

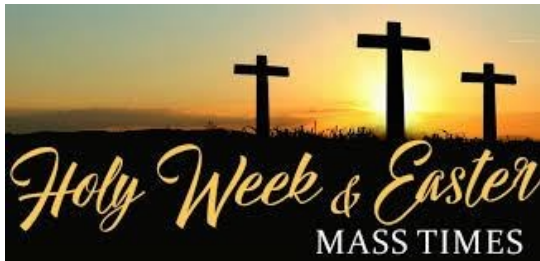


# HOLY SPIRIT PARISH

We follow Christ by Living our Faith, Sharing Knowledge and Serving the Community.

Palm Sunday of the Lord's Passion

April 5th 2020



## Holy Week Celebration 2020 in a time of Pandemic

The COVID-19 crisis has changed our world and many of you are wondering "How will we celebrate the most Sacred Season of our Liturgical year?" Since the Shelter in Place Order is effective until further notice, Bishop Cantu believes it is prudent to plan for Holy Week and the Easter Sunday liturgies to be celebrated without the faithful. Here is the plan for Holy Spirit Parish, as recommended by the Bishop and Father Brendan in collaboration with the Pastoral Leadership Team and the Liturgy Committee:

**Palm Sunday:** Palm Sunday will be celebrated on April 5, 2020 at 9:30AM and you can participate via the parish livestream. We already have ordered Palm branches, but we cannot safely distribute them. We will bless them as usual at our live-streamed liturgy. But we also encourage you to cut a branch from your own trees - palm or other and Fr. Brendan will bless them as well.

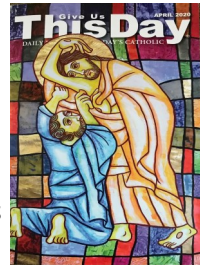
**Chrism Mass:** The Chrism Mass is traditionally celebrated with all the priests of the diocese and the faithful at the Cathedral Basilica of St. Joseph before Holy Thursday so that the Priests may renew their promises and the new Sacred Oils can be received in each Parish on Holy Thursday. This year, the Bishop will celebrate the Chrism Mass on the morning of Holy Thursday, April 9, at St. Joseph Cathedral, with the deans, Msgr. Willie Manrique, and Fr. Hao Dinh. It will be livestreamed for the Diocese to see. The Renewal of Promises of Priests will be conducted at their Fall Convocation. Oils will be brought to each Parish by the dean.

**Holy Thursday:** Holy Spirit will celebrate the Mass of the Lord's Supper on April 9, 2020 at 7:00PM and you can participate via livestream. The washing of feet will be omitted. At the end of the Mass, the procession of the Blessed Sacrament to the place of repose will be omitted. The Blessed Sacrament will be reposed in the church, and the community can wait and pray with Jesus via livestream until 12:00 Midnight.

*Continued on page 3*

## Give us This Day Books

As our community lives in lock down, there are some things that help us to stay close.



One way is the livestream of our daily and Sunday Masses, at [www.holyspiritchurch.org](http://www.holyspiritchurch.org) another is our Virtual RE-Ignite Retreat at: [www.holyspiritchurch.org/re-ignite](http://www.holyspiritchurch.org/re-ignite) and another is the GIVE US THIS DAY and Living Faith prayer books.

Many of you have asked how to get your monthly copy? Under the portico of the Church, are open boxes of both books. We ask you to come to the church take only what you need.

We ask you to come over only if you are already out and about for the day. Please, don't go out and take a risk just for the book.

The books will be available beginning **Saturday the 28<sup>th</sup>** until they are gone.

Please use social distance practices. We will have the hand sanitizer out as well and ask that you sanitize your hands before and after. Please take the ones you touch and try not to touch the other books.

