



# HOLY SPIRIT PARISH

We follow Christ by Living our Faith, Sharing Knowledge and Serving the Community.

23rd Sunday in Ordinary Time

September 9, 2018



**Growing Our  
Friendship  
with Jesus**

The schedule has been set for the **fall Planting sessions** as we continue "Growing Our Friendship with Jesus (GOFJ)." The GOFJ process was developed to take everyone where they currently are in their faith journey and help them grow their relationship with Jesus.

The planting process provides you with tools and practices that will help you learn to use your daily prayer time. This process is for anyone looking to be more consistent and deliberate in their prayer life.

The participants will be presented methods of creating a sacred space for prayer, developing a routine, and using "Give Us this Day" and other prayer resources to enrich your prayer experience. In addition to the opening and closing retreats and the 4-week sessions, the participants will be asked to pray and journal daily for up to 30 minutes. At the end of the session, the participants will be ready to attend another planting session or experience one of our cultivation sessions.

Please plan to commit to the entire process on Wednesdays or Thursdays. It will be possible to move between session times if necessary but attendance at all sessions is suggested to grow your friendship with Jesus as you strengthen the roots of your session community. Please note the material offered at each set of sessions will be the same although the presenters will differ.



## Hospitality Weekend

Hospitality Weekend takes place every third weekend of the month after Mass. Join us **next Sunday, September 16th, after all morning Masses** for light refreshments and fellowship. (Please note there will not be hospitality after Saturday 5:00 p.m. Mass this month.)

Come enjoy light refreshments and fellowship with your faith community.

Don't forget to wear your name badge and meet someone new!

You can order name badges on the parish website at [www.holyspiritchurch.org/name-badges](http://www.holyspiritchurch.org/name-badges).



### Thursday option:

#### **Opening Retreat 9/22/18**

Saturday 9:00-2:00 pm Parish Hall

Session 1 9/27/18 Thursday  
7:00-8:30 pm HSS Library

Session 2 10/4/018 Thursday  
7:00-8:30 pm HSS Library

Session 3 10/11/18 Thursday  
7:00-8:30 pm HSS Library

Session 4 10/18/18 Thursday  
7:00-8:30 pm HSS Library

Closing Retreat 10/27/18 Saturday  
9:00- 4:00 pm Parish Hall

### Wednesday option:

#### **Opening Retreat 9/26/18**

Wednesday 9:00 am –Noon Church

Session 1 10/3/18 Wednesday  
9:00-10:30 am Parish Hall

Session 2 10/10/18 Wednesday  
9:00-10:30 am Parish Hall

Session 3 10/17/18 Wednesday  
9:00-10:30 am Parish Hall

Session 4 10/24/18 Wednesday  
9:00-10:30 am Parish Hall

Closing Retreat 11/7/18 Wednesday  
9:00 am – 3:00 pm Parish Hall

## PARISH DIRECTORY

### Parish Office / 408-997-5101 24 Hour Emergency

Rev. Brendan McGuire, Pastor  
408-997-5105 bmcguire@dsj.org

Rev. Edgar Elamparo, Parochial Vicar  
408-997-5107 eelamparo@dsj.org

Merry Reardon, Pastoral Associate  
408-997-5112 mreardon@dsj.org

Penny Warne, Pastoral Associate  
408-997-5108 pwarne@dsj.org

Faith Formation 408-997-5112

Baptism 408-997-5115

Initiation 408-997-5112

Marriage 408-997-5115

Sacrament of the Sick 408-997-5110

Pastoral Care 408-997-5110

Social Ministries 408-997-5111

Youth Ministry 408-997-5106

Music Ministry 408-997-5121

Finance Office 408-997-5101

Finance Council John McCarthy  
mcc1416arthy@gmail.com

### Holy Spirit School

1198 Redmond Avenue  
San Jose, CA 95120  
[www.holyspirit-school.org](http://www.holyspirit-school.org)  
408-268-0794

Maureen Christensen, Principal  
Greg Vohs, Assistant Principal



Do I allow and bring everyone to Jesus for His blessing?

