Virtual Retreat

Over 1,500 people all across the world have participated in the first three sessions of our Re-Ignite 2020 virtual retreat. Thank you for your commitment!

If you haven't been able to join in thus far, no worries. Day 1, 2 and 3 replays are available at the retreat website <https://holyspiritchurch.org/re-ignite/>. You can also replay the videos on the Holy Spirit Facebook and YouTube pages.

Please join us on **Tuesday, March 31<sup>st</sup> through Thursday, April 2<sup>nd</sup>** at 9:30am for sessions 4, 5 and 6. Follow-on facilitated prayer and reflection sessions will be available at noon, 3 pm and 8 pm.

Join whichever one best fits into your schedule. One on one spiritual conversations can be scheduled from approximately 10:30 am until 7:30 pm should you have questions or may be looking for suggestions to support your prayer life. For additional information, please go to the Re-Ignite web page.

## PARISH DIRECTORY

**Parish Office /** 408-997-5101  
**24 Hour Emergency**

Rev. Brendan McGuire, Pastor  
408-997-5105 brendan.mcguire@dsj.org

Rev. Edgar Elamparo, Parochial Vicar  
408-997-5107 edgar.elamparo@dsj.org

Merry Reardon, Pastoral Associate  
408-997-5112 merry.reardon@dsj.org

Penny Warne, Pastoral Associate  
408-997-5108 penny.warne@dsj.org

Faith Formation 408-997-5112

Baptism 408-997-5115

Initiation 408-997-5112

Marriage 408-997-5115

Sacrament of the Sick 408-997-5110

Pastoral Care 408-997-5110

Social Ministries 408-997-5111

Youth Ministry 408-997-5106

Music Ministry 408-997-5121

Finance Office 408-997-5101

Finance Council John Beck  
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Pastoral Council Stephanie Kavanagh  
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### Holy Spirit School

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www.holyspirit-school.org  
408-268-0794

Greg Vohs, Interim Principal  
Maira Gutierrez-Folchi, Assistant Principal

## NOTE FROM OUR PASTOR



In a few short weeks the world has turned upside down. We shelter in place and keep a social distance in a desperate bid to slow the advance of this coronavirus. And we pray our



efforts are more successful than in Italy and New York. It is critically important that we all abide by the order of the State to "Shelter in Place." I realize that this is a great sacrifice for all of us. You miss coming to Mass on Sunday and believe me, I truly miss you in the Church. It is incredibly difficult to celebrate Mass alone in such a large Church. But be assured that the community is still praying together virtually through our livestream on YouTube and Facebook Live. Please continue to join us at 9:30am online every Sunday, 8:30am Monday through Friday. It is truly powerful that we have over 2,000 people watching the Mass online. The sacred place of our Church continues to hold us, call us and pray for us as we are away. It will welcome us home when we are able to return.

One of the sad consequences of the pandemic was the decision to suspend Village House shelter operations indefinitely effective Tuesday, March 17, 2020. Although our hearts are truly saddened, the events of the past few weeks have left us all with few options. The action to suspend operations was made in concert with all the partner churches and was made out of concern for the safety and wellbeing of the women in the shelter as well as for the many volunteers. The Steering Committee has decided to use Network reserves to house the women in local hotels until permanent housing or shelters is available for each of the 10 women currently housed in the shelter.

As we scramble to protect ourselves by sheltering in our homes, how easy it is to retreat inward, to hide in our shells. As Catholics, we know our faith demands more. We are the light of the world. God calls us to *pray* and *act*.

You have heard me say it a thousand times, we must be men and women of prayer. It seems that this is a great opportunity for all of us to deepen our prayer life. With that in mind we are **giving the *Re-Ignite Parish Retreat*** online this week and next week to teach you how to pray. We ask you to join us and pray together and learn where the Lord is calling us now.

We need to discern how best to turn our energies outward and serve others. Where do we serve? We expect this virus will soon exact a heavy toll on health care workers and their families. It is likely that within a week or two, doctors will be on 80 hour-a-week shifts. We are running a trial program to help out the families of health care workers that are a part of our parish and we hope this will be a model we can replicate across the diocese. We also hope we can replicate this model for elders in our community who are also in need. More information coming soon.