If you are not able to get to the church or have other questions contact Merry Reardon at [mer-ry.reardon@dsj.org](mailto:mer-ry.reardon@dsj.org)

## PARISH DIRECTORY

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Finance Office 408-997-5101

Finance Council John Beck  
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Pastoral Council Stephanie Kavanagh  
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### Holy Spirit School

1198 Redmond Avenue  
San Jose, CA 95120  
www.holyspirit-school.org  
408-268-0794

Greg Vohs, Interim Principal  
Maira Gutierrez-Folchi, Assistant Principal

## NOTE FROM OUR PASTOR



You have heard it said more than once over the last few weeks with the spread of the coronavirus and the COVID-19 that we are in uncharted territory.



Now that we have all received the extended order to "Shelter in Place" till May, we need to find a new normal inside our homes. I have spoken to so many people (schoolteachers to business people to students) who have been using Zoom teleconferencing and are completely exhausted after back-to-back meetings all day. Old boundaries between work and home, personal and professional have all disappeared and we are scrambling to figure out how to get to a new routine with some new clear boundaries, myself included! I am exhausted from all my own zoom meetings.

Furthermore, this is Holy Week and it does not feel like it. But we need Holy Week more than ever. We need community more than ever and we cannot gather. So, what are we to do?

I suggest that we try to "attend" Mass live at Church not only on Sunday but during the Holy Week celebrations mentioned throughout this bulletin. We have worked hard to bring the Holy Week to you at your home. Please come and join us. Please tune in to the livestream and dress up at home. Don't have breakfast while you "watch livestream" but "attend Mass livestream." When I say "The Lord be with you." You reply at home with all the family gathered around the television, "And also with your spirit." Sing along to the songs and join us in all the movements and responses. In other words, you "attend Mass at home" and truly experience the Spiritual Communion.

I invite you to join us on **Tuesday night at 7pm** for the virtual reconciliation service where we will teach you about "perfect contrition" and you can be prepared for Holy Week. Many people have never heard of "perfect contrition" but it is an important teaching of our Church. Perfect contrition is for people who cannot get to confession because of a serious reason like the coronavirus lockdown. Pope Francis reminds us that people can go to God directly, be specific about their sins, request pardon and experience God's loving forgiveness.

The pope said, "Do what the Catechism (of the Catholic Church) says. It is very clear: If you cannot find a priest to confess to, speak directly with God, your father, and tell him the truth. Say, 'Lord, I did this, this, this. Forgive me,' and ask for pardon with all your heart. Make an act of contrition, the pope said, and promise God, 'I will go to confession afterward, but forgive me now.' And immediately you will return to a state of grace with God."

Then join us for my reflection on the "Agony in the Garden" on **Wednesday at 7pm** and see how God made this week Holy with the way Jesus accepted the way of the cross. **Holy Thursday Mass of the Lord's Supper begins at 7pm and Good Friday at 12noon. We will pray the Stations of the Cross at 2pm. Finally join us for the Easter Vigil at 8:30pm or Easter Mass at 9:30am.** More details are in this bulletin about each of these services.

**Let's make this week Holy** by our participation albeit remotely. We can experience community and I very much look forward to seeing you in person soon. I miss you all dearly.

## Question of the Week

How can you show this week that you truly believe in the Resurrection of Jesus?

## LIVING THE LITURGY

### Holy Week Celebration 2020 in a time of Pandemic...Continued

**Good Friday:** The Passion of the Lord will be celebrated on April 10, 2020 at 12:00 Noon. Followed by the Stations of the Cross at 2:00PM. Both will be livestreamed. In the Universal Prayers of the Faithful, there will be a special intention for the sick, the dead, for those who feel lost or dismayed due to the pandemic.

**The Easter Vigil** – will be celebrated on April 11, 2020 at 8:30PM via livestream. The Solemn Beginning of the Vigil or "Lucernarium", the preparation and lighting of the fire is omitted, the procession is omitted. The Paschal Candle is lit at the altar, and the Easter Proclamation (Exsultet) is intoned. The "Liturgy of the Word" then takes place. Typically, at this point, we celebrate the Sacraments of Initiation for our Elect. The Bishop has transferred the Sacraments of Initiation to a later date. Instead we will renew our own Baptismal Promises" and follow with the Liturgy of the Eucharist as normal.