## NOTE FROM OUR PASTOR



*"[Jesus] makes the deaf hear and the mute speak."*

In today's gospel the people bring a deaf man with a speech impediment to Jesus for healing. Immediately, Jesus puts his finger into the man's ears, touched his tongue; then said to him, "Ephphatha!"— "Be opened!" Yes, Jesus heals a deaf and mute man but he does so by touching him personally. This is a reminder to us of his personal compassion. Remember, in this time, anyone who was sick or ill, especially since birth, would have been considered to be sinful and unclean. People would have shunned such people, doubling the pain for the afflicted. They were isolated both physically and emotionally. The extreme version of this was the lepers who were not allowed even to walk among the village without announcing their presence so people could run away from them. Similar treatment was given to all the sick.

The message of Jesus "Be opened" is not just for the sick man for his ears and mouth to be opened but was also meant to all hearers to listen to God's word and be opened to God's compassion for all. Be opened to being men and women of healing for others; to reach out to others and stop the isolation.

Time and time again we are reminded by Jesus throughout all the gospels to be attentive to the needs of the least among us; symbolized by the widow, children and the poor. We are all called to open our ears to the Word of God and listen to what he is asking of us. This is particularly important in this time of turbulence and trouble for our Church.

People have asked me over and over what can we do to help in this time of trouble in our Church. I cannot be completely sure what are the best actions to take but I strongly suggest that we listen to Christ in prayer and wait for him to guide us. I do not want to sound pious and tell you to JUST pray but it is important that we take all our emotions and thoughts to Jesus in prayer and listen to him carefully for guidance before we take any action ensuring our actions come from him, the truth, the way and the life.



The answer to my own prayer so far has been one of allowing the anger to be my fuel but sorrow to be my face. Lead with sorrow and be energized by our anger. That has worked very well for me thus far. The Lord also asks me to remain in His word. To purify all my thoughts and actions through his Word in the scriptures. This is particularly important when emotions run high. It can sometimes be very hard to discern the voice of Jesus in our hearts and not be overrun by high emotions. It is important to read the scriptures and use the techniques we have learnt of imagining oneself as a character in the passage. This has been particularly helpful to me recently as I wade through a torrent of high emotions and I hope that advice will work for you.

Please also pray for our Church leaders, priests and bishops, that they may be courageous to "be opened" to new ways of leading our Church with greater transparency and lay involvement. Above all, please pray for the victims of sexual abuse everywhere that they may find their voice and walk the path of recovery and healing.



### Liturgical Ministry: Behind the Scenes

There are many ministries in the Eucharistic Liturgy that serve during the Mass, such as the Lector, Music Ministers, EMOEs, Ushers, Altar Servers, and Mass Coordinators. But there are several more ministries here at Holy Spirit that contribute an incredible amount to our worship as a community, and they are often unrecognized due to the fact that they don't happen during the Mass. These ministries are Art & Environment, Linen Ministry, Bread Baking, and Prayer Teams.

Each of these ministries are of tremendous significance to our liturgy. The Art & Environment team ensures that our worship space presents a visual invitation to enter into relationship with God through the beauty of our surroundings during Mass. There are several Art & Environment teams, and they take turns maintaining the beauty of our worship space. The Linen ministry purifies and cleans the cloths with which we purify the communion vessels. Whether a Corporal, Purificator, Pall, Lavabo towel or Altar Cloth, the Linen ministers help to make sure they are ready to do be utilized at every liturgy.

The Bread Baking ministry team bakes the bread that is consecrated into the Body of Christ. Their ministry helps us to bring to life the Presiders' inaudible prayer during the preparation of the gifts that says, "Blessed are you, Lord God of all creation, for through your goodness we have received the bread we offer you: fruit of the earth and work of human hands, it will become for us the bread of life." The Prayer Teams, through prayer and contemplation of the scriptures, compose for us the intercessory prayers we pray together during the Universal Prayer. When we pray for our Church Leaders, the World, and our Holy Spirit Church Community, there was a team of ministers who have prayed over every word of each intercession.

