



HOLY SPIRIT PARISH

We follow Christ by Living our Faith, Sharing Knowledge and Serving the Community.

Twenty-First Sunday in Ordinary Time

August 25th, 2019



**Growing Our
Friendship
with Jesus**



Training for NEW Altar Servers

Altar Servers have a very important role during Mass and our parish is enriched through their dedication and service. If you would like to become an altar server, join us for one of the next training sessions in the Church

Thursday, September 5th

1:00 - 3:00 PM **Or**

Sunday, September 8th

1:00 - 3:00 PM

If you plan to attend, sign up at:
<https://doodle.com/poll/zaair3r8vstini8m>

Questions? German Scipioni
german@scipioni.org or Carolina
Scipioni carolina@scipioni.org

Note: At least one parent needs to attend the last 15 minutes as we will be reviewing the program and the scheduling.

Who can become an altar server?

- Both boys and girls with a desire to serve the Church
- 5th grade and older
- Have received their First Holy Communion
- Attend Mass regularly

Already an Altar Server? Need a refresher? You are welcome to join us

SEEL (19th Annotation) – The Spiritual Exercises in Everyday Life

The Spiritual Exercises are a compilation of meditations, prayers, and contemplative practices developed by St. Ignatius Loyola to help people deepen their relationship with God. For centuries the Exercises were most commonly given as a "long retreat" of about 30 days in solitude and silence. In recent years, there has been a renewed emphasis on the Spiritual Exercises as a program for lay people.

The most common way of going through the Exercises now is a "retreat in daily life (19th Annotation, SEEL)," which involves an eight-month long experience of daily prayer and weekly meetings with a Director of the S.E.

Retreat will run from September 2019-May 2020.

"Here are some reflections from others who have experienced the Spiritual Exercises"

Fr. Brendan- *"Now more than ever is the time to take an opportunity to grow in friendship with Jesus. Now more than ever, it is important to stay with him and to come to know him better."*

Jim Arena- *"My prayer life before this program was inconsistent, and I remember being encouraged during homilies. Let's just do two minutes a day, and I found myself struggling with making those two minutes meaningful. What the program really helped me do was to find a way to make it (prayer) work for me."*

Colleen Conley- *"Since going through the program, my prayer life has been changed immensely."*

Is the Lord calling you to know him more deeply? What to learn more?

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Holy Spirit School

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Greg Vohs, Interim Principal
Maira Gutierrez-Folchi, Assistant Principal

NOTE FROM OUR PASTOR



As all the schools begin their new year it is exciting to see all their faces at our own school here at the Holy Spirit Parish campus once again. It has been a wonderful start to our school year and the smiles on the faces of the children are energizing. As they get used to rising early again and I greet them coming onto campus, I am witness to their alertness improving each day. It is just wonderful to share the beginning of each day in this way.

The hard work and discipline of school sharpens their minds and allows them to learn new things and deepens their knowledge in all their subjects. It is tempting to think that they can learn without the discipline of instruction and homework, but the reality is that we cannot learn much without the discipline of school. It does not need to be rigid or harsh discipline, but we all need discipline to learn.



That word "discipline" is the root word for "disciple", and it used by the author of Hebrews in today's reading. Jesus refers to the "narrow gate" that requires tenacity and discipline. Scripture reminds us of the need to "apply" our learning to our discipleship and go deeper with the Lord every day. The best way to do this is to remind ourselves that we are on a journey of faith which will require of us the humility to learn new ways to be disciples.

I know I sound like a broken record, but it is critical to deepen our relationship with Jesus and hear where he is calling us to grow. We need PRAYER. We need to move closer to Jesus so we can understand how God wants us to lead our lives for the good of all, including ourselves.

There are times that life throws curve balls at us and we lose our way a little. That is where community comes in and plays a significant role in getting us back on track. Over the next two weekends, we will be promoting the new *Growing in Friendship with Jesus* series coming up this Fall. We will also promote a full weekend retreat on October 18-20 at the Jesuit Retreat Center in Los Altos given by me personally called "*Hard Resetting Your Spiritual Life.*"

I would like you to consider joining us on this journey of deepening our friendship with Jesus. At the very least, I would love for you to join us in one of the plantings sessions that begin the week of September 9th. We will be sharing more with you over the weeks ahead so please stay tuned. Just like school we need to learn the discipline to grow our relationship with Jesus through a quality prayer life and invite you to learn something new.