**Easter Sunday** – will be celebrated on April 12, 2020 at 9:30AM via livestream.

In this uncalled and difficult time and situation, we are first and foremost called to reconnect, unite, and pray as One Body of Christ that God, begging that His mercy and kindness, may alleviate our anxiety and fear in our hearts. And in God's providence, may He heal our nation and the world with this COVID-19 virus, spare, protect and guard us against it, and through His compassion and love, may He forgive the sins of those who had been infected and died, and may He open the gate of heaven for them. We also pray for the intercession of our Blessed Mother and Saint Joseph, whom for so many generations intervened for us all.

### READINGS FOR THE WEEK

M 4/6 Is 42:1-7; Ps 27:1-3, 13-14; Jn 12:1-11



T 4/7 Is 49:1-6; Ps 71:1-6, 15, 17; Jn 13:21-33, 36-38

W 4/8 Is 50:4-9a; Ps 69:8-10, 21-22, 31, 33-34; Mt 26:14-25

TH 4/9 Ex 12:1-8, 11-14; Ps 116:12-13, 15-16bc, 17-18; 1 Cor 11:23-26; Jn 13:1-15

F 4/10 Is 52:13 — 53:12; Ps 31:2, 6, 12-13, 15-17, 25; Heb 4:14-16; 5:7-9; Jn 18:1 — 19:42

S 4/11 a) Gn 1:1 — 2:2 [1:1, 26-31a]; Ps 104:1-2, 5-6, 10, 12, 13-14, 24, 35; or Ps 33:4-7, 12-13, 20-22;

S 4/12 Acts 10:34a, 37-43; Ps 118:1-2, 16-17, 22-23; Col 3:1-4 or 1 Cor 5:6b-8; Jn 20:1-9

**SUSPENDED**

### Weekend Masses

Saturday 5:00 p.m.

Sunday 8:00, 9:30 & 11:30 a.m.  
6:00 p.m.

### Daily Mass / Communion Service

Monday - Friday 8:30 a.m.

### Daily Holy Hour

Monday - Friday 7:30 a.m.

### Daily Rosary

Monday - Friday 9:15 a.m.

### Holy Days of Obligation

8:30 a.m. & 7:00 p.m.

### Eucharistic Adoration & Reconciliation

First Friday of the month  
7:00 - 8:00 p.m.

### Reconciliation

Saturdays at 4:00 p.m.

### MASS INTENTIONS

SU 4/5 9:30 Vallorino Testa †  
Eduardo Testa †  
Vincenza Lupineppi †

W 4/8 8:30 Marie Mung †  
Thi Ta †

SU 4/12 9:30 Muriel Chiaravalle †  
Mary Lukash †  
Tony Hsue†  
Mary Kane †  
Di Cristofaro †  
D'inagio Chiara

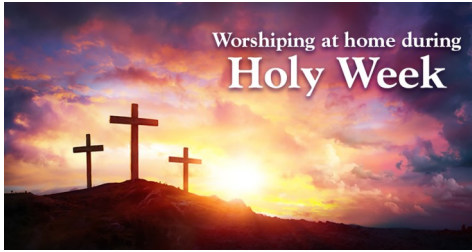
### PRAYER REQUESTS

#### For those who are ill:

Msgr. John Barry, Fulvio Caviglione

#### For those who have recently died:

Nicole, Conley, Roy Drury Sr.,  
Bertha Sukimoto



### A Family Kit to Celebrate Holy Week at Home:

Holy Week is the best time of the year to be Catholic. It is a week of incredible liturgies. But this year it is going to be different. Catholics are facing an unimaginable Holy Week this year. With the suspension of public Masses, there will be no faithful present in the church. It is almost unthinkable, yet here we are. While we are unable to celebrate Holy Week in our churches, here are some ways we might bring these holiest

days of the year into being in our homes and connect every family in our parish.

Holy Spirit will be livestreaming all of the Holy Week celebrations and we want you to join us for each and every celebration. Make a family calendar and set aside the time each day just as if you were physically going to church. Prepare a family worship space by lighting a candle and placing a crucifix prominently near where you will watch the livestream. Then a few minutes before the start of each liturgy, gather as a family putting away phones and computers or distractions of any kind. Stay together and pray the responses, sing the songs and be joyful.