St. Paul writes to St. Peter, saying, "As each one has received a special gift, employ it in serving one another as good stewards of the manifold grace of God... so that in all things God may be glorified through Jesus Christ, to whom belongs the glory and dominion forever and ever. Amen." (1 Pt 4:10-11). As a community, we are called to individually share what gifts we have with others and for the greater glory of God. Whether in liturgical ministry or through relationship with one another, let us seek to serve God by serving one another as we worship this week.

### READINGS FOR THE WEEK

M 9/10 1 Cor 5:1-8; Ps 5:5-7, 12; Lk 6:6-11

T 9/11 1 Cor 6:1-11; Ps 149:1b-6a, 9b; Lk 6:12-19

W 9/12 1 Cor 7:25-31; Ps 45:11-12, 14-17; Lk 6:20-26

TH 9/13 1 Cor 8:1b-7, 11-13; Ps 139:1b-3, 13-14ab, 23-24; Lk 6:27-38

F 9/14 Nm 21:4b-9; Ps 78:1bc-2, 34-38; Phil 2:6-11; Jn 3:13-17

S 9/15 1 Cor 10:14-22; Ps 116:12-13, 17-18; Jn 19:25-27 or Lk 2:33-35

SU 9/16 Is 50:5-9a; Ps 116:1-6, 8-9; Jas 2:14-18; Mk 8:27-35



### Weekend Masses

Saturday 5:00 p.m.  
Sunday 8:00, 9:30 & 11:30 a.m.  
6:00 p.m.

### Daily Mass / Communion Service

Monday - Friday 8:30 a.m.

### Daily Holy Hour

Monday - Friday 7:30 a.m.

### Daily Rosary

Monday - Friday 9:15 a.m.

### Holy Days of Obligation

8:30 a.m. & 7:00 p.m.

### Eucharistic Adoration & Reconciliation

First Friday of the month  
7:00 - 8:00 p.m.

### Reconciliation

Saturdays at 4:00 p.m.  
or by appointment



### MASS INTENTIONS

M 9/10 8:30 Chang Shuot Ching †  
Sally Donegan †

W 9/12 8:30 William Sinnott †

TH 9/13 8:30 Jim Hassett †

F 9/14 8:30 Annamma Palaken †

SA 9/15 5:00 Juanita LaJoie †

SU 9/16 8:00 Holy Spirit Parish  
9:30 Leon Agnoletti †  
Shirley Varni †  
Sally Donegan †

11:30 Rahul Pinto †

6:00 Robert Fernandes †  
Tom Ward †  
Joe Randazzo †

## PASTORAL CARE



### Coping with Chronic Pain

One out of three people suffers from some form of chronic pain—arthritis, headaches, back pain, cancer, or countless other diagnosable or undiagnosable conditions which persist long after we expect the discomfort to go away. The

key to living with and managing chronic pain is to manage your pain instead of letting your pain control you.

- Pursue competent medical treatment. Early intervention can often prevent chronic pain. Listen carefully, ask questions and implement their suggestions. If recommended, investigate pain-control techniques such as relaxation therapy, guided imagery, or meditation. You can learn these skills, with practice, from a qualified professional.
- Trust your own experience of pain: All pain is real, whether or not physicians can find a clinical reason for it. It is your body. Trust your perception. Do not add emotional pain to your physical pain. Pain is a highly subjective experience which is why medical teams ask patients to rate their pain 1-10. Consider joining a support group for pain sufferers to help give you validity to your experience, vent feelings and keep perspective.
- Make positive changes in your lifestyle: If you have been told by multiple physicians that your pain cannot be remedied, work towards acceptance and channel your energy into living productively with your condition. Rest when needed. Communicate with your loved ones. Pursue activities that bring you pleasure. Learn something new. Staying occupied helps to distract, at least temporarily, from pain.
- Let your pain bring you to God: At times, your pain may feel all-consuming, blocking out all other thoughts. Or maybe you feel simply too tired to pray. Or maybe it seems impossible to reconcile your faith in a loving God with your suffering. Some questions have no answers, but we know that sometimes the questioning itself draws us closer into the arms of God, who suffers with us and wants us to be healed.

