



HOLY SPIRIT PARISH

We follow Christ by Living our Faith, Sharing Knowledge and Serving the Community.

Twentieth Sunday in Ordinary Time

August 18th, 2019

Bethlehem Artworks



SEEL (19th Annotation) – The Spiritual Exercises in Everyday Life

The Spiritual Exercises are a compilation of meditations, prayers, and contemplative practices developed by St. Ignatius Loyola to help people deepen their relationship with God. For centuries the Exercises were most commonly given as a “long retreat” of about 30 days in solitude and silence. In recent years, there has been a renewed emphasis on the Spiritual Exercises as a program for lay people.

The most common way of going through the Exercises now is a “retreat in daily life (19th Annotation, SEEL),” which involves an eight-month long experience of daily prayer and weekly meetings with a Director of the S.E.

Retreat will run from September 2019 -May 2020.

Is the Lord calling you to know him more deeply? What to learn more?

Information Night: Wednesday **August 21st** 7pm in the Parish Hall

Contacts:

Linda Cunha-Ricchio

lindacr@sbcglobal.net
(408) 691-3636

Merry Reardon

Merry.reardon@dsj.org
(408) 997-5112

Beautiful hand-made olive wood religious articles made by Catholic families in Bethlehem and Jerusalem will be on sale **this weekend after all the masses.**

Bethlehem Artworks is a non-profit organization that provides assistance to over 100 plus suffering families each week.

Please stop by the tables outside and take a look at our beautiful handmade rosaries, statues, crosses and nativities.

They will make a wonderful present for family and friends; or an opportunity to add a beautiful hand carved religious item for your home to be cherished through generations.

The religious articles are made by the suffering Christian families in the Holy-Land, and are their means of spreading the word of Jesus, a goal that began two thousand years ago.

The population in the Holy Land has dropped from over 65% to under 2% just within the last 10 years.

Crafting the religious articles is the primary means for providing for the livelihood of Christian families in the Holy Land.

Hospitality Weekend

AUGUST 17 & 18

Please join us after all Masses

to enjoy complimentary refreshments and the company of your fellow parishioners.

Show your Holy Spirit hospitality by wearing your name badge to Mass every weekend!

Visit our website to order your name badges: holyspiritchurch.org/name-badges.



PARISH DIRECTORY

Parish Office / 408-997-5101
24 Hour Emergency

Rev. Brendan McGuire, Pastor
408-997-5105 brendan.mcguire@dsj.org

Rev. Edgar Elamparo, Parochial Vicar
408-997-5107 edgar.elamparo@dsj.org

Merry Reardon, Pastoral Associate
408-997-5112 merry.reardon@dsj.org

Penny Warne, Pastoral Associate
408-997-5108 penny.warne@dsj.org

Faith Formation 408-997-5112
Baptism 408-997-5115
Initiation 408-997-5112
Marriage 408-997-5115
Sacrament of the Sick 408-997-5110
Pastoral Care 408-997-5110
Social Ministries 408-997-5111
Youth Ministry 408-997-5106
Music Ministry 408-997-5121
Finance Office 408-997-5101

Finance Council John Beck
goya12string@yahoo.com

Pastoral Council Stephanie Kavanagh
stephaniekavanagh2@gmail.com

Holy Spirit School

1198 Redmond Avenue
San Jose, CA 95120
www.holyspirit-school.org
408-268-0794

Greg Vohs, Interim Principal
Maira Gutierrez-Folchi, Assistant Principal

NOTE FROM OUR PASTOR



Over the last few weeks, in both the daily and weekend scripture readings, we have heard some really hard things. And today's gospel takes it to a new level. Jesus seems to be promoting division. "Do you think that I have come to establish peace on the earth? No, I tell you, but rather division. From now on a household of five will be divided, three against two and two against three..." All sorts of people have used this scripture to justify their righteous position and beat up other people as Jesus commanding us to be divisive! However, that is not the original intent of this passage and let me explain why as it is important in the context of our current national climate of division and blame.

Luke is writing to a diverse group of disciples who are experiencing persecution by those who are not Christ-followers and are trying to divide the Christian community against each other. Luke wants to help the Christians understand that there might be a price of suffering for being a disciple and that might cause division. Jesus does not intend to "set out to cause division" but division might happen when we radically follow Christ because other people will find it too hard to accept.