**Palm Sunday:** Palm Sunday celebrates two seemingly different stories. First, Jesus's triumphant journey to Jerusalem where he is greeted by shouts and songs of acclamation and joy. Then the Passion of Jesus Christ, recalling the events leading up to his crucifixion and death on the cross.



Sometime before Palm Sunday, have each family member go outside and choose a branch from your yard to be used during the procession in the Mass. Hold them up when Fr. Brendan blesses them and then place them near your candle and crucifix for the rest of the Mass. After Mass, use the branches in a decoration on your door until Easter Sunday when you can add them to your table decorations.

**The Sacred Triduum:** The word *Triduum* comes from the Latin for "three days" and begins with the Evening Mass of the Lord's Supper on Holy Thursday. These three days of Holy Thursday, Good Friday, and the Easter Vigil are the highpoint of our entire liturgical year.



**Holy Thursday:** Holy Thursday commemorates the institution of the Eucharist and Jesus's command to love and serve others, modeled in the washing of feet. The Lord's supper Mass is about table fellowship with our family and friends and begins at 7:00pm.



As preparation to this Liturgy, during the day, take some time to bake some bread and eat dinner before Mass a family. There are many traditional Easter breads such as Hot Cross Buns, Easter Egg Bread, Italian Easter Bread, Paska Easter Bread and the list goes on.

The washing of the feet is a ritual that reminds us of our call to serve others and unfortunately this year it will be omitted during Mass. But maybe before Mass, as a gathering rite, you could plan to wash each other's feet.

At the end of this Mass, we go with Jesus to the Garden of Gethsemane and wait and pray with him as he prepares for his passion on the cross. Once Mass has ended, spend the time before bed in silence, waiting with the Lord.

**Continued on page 5**

## PARISH ACTIVITIES

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### A Family Kit to Celebrate Holy Week at Home:

*Continued from page 4*

**Good Friday:** The Good Friday liturgy begins at 12:00noon and consists of three parts: the reading of John's Passion, the praying of The Solemn Intercessions, and the Adoration of the Holy Cross.

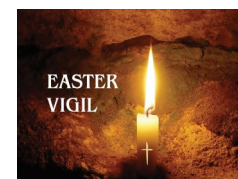
Our reading of the Passion will include the beautiful music that typically accompanies our Passion reenactment. The Adoration of the Holy Cross begins with a Showing of the Holy Cross and includes a sung proclamation: Behold, the wood of the Cross. Then we venerate the cross. Using the crucifix that in in your family worship space, have each family member touch it and then together as a family pray in silent prayer and reflection. Perhaps remain in silence through the end of the liturgy and only break your silence at the livestreamed Stations of the Cross at 2:00pm.



**Holy Saturday** during the day is prayerful and reflective. Spend the day preparing for the Easter Vigil Mass or the Easter Sunday Mass. Have the family gather fresh flowers and greenery to use for your worship family space and prepare for a celebration. Don't forget to use the branches from Palm Sunday in your Easter Environment.



**Easter Vigil:** Traditionally, the church welcomes our newest members through the sacraments of Baptism, Confirmation and Eucharist. This year with the restrictions, this initiation has been postponed. The Easter Vigil liturgy is rich with symbol and ritual. It takes place in the night and ends before dawn, because the contrasts between darkness and light are essential. Our Easter Vigil will begin at 8:30pm.



The Vigil Liturgy begins in darkness. Light one single candle near your crucifix and then make sure everyone has their own small, lit candle Turn off all the lights in the house as you listen to the Scripture readings. Each of these stories highlights God's love for God's people and helps us to celebrate Christ's resurrection by recalling God's saving action. At the end of the readings, extinguish the candles and turn on the lights to the Gloria! Sing the songs and pray the prayers as we celebrate Christ, the light of the World.