Pain has a way of sharply defining life's true pleasures and priorities. Do your best to accept the support available and practice gratitude for what is good in your life. Be gentle with yourself and choose life and joy.

(Derived from "Coping with Chronic Pain" by Sefra Kobrin Pitzele, Abbey Press. For more resources or support, contact Leah Harris, Pastoral Care, 408-997-5110).

## PRAYER REQUESTS

For those who are ill:

Pete Huttlinger, Pete Perez, Joan Pirnik, Louis Pirnik

For those who have recently died:

Peter Barros, Juanita LaJoie, Jeannette Mahoney, Michael O'Halloran, Christopher Rath

## STEWARSHIP



### Saturday at Sacred Heart

School aged children and older are invited to join us for our next Saturday at Sacred Heart on **September 15th, 9:00 a.m. to Noon.**

We will help in the Food Pantry and Clothes Closet, and anywhere else we are needed to help Sacred Heart prepare to serve their customers in the week ahead.

Signups are open on the parish website. School aged children under 13 must be accompanied by a parent. Service hours can be earned.

Hope to see you at The Heart!



## FAITH FORMATION



### Catechetical Sunday

The Church will celebrate Catechetical Sunday **next weekend on September 16th**. This year's theme is "Enlisting Witnesses for Jesus Christ." Those who the Community has designated to serve as catechists will be called forth to be commissioned for their ministry.

Catechetical Sunday is a wonderful opportunity to reflect on the role that each person plays, by virtue of Baptism, in handing on the faith and being a witness to the Gospel. Catechetical Sunday is an opportunity for all to rededicate themselves to this mission as a community of faith.



### The Gifts of Imperfection™

Women's Faith Sharing FALL 2018  
Women of all ages are welcome to join us:

**Tuesday MORNINGS**  
**9:15 a.m. – 10:30 a.m.**

**...OR...**

**Tuesday EVENINGS**  
**7:00 p.m. – 8:15 p.m.**

To RSVP, please contact Merry Reardon at [mreardon@dsj.org](mailto:mreardon@dsj.org) or 408-997-5112

## YOUTH MINISTRY



### Youth Ministry Kick-offs!

We are back! Our 3sixty high school ministry and our Edge middle school ministry are officially back in business! The leadership teams are excited and are looking forward to a wonderful year in ministry.

All high school youth are invited to **join 3sixty this weekend on Sunday, September 9th, after the 6:00 p.m. Mass** in the Parish Hall.

All middle school youth are welcome to **join Edge this Wednesday, September 12th, at 7:00 p.m.** in the Parish Hall.

### Sacrament of Confirmation

It is still **not too late to register** for Confirmation.

Prospective candidates must be at least in the 7th grade. Formation for the Sacrament is a two-year process for middle schoolers.

Candidates in high school, please contact Row at [rdavid@dsj.org](mailto:rdavid@dsj.org) for information regarding formation at the high school level.

Re-registration for the second-year group is also up. Re-registration is only for the candidates who have completed their first-year formation last year.

For more info, please contact Row at [rdavid@dsj.org](mailto:rdavid@dsj.org)

## SCHOOL NEWS



### Second Grade STEAM Fridays

Collaborative learning is encouraged every day at Holy Spirit School, but our second grade teachers go above and beyond on Fridays with special activities that encourage our students to work together, think critically and creatively. Not only are these activities a lot of fun, our children are learning important math, science, engineering and life lessons.

Holy Spirit School is committed to providing a strong STEAM – Science, Technology, Engineering, Arts, and Math – program in all grades. We look forward to sharing more of these activities as the year unfolds.