Luke's gospel has four major themes that play out throughout the whole gospel. They are:

Salvation is a joyous surprise

Salvation includes everyone

Special concern for those in need

Mary is the first disciple



Jesus' message that the radical inclusivity of salvation was open to all and his radical inclusivity and concern for those in need was indeed a surprise. The reality was that his message was not necessarily welcomed by the established religion or those in positions of authority or power. And it did indeed cause division because those in authority didn't like it.

As disciples of Christ, we claim his same concern for the those in need, whether in poverty of material possessions or poverty of safety because their own country is not safe. In other words, Jesus stood with those who were poor and sick, and so must we. Jesus stood with those who were refugees and in flight for safety and so must we. Jesus stood with the sinners and the outcast, so must we. That message is still hard for us to hear as much it was 2,000 years ago. Yet we need to hear it again deep in our hearts.

Sometimes what defines us is not what we say or even what we believe but where we stand. Today we need to stand with those most in need, those seeking asylum in our country from oppressive violence in their own country, those who are immigrants seeking a better life. We need policies that will allow us to welcome the stranger and heal the wounded. We need to stand with those broken and wounded.

Question of the Week

To Whom do you give "place of honor" in your home? In your Parish?

LIVING THE LITURGY

Sacred Vestments

It has been customary throughout history that those holding any position of dignity or practicing certain vocations wear some uniform or badge, by which their rank and duties are designed.



This is especially true of the Liturgical vestments worn by a priest, it is another sign or symbol that we see in the celebration of the Eucharist. In the Sacred Scriptures, we read that the priests wore distinctive garments when they were in the temple. These garments were made of fine linens with precious stones and elaborate and intricate designs. It signified their distinct function as priest, performing sacred duties, and giving them the dignity demanded by their exalted office. A priest represents the Person of Christ. This vestment is called the Chasuble, and is worn by the Priest Celebrant at mass.

Priests are not the only one to wear special vestments. The variety of offices or functions within the Church are shown outwardly in the celebration of the Eucharist by the diversity of sacred vestments, which is a sign of the function proper to each minister. The vestment proper to the Deacon is called the dalmatic. In the Dioceses of the United States of America, altar servers, lectors, and other lay ministers may wear the alb, a common sacred garment for ordained and instituted ministers. The alb is to be tied at waist with a cincture.

READINGS FOR THE WEEK

M 8/19 Jgs 2:11-19; Ps 106:34-37, 39-40, 43ab, 44; Mt 19:16-22

T 8/20 Jgs 6:11-24a; Ps 85:9, 11-14; Mt 19:23-30

W 8/21 Jgs 9:6-15; Ps 21:2-7; Mt 20:1-16



TH 8/22 Jgs 11:29-39a; Ps 40:5, 7-10; Mt 22:1-14

F 8/23 Ru 1:1, 3-6, 14b-16, 22; Ps 146:5-10; Mt 22:34-40

S 8/24 Rv 21:9b-14; Ps 145:10-13, 17-18; Jn 1:45-51

Su 8/25 Is 66:18-21; Ps 117:1-2; Heb 12:5-7, 11-13; Lk 13:22-30

Weekend Masses

Saturday 5:00 p.m.
Sunday 8:00, 9:30 & 11:30 a.m.
6:00 p.m.

Daily Mass / Communion Service

Monday - Friday 8:30 a.m.

Daily Holy Hour

Monday - Friday 7:30 a.m.

Daily Rosary

Monday - Friday 9:15 a.m.

Holy Days of Obligation

8:30 a.m. & 7:00 p.m.

Eucharistic Adoration & Reconciliation

First Friday of the month
7:00 - 8:00 p.m.

Reconciliation

Saturdays at 4:00 p.m.
or by appointment

MASS INTENTIONS

W 8/19 8:30 Dolores Fortich †

TH 8/22 8:30 Frederick Lacey †

F 8/23 8:30 John Mattathil
Shuot Ching †

S 8/24 5:00 Holy Spirit Parish

SU 8/25 8:00 Holy Spirit Parish
9:30 Shirley Lee Varni

11:30 Samuel Cancilla †
Haggerty James

6:00 Dale Walters †
BiBi Katami †

PRAYER REQUESTS

For those who are ill:

Gene Conry, Valerie Gold, Alice Moss,
Charles Palodichuk

For those who have recently died

Adolfo Galvan Ulloa, Olivia Nhi Nguyen



Hospitality Weekend

All are invited to join us after Mass for food and fellowship with Hospitality this weekend.