**Easter Sunday:** Our Easter Mass will be livestreamed at 9:30am. Have the family get dressed up in their Easter best and gather for Mass. Light candles, use the flowers and greenery you have gathers and sing the songs of Easter. Christ is risen! Alleluia! Plan to have a celebration after Mass and remember to thank God for all the blessings he brings us even in the midst of this current crisis.



**Happy Holy Week and Happy Easter!**

## PARISH ACTIVITIES

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Continue to Re-Ignite with our *“Re-Ignite with the Saints”* series



The Re-Ignite Virtual Retreat was a tremendous experience and the session attendance exceeded our wildest expectations. Thanks to so many of you who joined us on line or viewed the replays. If you missed the retreat, don't worry, you can catch up quickly. Replays are available at the website <https://holyspiritchurch.org/re-ignite/>.

While we have concluded the Re-Ignite retreat, our faith journey certainly does not stop here. During the last session, Fr. Brendan discussed important next steps on our prayer journey. We warmly welcome the Holy Spirit community and friends to join us for the sequel, *Re-Ignite with the Saints*. Please see the following answers to your likely questions.

**What is Re-Ignite with the Saints?** Re-Ignite with the Saints will be a series of virtual zoom sessions with a Holy Spirit facilitator leading participants through a discussion of a particular saint; a message the saint leaves us to consider; and how the saint's message connects with both the Re-Ignite content and our daily lives. The series will be designed to help us put into practice our learnings from Re-Ignite, enabling us to further strengthen our prayer, personal and professional lives.

**When and Where:** There are five sessions currently scheduled as follows: **Thursday April 16<sup>th</sup>; Tuesday, April 21<sup>st</sup>; Thursday, April 23<sup>rd</sup>; Tuesday, April 28<sup>th</sup>; and Thursday, April 30<sup>th</sup>.** To give as many people as possible the opportunity to attend the live sessions, there will be two zoom sessions for each Saint of the Day, one at 9:30 am and one at 7:30 pm. These sessions will last approximately one hour.

**Format?** The formats will be similar to Re-Ignite's facilitated sessions, with a brief overview of the saint and the saint's "message", followed by a gospel passage and reflection period. The primary difference with the Re-Ignite with the Saints sessions is participants will be able to share their reflections and experiences with their fellow participants if they choose to do so.

**Which Saints?** For those of you who have read our Christmas book, *Rediscover the Saints*, our selected saints may very well come from that book or other similar sources. The most important criterion for selection will be the saint's message and connection to the Re-Ignite content.

**Why Should I Attend?** We often get feedback that our retreats (Plantings, Re-Ignite and others) are wonderful in and of themselves, but that people struggle to put the learnings from these retreats into the practice of their daily lives. Re-Ignite with the Saints will help participants develop plans to do just that. Lessons learned from Re-Ignite, Rediscover the Saints will be discussed along with the development of actionable steps to which each participant will be asked to commit.

**How Do I Sign Up?** We would greatly appreciate you signing up for the sessions on the front page of the Holy Spirit [website www.holyspiritchurch.org](http://www.holyspiritchurch.org). Should your schedule change, merely update your sign-up information.

Let us know if you have other questions, and we look forward to seeing you at **Re-Ignite with the Saints** right after Easter.

Resources for caregivers



Being restricted to home may be distressing and frightening. Families with a loved one suffering from Alzheimer's or other forms of dementia carry a heavier burden. If you or someone you know is a caregiver experiencing a decline in their own health or stability, please share these resources. Local agencies can help with phone support, additional coping tools and may be able to help with emergency respite care.

The [Alzheimer's Association](#) has a 24/7 helpline (1-800-272-3900) that's staffed with master's level counsellors and social workers. They also have [tips for dealing with COVID-19](#).

The [NIH National Institute on Aging](#) (NIA) also offers resources and information on caregiving for someone living with Alzheimer's. **NIA Alzheimer's and Related Dementias Education and Referral (ADEAR) Center** can be reached at 1-800-438-4380.

The [Alzheimer's Foundation of America](#) offers caregiving resources as well. Their National toll-free helpline is 1-866-232-8484.



