



# HOLY SPIRIT PARISH

We follow Christ by Living our Faith, Sharing Knowledge and Serving the Community.

Second Sunday of Advent

December 8th, 2019

## Join Us for Advent Reconciliation



The Holy Father stresses that forgiveness of our sins is not something that we can give ourselves. In confession, we ask forgiveness from Jesus. "Forgiveness is not the fruit of our own efforts but rather a gift, it is a gift of the Holy Spirit who fills us with the wellspring of mercy and of grace that flows unceasingly from the open heart of the Crucified and Risen Christ." Pope Francis Please join us on Tuesday, **December 10th** from 7:00 p.m. to 9:00 p.m., as we celebrate Advent Reconciliation as a parish.



This Christmas, we invite you to share joy by giving opportunity in rural Nicaragua by gifting a modern bathroom, a clean air kitchen, two daily meals for a student for a year and many other options. Your generosity and support will bless a child, family, and an entire community. Whether it is the health of a family, their economic development, or education, your support will have a lasting impact.



## Christmas Mass Schedule



### Christmas Eve Schedule

4:00 pm in the Gym  
4:00 pm in the Church  
6:30 pm in the Church  
9:00 pm in the Church  
12:00 am in the Church

### Christmas Day Schedule

8:00 am in the Church  
9:30 am in the Church  
11:30 am in the Church

### How it Works:

1. Purchase gifts online for your loved ones, friends, co-workers or company by visiting <http://amigosforchrist.org/gohs/>.
2. Your recipient receives a beautiful card and keepsake ornament that explains the impact of their gift.
3. Families or communities in Nicaragua receive opportunities that will change their lives.

Don't forget to double your impact as many companies match gifts to non-profit organizations.

## PARISH DIRECTORY

**Parish Office /** 408-997-5101  
**24 Hour Emergency**

Rev. Brendan McGuire, Pastor  
408-997-5105 brendan.mcguire@dsj.org

Rev. Edgar Elamparo, Parochial Vicar  
408-997-5107 edgar.elamparo@dsj.org

Merry Reardon, Pastoral Associate  
408-997-5112 merry.reardon@dsj.org

Penny Warne, Pastoral Associate  
408-997-5108 penny.warne@dsj.org

Faith Formation 408-997-5112

Baptism 408-997-5115

Initiation 408-997-5112

Marriage 408-997-5115

Sacrament of the Sick 408-997-5110

Pastoral Care 408-997-5110

Social Ministries 408-997-5111

Youth Ministry 408-997-5106

Music Ministry 408-997-5121

Finance Office 408-997-5101

Finance Council John Beck  
goya12string@yahoo.com

Pastoral Council Stephanie Kavanagh  
stephaniekavanagh2@gmail.com

### **Holy Spirit School**

1198 Redmond Avenue  
San Jose, CA 95120  
www.holyspirit-school.org  
408-268-0794

Greg Vohs, Interim Principal  
Maira Gutierrez-Folchi, Assistant Principal

## NOTE FROM OUR PASTOR



I hope you had a great Thanksgiving holiday with family and friends. Last weekend, we entered the Advent season and the beginning of a new Church year. It is a season to joyfully anticipate the Lord's coming. But we are also called to be part of the coming of Christ in the way we treat each other. St. John of the Cross said, "In the evening of our life, we will be judged not on how well we will have lived but how well we have loved." In that case we need to be watchful for opportunities to help others and to be the living message of Christ today.

This weekend we celebrate the Second Sunday of Advent. It is an opportunity for us to start anew in our spiritual lives. It is an opportunity to slow down and take all of life into our hearts and see where the Lord is calling us to serve.

I know that this season, many of you will connect and will volunteer at Sacred Heart Community Service and serve those in need there. Others of you will help raise and collect gifts for needy children with our Toy Program. Still more of you are getting ready to serve in our Village House shelter for women experiencing homelessness.