Question of the Week

To who do you give "place of honor" in your home? In our parish?

LIVING THE LITURGY

Ambo

The Ambo is a symbol where we read and proclaim the Word of God. According to the General Instruction of the Roman Missal, the dignity of the Word of God requires that in the church there be a suitable place from which it may be proclaimed and toward which the attention of the faithful naturally turns during the Liturgy of the Word.

It is appropriate that generally the ambo be stationary, somewhat elevated, with suitable design and nobility, and not simply a movable lectern. The ambo must be located in keeping with the design of each church in such a way that the ordained ministers and instituted lectors may be clearly seen and be heard by the faithful. The dignity of the ambo requires only a minister of the Word should stand by it.

From the ambo only the readings, the Responsorial Psalm, and the Easter Proclamation (the Exsultet) are to be proclaimed; likewise, it may be used for giving a homily and for announcing the intentions of the Universal Prayer or the Prayer of the Faithful (at Holy Spirit Parish, it is known as the Intercessory Prayer).

A separate and a very simple lectern should be used by a cantor, song leader, commentator, and reader of the announcements. Again, the Ambo is reserved only for the proclamation of the Word of God.



READINGS FOR THE WEEK

M 8/26 1 Thes 1:1-5, 8b-10; Ps 149:1b-6a, 9b; Mt 23:13-22

T 8/27 1 Thes 2:1-8; Ps 139:1-6; Mt 23:23-26

W 8/28 1 Thes 2:9-13; Ps 139:7-12ab; Mt 23:27-32

TH 8/29 1 Thes 3:7-13; Ps 71:1-4a, 5-6ab, 15ab, 17; Mk 6:17-29

F 8/30 1 Thes 4:1-8; Ps 97:1, 2b, 5-6, 10-12; Mt 25:1-13

S 8/31 1 Thes 4:9-11; Ps 98:1, 7-9; Mt 25:14-30

Su 9/1 Sir 3:17-18, 20, 28-29; Ps 68:4-7, 10-11; Heb 12:18-19, 22-24a;
Lk 14:1, 7-14



Weekend Masses

Saturday 5:00 p.m.
Sunday 8:00, 9:30 & 11:30 a.m.
6:00 p.m.

Daily Mass / Communion Service

Monday - Friday 8:30 a.m.

Daily Holy Hour

Monday - Friday 7:30 a.m.

Daily Rosary

Monday - Friday 9:15 a.m.

Holy Days of Obligation

8:30 a.m. & 7:00 p.m.

Eucharistic Adoration & Reconciliation

First Friday of the month
7:00 - 8:00 p.m.

Reconciliation

Saturdays at 4:00 p.m.
or by appointment

MASS INTENTIONS

M 8/26 8:30 Robert Sanders †

S 8/31 5:00 Holy Spirit Parish

SU 9/1 8:00 Holy Spirit Parish

9:30 Renee Lowrance †
Asuncion Sanchez †
Francisco Perez †

11:30 Rahul Pinto †
Simone Scampuddu†

6:00 Doreen & Andy
Williams

PRAYER REQUESTS

For those who are ill:





Survival Sack Distribution

Holy Spirit parishioners continue to volunteer to distribute Survival Sacks at Sacred Heart Community Center. We gather on the first and third Thursdays of the month to distribute Survival Sacks, organize supplies, make hygiene kits, and fill backpacks. Sacks are provided to those who are homeless and living on the streets of San Jose, usually about 40 on each distribution day. We have the privilege of looking for the face of Christ in each of our clients.

Survival Sacks will be distributed on **Thursday, September 5th and again on Thursday, September 19th.** The signup link can be found on the parish website. Signups for September 5th and 19th will open on August 26th. *Volunteers must be 16 or older.* We meet at Sacred Heart at 8:45 a.m..



SECOND OFFERINGS

September 1st	No Second Collection
September 8th	Catholic Education



ESL at OLR Needs Your Help!!!

We are in need of volunteers to help teach adult classes in English as a Second Language over at Our Lady of Refuge Church (2265 Lucretia Blvd, San Jose) on Tuesday and Thursday evenings from 7:00-8:30 p.m.