The 2020 Annual Diocesan Appeal continues to succeed in our parish.

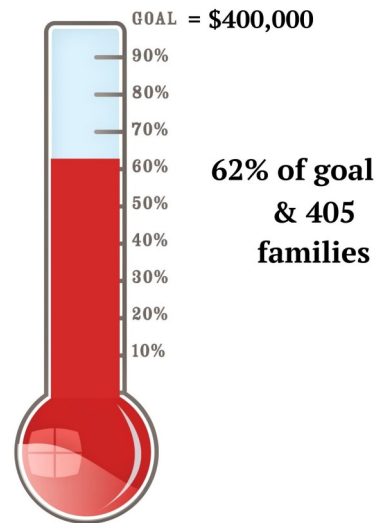
To date 62% of the families have responded with the amount of \$251,000 towards our goal.

If you are not yet part of these donors, we want and need your participation and support.

Please pray and answer the call to do your part to support our Catholic Church and the mission of God, here in the Diocese of San Jose. Your gift will make a difference.

Please remember, that any amount over our goal comes back to our parish 100%.

We want your participation and need your support.



**A Beautiful Idea for Palm Sunday**

How can we publicly acknowledge this important day on our calendar when so many of us will be behind closed doors? What if everyone on the morning of Sunday, April 5th, put a branch on the door of their house or on the window to celebrate Palm Sunday?

It can be any green branch you can get.

This would help, despite the social distancing to be connected as we enter into the holiest of weeks.

We may be physically isolated, but not separated. We are united as the Body of Christ. We are the Church.

*From: The Missionaries of the Holy Spirit Facebook page.*



## PARISH ACTIVITY

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### Lenten Talk with Fr. Brendan "Agony in the Garden"



We invite you to join a live streamed session on **Wednesday, April 8th at 7:00 p.m.** for the preparation of the Passion. This session is to help us experience an evening of prayer and reflection. It is my hope that you and your family will attend this session. The session is on the "Agony in The Garden" In the session I will focus on what really happened in this garden and why the garden is important. Remember the garden is an ancient symbol for "lover's" and that theme is repeated throughout the Old Testament scriptures.

What Jesus undergoes in the Garden of Gethsemane is a "lover's dilemma" insofar as he had to accept that his lover, humanity itself, had betrayed him. He is left alone to suffer this humiliation on his own. He reconciles this reality by relying on the one love that never abandons him, God the father's love. It was in the garden of Gethsemane that Jesus had to face the reality of his human and divine selves clashing. He could live as a human and accept the suffering that was about to unfold or he could exercise his divine side and confront the abusive authorities that wanted him dead. He chose to reconcile these two natures by embracing both realities and ultimately doing what the Father asked of him. That is to love in a different way.

He had spent the last 3 years in public ministry preaching the good news, healing the sick and needy and reaching out to the peripheries of his society. He was active in his love for others. Now he needed to be passive in his love. That transitions us to the second session about the passion. The root word for passion is the latin, *passio*, meaning literally "passive." This is Jesus "passive love" in action. That means he had to endure the abuse, torture, taunting and eventually a cruel death. And he did not fight back. He absorbed in all that hatred, ugliness, pettiness. The cross becomes the victory but he first must endure all of it as human and divine. He was more a water purifier than an electrical cord. An electrical cord passes on whatever it receives, full voltage. Jesus acts more like a water purifier in that he absorbs all the poisons and toxins and gives back pure clean water.

Jesus Christ takes away all the sin of the world and gives back forgiveness. He takes in hatred and gives back love, takes in anger and gives back graciousness, takes in envy and gives back blessing, takes in bitterness and gives back warmth, takes in pettiness and gives back compassion, takes in chaos and gives back peace, takes in sin and gives back forgiveness. I invite you to join me as we live stream the session at [www.holyspirtchurch.org](http://www.holyspirtchurch.org) and we will pray and reflect on the power of these three last days of Christ and understand why they are so powerful.

***Together we will make this Holy Week a week that changes our lives forever.***



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