Many families in our county entered the pandemic already living from paycheck to paycheck. Now the paycheck is gone, the rent is due, and the pantry is empty. We will work with Catholic Charities and Second Harvest Food Bank to serve these families.

While we are in shelter in place, it does not mean we stop our ministries, but it means we need re-imagine our ministries. Please know we are re-imagining our ministry and we will ask you to support us and be the community that serves others as we have always done. Thank you again for being such an amazing parish.

## Question of the Week

How will you try to imitate the obedience and humility of Christ during this Holy Week?

## LIVING THE LITURGY

### Holy Week Celebration 2020 in a time of Pandemic...Continued

**Good Friday:** The Passion of the Lord will be celebrated on April 10, 2020 at 12:00 Noon. Followed by the Stations of the Cross at 2:00PM. Both will be livestreamed. In the Universal Prayers of the Faithful, there will be a special intention for the sick, the dead, for those who feel lost or dismayed due to the pandemic.

**The Easter Vigil** – will be celebrated on April 11, 2020 at 8:30PM via livestream. The Solemn Beginning of the Vigil or "Lucenarium", the preparation and lighting of the fire is omitted, the procession is omitted. The Paschal Candle is lit at the altar, and the Easter Proclamation (Exsultet) is intoned. The "Liturgy of the Word" then takes place. Typically, at this point, we celebrate the Sacraments of Initiation for our Elect. The Bishop has transferred the Sacraments of Initiation to a later date. Instead we will renew our own Baptismal Promises" and follow with the Liturgy of the Eucharist as normal.

**Easter Sunday** – will be celebrated on April 12, 2020 at 9:30AM via livestream.

In this uncalled and difficult time and situation, we are first and foremost called to reconnect, unite, and pray as One Body of Christ that God, begging that His mercy and kindness, may alleviate our anxiety and fear in our hearts. And in God's providence, may He heal our nation and the world with this COVID-19 virus, spare, protect and guard us against it, and through His compassion and love, may He forgive the sins of those who had been infected and died, and may He open the gate of heaven for them. We also pray for the intercession of our Blessed Mother and Saint Joseph, whom for so many generations intervened for us all.

### READINGS FOR THE WEEK

M 3/30 Dn 13:1-9, 15-17, 19-30, 33-62 [41c-62]; Ps 23:1-6; Jn 8:1-11

T 3/31 Nm 21:4-9; Ps 102:2-3, 16-21; Jn 8:21-30

W 4/1 Dn 3:14-20, 91-92, 95; Dn 3:52-56; Jn 8:31-42

TH 4/2 Gn 17:3-9; Ps 105:4-9; Jn 8:51-59

F 4/3 Jer 20:10-13; Ps 18:2-7; Jn 10:31-42

S 4/4 Ez 37:21-28; Jer 31:10, 11-13; Jn 11:45-56

S 4/5 Mt 21:1-11 (procession); Is 50:4-7; Ps 22:8-9, 17-20, 23-24; Phil 2:6-11; Mt 26:14 — 27:66 [27:11-54]



**SUSPENDED**

### Weekend Masses

Saturday 5:00 p.m.

Sunday 8:00, 9:30 & 11:30 a.m.  
6:00 p.m.

### Daily Mass / Communion Service

Monday - Friday 8:30 a.m.

### Daily Holy Hour

Monday - Friday 7:30 a.m.

### Daily Rosary

Monday - Friday 9:15 a.m.

### Holy Days of Obligation

8:30 a.m. & 7:00 p.m.

### Eucharistic Adoration & Reconciliation

First Friday of the month  
7:00 - 8:00 p.m.

### Reconciliation

Saturdays at 4:00 p.m.

### MASS INTENTIONS

W 4/1	8:30	Rahul Pinto † Carlos Gonsalves † Renee Lowrance †
TH 4/2	8:30	Abraham Mattathil
F 4/3	8:30	Dsouza Family
S 4/4	5:00	Holy Spirit Parish
SU 4/5	9:30	Vallorino Testa † Eduardo Testa † Vincenza Lupineppi †

### PRAYER REQUESTS

#### For those who are ill:

Ruben De La Rosa  
Hunter Pilarski  
Henry Vitkovich

#### For those who have recently died:

Regino David  
Greg Schowen



**Meals on Wheels**



Thank you to our many generous parishioners that have returned gifts and pledges to the 2020 Annual Diocesan Appeal.