The only requirements are knowing how to speak English, get fingerprinted and complete a short training through VIRTUS. Please consider this ministry. It is very rewarding! If you have any questions or would like to sign up please contact Jim Gibbons at jim@gibbons.com.

Watercolor Workshop



Join us for Watercolor Workshop, a Small Christian Community, which meets on Tuesdays at 1:30 to 3:30 in Room 4 of the Parish Hall, beginning September 24.

Contact Chris Cairns at cairns7@pacbell.net to get the Supply List.

No experience necessary! Beginners welcome. Watercolor is a great creative outlet, friendly, and fun."



Saturday Lunch Ministry

We meet in the Parish Hall at 10:30am to make sandwiches and then pack the lunches, which include sandwiches, fruit, cookie, and a drink. After the lunches have been made, we drive to the St. James Park area of downtown San Jose.

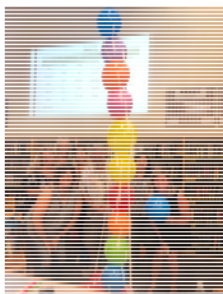
The **lunches are distributed** to everyone in the park. When everyone has been served, part of the group follows the light rail tracks into the center of the city and distributes lunches as they walk. The part of the group who remains in the park **cleans up litter.** Even litter that isn't part of the Holy Spirit lunches will be cleared away.

We invite ten families to join us **every 1st Saturday of the month***. We ask for a one to one ratio of adults to students as parents need to be with their child especially during the distribution in St. James Park. Student participation is limited to sixth grade and older. A donation of \$10 is asked from each family to cover the cost of food and supplies.

Please join us for our next Saturday Lunch Ministry on September 7th. Sign up at www.holyspirtchurch.org/sandwich-ministry.

Getting Down to Business

Our students are settling in to the routines of a new school year, but before they even set foot on campus our teachers were hard at work preparing for their arrival. At the first staff meeting of the school year, our principal, Mr. Greg Vohs and Assistant Principal Mrs. Maira Gutierrez-Folchi set the tone for a year of coming together as a school community to let our light shine and encourage our students to let theirs shine too.



At the end of the meeting, the winning team of teachers worked together to make a tower 12-balloons high!



Later that evening, our School Advisory Board also convened in the library to prepare for the school year ahead. This marvelous group of volunteer parents, administrative staff and parish partners is an integral part of Holy Spirit School.

If you're interested in joining our wonderful school community, please call 408.268.0794 ext. 1113.

MSDYR Recap

On August 5-8, 20 youth and leaders joined the Diocesan Middle School Retreat. All together, there were 100 middle school youth, 30 high school peer leaders, and 35 adult leaders. This retreat has seen tremendous growth after it's inaugural year last year. It was awesome seeing the middle school youth being so engaged in reflection and in community with each other.



Youth Ministry Registrations

Registrations for Edge Middle School Ministry and 3sixty High School Ministry are now up on the website. Please consider registering for these wonderful and uplifting ministries. 3sixty kicks off on **Sunday, September 8** and **Edge on Wednesday, September 11**. More details to follow. Contact Row at row.david@dsj.org, for any questions.

Confirmation

Registrations for Confirmation will open up next weekend. Prospective candidates may enroll as early as the 7th grade. Confirmation is a two-year process for middle school youth. Youth in high school will be on a separate track. Registrations are all online. Please visit the parish website at holyspiritchurch.org.

Catholic IQ Quiz



1. Which of the following saints is a patron of bakers.

- Lawrence
- Anthony of Egypt
- Elizabeth of Hungary
- Nicholas of Tolentino

2. Which was Jesus' first public miracle?

- Feeding of the 5,000
- Walking on water
- Curing the man born blind
- Changing water into wine

3. Which liturgical color would the priest wear most often?

- Red
- White
- Purple
- Green

4. Which is not one of the Stations of the Cross?

- Veronica Wipes Jesus' Face
- Jesus Falls a Fourth Time
- Jesus Meets the Women of Jerusalem
- Jesus is Buried

This week's answers:

- c, Elizabeth of Hungary
- d, Changing water into wine
- d, Green
- b, Jesus Falls a Fourth Time

Professional In-Home Care



A growing number of families are taking advantage of in-home care to help them balance caregiving, their jobs and other responsibilities. In-home care keeps elderly loved ones safe at home, no matter where they live. Skilled nursing care can be provided in the home. Less-costly nonmedical home care services may include:

Personal care and hygiene, such as bathing, dressing, grooming, toileting and assistance with transferring from bed to chair.