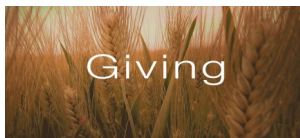
Saturday after the 5:00pm Mass and Sunday after 8am, 9:30am, 11:30am, and 6pm Masses.

Come enjoy light refreshments and fellowship with your faith community.

Don't forget to wear your **Holy Spirit name badge** and meet someone new!

Wearing name badges to Mass and church events is a wonderful way to make friends faster and get to know each other better

Don't have a Holy Spirit name badge? Go to holyspiritchurch.org/name-badges and order yours today!



SECOND OFFERINGS

August 25th	No Second Collection
September 1st	Holy Spirit School



Training for NEW Altar Servers

Altar Servers have a very important role during Mass and our parish is enriched through their dedication and service. If you would like to become an altar server, join us for one of our the next training sessions:

Thursday, September 5th

1:00 - 3:00 PM

Or

Sunday, September 8th

1:00 - 3:00 PM

Meet inside the Church

If you plan to attend, sign up at: <https://doodle.com/poll/zaair3r8vstini8m>

Questions? German Scipioni german@scipioni.org or Carolina Scipioni carolina@scipioni.org

Note: At least one parent needs to attend the last 15 minutes as we will be reviewing the program and the scheduling.

Who can become an altar server?

- Both boys and girls with a desire to serve the Church
- 5th grade and older
- Have received their First Holy Communion
- Attend Mass regularly

Already an Altar Server? Need a refresher? You are welcome to join us.



Saturday Lunch Ministry

We meet in the Parish Hall at 10:30am to make sandwiches and then pack the lunches, which include sandwiches, fruit, cookie, and a drink. After the lunches have been made, we drive to the St. James Park area of downtown San Jose.

The **lunches are distributed** to everyone in the park. When everyone has been served, part of the group follows the light rail tracks into the center of the city and distributes lunches as they walk. The part of the group who remains in the park **cleans up litter**. Even litter that isn't part of the Holy Spirit lunches will be cleared away.

We invite ten families to join us **every 1st Saturday of the month***. We ask for a one to one ratio of adults to students as parents need to be with their child especially during the distribution in St. James Park. Student participation is limited to sixth grade and older. A donation of \$10 is asked from each family to cover the cost of food and supplies.

Please join us for our next Saturday Lunch Ministry on September 7th. Sign up at www.holyspiritchurch.org/sandwich-ministry.

Holy Spirit School News

Welcome Back to School!

Holy Spirit School student ambassadors and student council members greeted our newest students and their families last week.

They scooped and sprinkled countless cups of ice cream at the New Family Welcome Program's Annual Ice Cream Social. It's one of the sweetest ways we welcome the newest members of our community.

Welcome to Holy Spirit School! We are glad you are here!



If you're interested in joining our wonderful school community, please call 408.268.0794 to schedule a tour.

Mass on the Beach Recap

On Saturday, August 3rd, we had our annual Mass on the Beach event at Seacliff State Beach. It was a great day in the sun. The Lord provided us with amazing weather and Mass on the beach front is always a fruitful experience. About 100 people gathered for Mass including some people who just happened to walk by and joined in! A big thank you to all those who came and helped!



Youth Ministry Registrations

Registrations for Edge Middle School Ministry and 3sixty High School Ministry are now up on the website. Please consider registering for these wonderful and uplifting ministries. 3sixty kicks off on **Sunday, Sept. 8** and Edge on **Wednesday, Sept. 11**. More details to follow.

Confirmation

Registrations for Confirmation will open up next weekend. Prospective candidates may enroll as early as 7th grade. Confirmation is a two-year process for middle school youth. Youth in high school will be on a separate track. Registrations are online. Visit the parish website for info. and for the link to register. Contact Row at row..david@dsj.org, with questions.



Growing Your Faith

Men's Fall Cursillo Weekend

October 3-6, 2019

A great opportunity to deepen your relationship with Jesus happens this Fall.