Your support to this Appeal helps our parish in our financial responsibility to our larger Diocesan Church.

To date we have reached 60% of our goal from 390 families in our parish.

Please remember, that any amount over our goal comes back to our parish 100%.

We want your participation and need your support.

A nutritious diet is the foundation of a healthy lifestyle, but that’s not always easy for homebound seniors. Meals on Wheels is a community resource that can bring that nutrition right to your door, regardless of your economic status. In this required time of sheltering-in-place, you may know someone who could benefit.

To be eligible for Meals on Wheels, you must meet all of the following criteria:

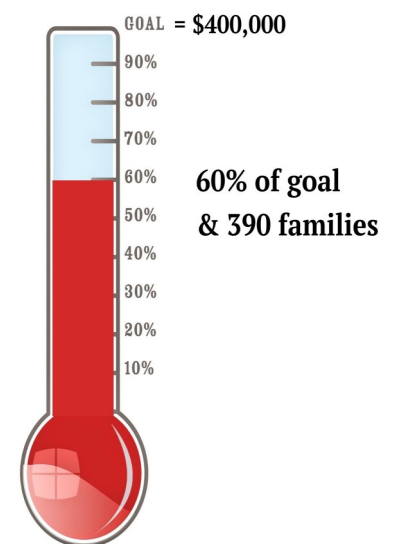
- 60 years of age or older.
- Live alone or with a spouse who is also homebound.
- Frail by reason of illness or incapacitating disability.
- Unable to drive, purchase and prepare his/her own meals due to physical or cognitive disabilities.
- Does not have anyone available to consistently shop or prepare meals.

Homebound is defined as:

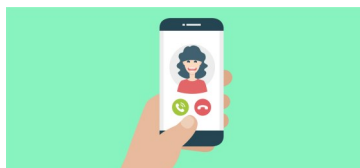
- Bed-bound and non-ambulatory.
- Wheelchair-bound and living alone.
- Ambulatory, living alone, unable to leave home.
- Ambulatory, alone, unable to leave home without assistance.
- Alone, able to leave home with difficulty.

To see if you are eligible, read more online at <http://www.mysourcewise.com/meals-get-started> and then call a Nutrition Coordinator at 408) 350-3200, option 4. Plan to leave a brief message, including your name, phone number and a statement such as “I am applying for Meals on Wheels.” Because of current high demand during the COVID-19 outbreak, please allow up to 72 hours for a return call.

If you know of a senior in our parish who may be in need of additional wellness services, please call Leah Harris, Director of Pastoral Care at 408-997-5110.



Pastoral Care



Holy Spirit Pastoral Care ministers make visits to the elderly and sick members of the community with dignity and respect, offering compassionate care and encouraging a sense of belonging and connection to the Body of Christ through Eucharist and the people of God.

During the serious global health crisis, we cannot make any face-to-face visits at this time, but the Parish is still available to provide support and pastoral care remotely.

Are you awaiting upcoming surgery? Suffering from any kind of chronic pain or illness? Homebound alone?

If you or someone you know would benefit from prayers or pastoral attention, contact Leah Harris, Director of Pastoral Care, 997-5110. We can arrange for a phone or video chat with trained pastoral care ministers.

School News

We are into our second week of distance learning at Holy Spirit School and while students miss their classmates and teachers miss their students, we are all doing our best to stay engaged and active academically and physically. Please take a look at this distance learning PE lesson from our very own Coach Freitas: [https://www.youtube.com/watch?v=JvYxDdbIYs&feature=share&fbclid=IwAR1hmnAsVKZpEjLK0rXiQWI7Q2WHCCq4e\\_1JHHG6bFVkkINWWcmW1eW8g90](https://www.youtube.com/watch?v=JvYxDdbIYs&feature=share&fbclid=IwAR1hmnAsVKZpEjLK0rXiQWI7Q2WHCCq4e_1JHHG6bFVkkINWWcmW1eW8g90).



Our offices are closed, but we are still accepting applications for the 2020-2021 school year.

For more information, please email Maria Apodaca at [maria.apodaca@dsj.org](mailto:maria.apodaca@dsj.org). You may apply at: <https://registration.powerschool.com/family/gosnap.aspx?action=20394&culture=en>.