**To learn more about Holy Spirit School, please call 408-269-0794.**



## PARISH ACTIVITIES

### WEEK AT A GLANCE

Dates subject to change. View our complete calendar at: [www.holyspiritchurch.org](http://www.holyspiritchurch.org)

MON 9/10	9:15 a.m. 3:00 p.m. 5:00 p.m. 7:00 p.m. 7:15 p.m. 8:00 p.m.	Layette Ministry Children's Choir Practice Faith Formation Classes Parish Council Meeting Men's Faith Group AA Meeting	Parish Hall Church Parish Hall Parish Office Classroom 2 PK1 & Parish Hall
TUE 9/11	9:00 a.m. 6:45 p.m. 7:00 p.m. 7:00 p.m.	Women's Faith Group Baptism Prep Women's Faith Group 3sixty Core Meeting	Parish Hall Church Parish Hall Classroom 2
WED 9/12	6:30 a.m. 7:00 p.m.	Men's Faith Group Edge Youth Night	Parish Office Parish Hall
THU 9/13	5:00 p.m. 6:30 p.m.	Adult Choir Practice Seasons of Hope Grief Consolation	Church Be Still Room
FRI 9/14	9:30 a.m.	Al-Anon Meeting	Parish Hall
SAT 9/16	9:00 a.m. 9:30 a.m.	Saturday at Sacred Heart Small Community of Faith	Sacred Heart Be Still Room

### **HOSPITALITY WEEKEND AFTER SUNDAY MORNING MASSES (Please note: no hospitality after 5:00 p.m. Mass this month)**

SUN 9/16	8:30 a.m. 9:30 a.m. 10:30 a.m. 1:00 p.m. 7:00 p.m.	Faith Formation Nursery Faith Formation Tech for Seniors 3sixty Youth Night	Parish Hall Pre-K Parish Hall Parish Office Parish Hall
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### ***Save the Date***

**MONDAY, OCTOBER 29, 2018**

**ALMADEN**

**GOLF & COUNTRY CLUB**

\$225/per person  
\$210/seniors & club members

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DETAILS TO FOLLOW.

REGISTRATION WILL BEGIN SEPT. 7TH



### **Marriage Encounter Weekend**

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The next Marriage Encounter Weekend is November 9-11 in San Jose.

Visit [sanjosewwme.org](http://sanjosewwme.org) for more info, or contact Ken & Claranne at [applications@sanjosewwme.org](mailto:applications@sanjosewwme.org) or 408-782-1413.



**Teach Us to Pray  
September 14 -16, 2018  
Silent Retreat for Women & Men  
Fr. Kevin Leidich, S.J.**

Through explanations and guided exercises, this weekend will introduce clear, simple and practical approaches to developing a prayer life in the Ignatian tradition.

**For more info and to register, please visit  
[www.jrclosaltos.org](http://www.jrclosaltos.org).**

**Art is Prayer Made Visible  
September 16, 2018, 9:30 - 4:00  
Workshop for Women & Men  
Ms. Katie Wolf**

This one day event is designed to bring us together in prayer, creative expression and community. No previous art experience is necessary.

**For more info and to register, please visit  
[www.jrclosaltos.org](http://www.jrclosaltos.org).**

**Join Over 3,000  
of the Faithful**



**Santa Clara Faith  
Formation Conference**

**Thursday, November 29, 2018**

**Friday, November 30, 2018**

**Saturday, December 1, 2018**

to learn more and register visit [www.SCFFC.org](http://www.SCFFC.org)



**Discernment Retreat**

Have you ever thought about becoming a Sister? Do you seek a new path? Are you listening to your heart?

Single Catholic women ages 18 - 40 are invited to a Religious Vocation Discernment Retreat with the Daughters of Charity of St. Vincent de Paul the weekend of **October 26-27, 2018** in Los Altos Hills, California (Bay Area).

If you would like to know more about attending this prayerful and reflective discernment retreat, contact Sister Lisa Laguna, D.C. at 650-949-8890, 213-210-9903, or email us at [srllaguna@doc1633.org](mailto:srllaguna@doc1633.org). Learn more at [www.Daughters-Of-Charity.com/retreats](http://www.Daughters-Of-Charity.com/retreats).

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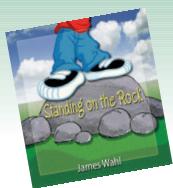
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# Life Matters

For more information go to [www.usccb.org/respectlife](http://www.usccb.org/respectlife)

*Jim and Denise Myrick*

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**408-723-1515**

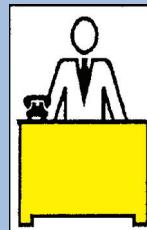
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