Consider going on a **Cursillo** weekend. Described as a short course on Christianity, Cursillo combines prayer, learnings, heartfelt talks, good food, and fun.

You'll meet people just like you who desire a stronger Catholic-Christian Faith. Leaders and speakers have a passion for the Faith.

A Cursillo weekend runs from Thursday after dinner through Sunday afternoon.

Let a friend know about this opportunity and encourage your spouse, too.

If you haven't attended a Cursillo, decide to go this Fall. If you have attended a Cursillo, invite a friend.

For more information, contact John Greene / (408) 460-3099

www.sanjosecursillo.org/sponsorship



Summer Heat and Caregiving

The dog days of summer can complicate caregiving. Many seniors and vulnerable adults with medical challenges, cognitive diseases, dementia or Alzheimer’s, are sensitive to temperature extremes-- whether too hot (high Summer temps) or too cold (overly-air conditioned rooms). The result presents as low motivation, appetite and activity levels that aren’t good for their health. Here are some ways to keep up with your loved one’s health care, socialization and exercise needs during the extreme heat of summer:

Use mobile health care.

During milder weather, getting out of the house for appointments provides cognitive stimulation and social interaction. But in the sizzling summer months, take advantage of a home health practitioner who makes house calls, mobile labs that come to the house to collect blood or urine samples, and other services. Postpone non-essential appointments on particularly hot days or days with bad air quality.

Bring in friends, services & exercise.

Invite friends over for meals or short visits, so both care receiver and caregiver have

WEEK AT A GLANCE			
Dates subject to change. View our complete calendar at: www.holyspiritchurch.org			
MON 8/19	9:30 a.m. 3:00 p.m. 5:30 p.m. 7:15 p.m. 8:00 p.m.	Prayer Shawl Ministry Children’s Choir Practice Faith Formation Classes Men’s Faith Group AA Meeting	Classroom 3 Church Parish Hall Classroom 2 Classroom 3
TUE 8/20	6:30 p.m.	Music Practice	Church
WED 8/21	6:30 a.m. 2:30 p.m. 6:00 p.m. 7:00 p.m.	Men’s Faith Group Pastoral Care Meeting SEEL Information Night Music Practice	Parish Office Church Office Parish Hall Church
THU 8/22	8:30 a.m.	Opening School Mass	Church
FRI 8/23	9:30 a.m.	Al-Anon Meeting	Parish Hall
SAT 8/24	9:30 a.m.	Small Community of Faith	Be Still Room
SUN 8/25	9:30 a.m. 10:45 a.m.	Nursery Faith Formation Classes	Parish Hall Parish Hall

opportunities to socialize with others. Hire physical therapists, massage therapists and exercise trainers who make house calls. Utilize your swimming pool, indoor steps and household items to offer variety in exercise. Even getting up from a chair and sitting down 10 times is good for balance and strength.

Watch fluid intake.

Even with staying inside most of the summer, increased fluids are still necessary. Seniors often don’t feel thirsty, so frequently remind your loved one to sip water. Be cautious of sugar intake. With a doctor’s consent, electrolyte supplements may also be beneficial. Insulated cups with straws ensures that drinks stay cooler and, for some reason, straws seem to encourage more drinking.

Get your four-legged friends involved.

Daily walks are still important — for both pets and their owners — but remember that hot weather is hard on animals, too. Make sure their water bowls are full, and don’t forget that hot pavement can burn paws. Try to save outdoor walks for earlier morning and later evening when shade and cooler temps are more prevalent.

(Adapted from AARP Blog by Amy Goyer, posted 2014.)

For more resources on family caregiving and pastoral care, contact Leah Harris at 408-997-5110.



Diocesan Council of Filipino Catholics
Diocese of San Jose

Invites everyone to
**A CELEBRATION OF THANKSGIVING
HONORING THE BLESSED MOTHER**

"Alay Pilipino Para Sa Mahal Na Ina"



OUR LADY OF ANTIPOLO

Saturday, August 24, 2019

Procession begins at 10:00AM

Eucharistic Celebration at 11:00 A.M.

**To be held at Holy Family Church
4848 Pearl Ave., San Jose, CA 95136**

For More Info:

Lou Concepcion (408) 439-9414

Poi Buenaventura (408) 729-7228

Marilyn Pablo (408) 834-9577