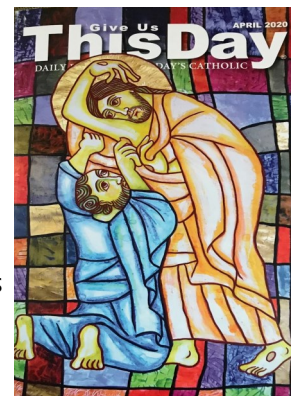
Finally, follow us on Facebook for a peek into our school community: <https://www.facebook.com/holyspiritschoolsanjose/>



Give Us this Day April and Living Faith April, May, June

As our community lives in lock down, there are some things that help us to stay close to one another as a community.

One way is the livestream of our daily and Sunday Masses, which you can find at [www.holyspiritchurch.org](http://www.holyspiritchurch.org) another is our Virtual RE-Ignite Retreat at: [www.holyspiritchurch.org/re-ignite](http://www.holyspiritchurch.org/re-ignite) and another is the GIVE US THIS DAY and Living Faith prayer books.



Many of you have asked how to get your monthly copy? Well, we have arranged a way for all of you to get the new issues. Under the portico of the Church, we will place open boxes of both books and ask you to come to the church take only what you need.

We ask you to come over only if you are already out and about for the day. Please, don't go out and take a risk just for the book.

The books will be available beginning **Saturday the 28<sup>th</sup>** until they are gone.

Please use social distance practices. We will have the hand sanitizer out as well and ask that you sanitize your hands before and after. Please take the ones you touch and try not to touch the other books.

If you are not able to get to the church or have other questions contact Merry Reardon at [merry.reardon@dsj.org](mailto:merry.reardon@dsj.org)

## PARISH INFORMATION

### Spiritual Communion



As the current crisis of the COVID-19 virus continues to upend our lives, the Catholic Church and Holy Spirit Parish have had to make significant changes to our normal weekly obligation for our protection. Because all masses with the Faithful in attendance have been suspended for the time being, you may be wondering how you can receive Communion. Tune into any broadcast mass, including Holy Spirit masses on Livestream or the Parish Facebook page, and join the Catholic community in *Spiritual Communion*.

As explained in the Catechism of the Catholic Church, the Eucharist is "the source and summit of the Christian life. The other sacraments, and indeed all ecclesiastical ministries and works of the apostolate, are bound up with the Eucharist and are oriented toward it. For in the blessed Eucharist is contained the whole spiritual good of the Church, namely Christ himself, our Pasch," (CCC 1324).

Through this sacrament, "we unite ourselves to Christ, who makes us sharers in his Body and Blood to form a single body," (CCC 1331).

St. Thomas Aquinas defined Spiritual Communion as "an ardent desire to receive Jesus in the Holy Sacrament and a loving embrace as though we had already received Him."

The basis of this practice was explained by Pope John Paul II in his encyclical, *Ecclesia de Eucharistia*. In the Eucharist, "unlike any other sacrament, the mystery [of communion] is so perfect that it brings us to the heights of every good thing: Here is the ultimate goal of every human desire, because here we attain God and God joins himself to us in the most perfect union."

Precisely for this reason it is good to cultivate in our hearts a constant desire for the sacrament of the Eucharist. This was the origin of the practice of "spiritual communion," which has happily been established in the Church for centuries and recommended by saints who were masters of the spiritual life. St. Teresa of Avila wrote: "When you do not receive communion and you do not attend Mass, you can make a spiritual communion, which is a most beneficial practice; by it the love of God will be greatly impressed on you" [*The Way of Perfection*, Ch.35].

By making an Act of Spiritual Communion, we express our faith in Christ's Real Presence in the Eucharist and ask him to unite himself with us. And with the strength that comes from Him, may the prayers of the Faithful heal our world.

Here is the Act of Spiritual Communion written by St. Alphonsus de Liguori:

**My Jesus,  
I believe that You  
are present in the Most Holy Sacrament.  
I love You above all things,  
and I desire to receive You into my soul.  
Since I cannot at this moment  
receive You sacramentally,  
come at least spiritually into my heart. I embrace You as  
if You were already there and unite myself wholly to You.  
Never permit me to be separated from You.  
Amen.**

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