Housekeeping and laundry

Meal planning and preparation.

Transportation to health appointments, shopping and activities.

Medication reminders.

Socialization and companionship.

Memory care and supervision for clients with Alzheimer's or other cognitive impairment.

Serving as a liaison for out-of-town family caregivers to provide reassurance and peace of mind.

Professional home care can provide high-quality care for your loved one while supporting family members. This is a topic to discuss earlier rather than later and should also be part of financial planning.

WEEK AT A GLANCE

Dates subject to change. View our complete calendar at: www.holyspiritchurch.org

MON 8/26	11:00 a.m. 12:00 a.m. 3:00 p.m. 5:30 p.m. 7:15 p.m. 8:00 p.m.	Maureen Redmond Funeral Mass Widow's Faith Group Children's Choir Practice Faith Formation Classes Men's Faith Group AA Meeting	Church Classroom 2 Church Parish Hall Classroom 2 Classroom 3
TUE 8/27	6:00 p.m. 6:30 p.m.	Holy Spirit Back to School Night (6-8) Music Practice	Church/School Church
WED 8/28	6:30 a.m. 9:00 a.m. 6:00 p.m. 7:00 p.m.	Men's Faith Group Bridge Holy Spirit Back to School Night (pk-5) Music Practice	Parish Office Parish Hall Church/School Parish Hall
THU 8/29	8:30 a.m.	School Mass	Church
FRI 8/30	9:30 a.m.	Al-Anon Meeting	Parish Hall
SAT 8/31	9:30 a.m. 5:00 p.m.	Small Community of Faith No CLOW-Holiday	Be Still Room Parish Hall
SUN 9/1	9:30 a.m. 9:30 a.m. 10:45 a.m.	No Nursery-Holiday No CLOW-Holiday No Faith Formation Classes-Holiday	Parish Hall Parish Hall Parish Hall

CLOW Help is Needed

What is CLOW?

CLOW stands for "Children's Liturgy of the Word," offered at Saturdays' 5 pm Mass & Sundays' 9:30 am Masses for all children in grades first through fifth grade.



CLOW is a wonderful opportunity for the children to break open the Gospel through readings, reflection, and prayers in a "kid-friendly" environment.

Consider becoming a catechist (once a month)! All materials will be provided.

Please note that all adult volunteers must be fingerprinted and participate in an online Safe Environment Training.

Please contact Merry Reardon at: merry.reardon@dsj.org or Melissa Brush at: Melissa.brush@dsj.org if you are interested in learning more about this important ministry to children.

Growing Your Faith
Men's Fall Cursillo Weekend
October 3-6, 2019
Women's Fall Cursillo Weekend
October 17-20, 2019



A great opportunity to deepen your relationship with Jesus happens this Fall.

Consider going on a **Cursillo** weekend. Described as a short course on Christianity, Cursillo combines prayer, learnings, heartfelt talks, good food, and fun.

You'll meet people just like you who desire a stronger Catholic-Christian Faith. Leaders and speakers have a passion for the Faith.

A Cursillo weekend runs from Thursday after dinner through Sunday afternoon.

Let a friend know about this opportunity and encourage your spouse, too.

If you haven't attended a Cursillo, decide to go this Fall. If you have attended a Cursillo, invite a friend.

For more information, contact John Greene / (408) 460-3099

www.sanjosecursillo.org/sponsorship

The poster for "A Vigil for Migrants at the Border" features a woman on the left holding a child, and a group of people walking on the right. The background is a light, textured surface with barbed wire. The text is in a bold, purple font.

**A VIGIL
FOR MIGRANTS AT THE BORDER**

DATE: SEPTEMBER 4 • **TIME:** 7 PM
LOCATION: OUR LADY OF GUADALUPE PARISH, 2020 E. SAN ANTONIO STREET, SAN JOSE
SPONSOR: DEPARTMENT FOR EVANGELIZATION - OFFICE OF LIFE, JUSTICE & PEACE

 **DIOCESE OF
SAN JOSE**

The Vigil is being held in solidarity with the migrants who have died attempting to cross the border between the US and Mexico.