This weekend we launch our *Gifts of Opportunity* program for those in need in Nicaragua. We ask you to consider giving an alternative gift in lieu of a regular gift to a loved one. These gifts literally change the course of people's lives forever. John Bland was here thanking us and asking us to step up again this year. Thank you as always.

When we reach into our pockets or go online and give a little, we are not just helping someone in Nicaragua, we are changing the trajectory of their lives forever. We will lift them out of extreme poverty and the debilitating reality of *life on less than a \$1 a day*. When we give a little, we will change their lives a lot. They will survive better on \$4 a day but our hope and dream for them is to lift them out completely and get them on \$10 a day through these gifts of opportunity where they can pull themselves out of poverty permanently.

Come and join me in giving a life changing gift this Christmas.



## Question of the Week

How can I be prepared to be a messenger for the Kingdom?

### Immaculate Conception

The Immaculate Conception of the Blessed Virgin Mary is the Patronal Feast day of the United States of America. Pope Francis says the Gospel story of the announcement of the Birth of Jesus helps us to understand what we are celebrating. Through the Angel Gabriel's greeting, he addresses Mary with the word "kecharitomenē", which means "highly favored one", "having been favored one", "having been graced", "filled with grace", "created by grace", "full of grace" (Lk 1:28).



What does full of grace mean? Pope Francis says that Mary is filled with the presence of God. And if she is entirely inhabited by God, there is no room within her for sin. She is the one "evergreen oasis" of humanity, the only one uncontaminated, created immaculate so as to fully welcome, with her *fiat*, God who came into the world, i.e. God made flesh.

The Council of Trent promulgated a dogmatic decree that all men and women are born tainted by original sin caused by the fall of Adam and Eve at the beginning of time with the exception of Mary, Jesus' mother. The Church Fathers believed that the Annunciation story indicates that Mary was bestowed with the divine fullness of grace, a heavenly gift conferred by and poured from the power of God and was never subject to the curse of original sin. Additionally, it would not be fitting for Mary, carrying the Son of God in your womb, to be stained by sin.

This dogma, *Ineffabilis Deus*, declared that the most Blessed Virgin Mary, in the first instance of her conception, by a singular grace and privilege granted by the Almighty God, in view of the merits of Christ Jesus, the Savior of the human race, was preserved free from all stain of original sin, all fair and perfect. That is what we celebrate on the Feast of the Immaculate Conception.

### READINGS FOR THE WEEK

- M 12/9    Gn 3:9-15, 20; Ps 98:1-4; Eph 1:3-6, 11-12; Lk 1:26-38
- T 12/10    Is 40:1-11; Ps 96:1-3, 10ac, 11-13; Mt 18:12-14
- W 12/11    Is 40:25-31; Ps 103:1-4, 8, 10; Mt 11:28-30
- TH 12/12    Zec 2:14-17 or; 12:1-6a, 10ab; Jdt 13:18bcde, 19; Lk 1:26-3
- F 12/13    Is 48:17-19; Ps 1:1-4, 6; Mt 11:16-19
- S 12/14    Sir 48:1-4, 9-11; Ps 80:2ac, 3b, 15-16, 18-19; Mt 17:9a, 10-13
- S 12/15    Is 35:1-6a, 10; Ps 146:6-10; Jas 5:7-10; Mt 11:2-11

### Weekend Masses

Saturday    5:00 p.m.  
 Sunday     8:00, 9:30 & 11:30 a.m.  
                   6:00 p.m.

### Daily Mass / Communion Service

Monday - Friday 8:30 a.m.

### Daily Holy Hour

Monday - Friday 7:30 a.m.

### Daily Rosary

Monday - Friday 9:15 a.m.

### Holy Days of Obligation

8:30 a.m. & 7:00 p.m.

### Eucharistic Adoration & Reconciliation

First Friday of the month  
 7:00 - 8:00 p.m.

### Reconciliation

Saturdays at 4:00 p.m.  
 or by appointment

### MASS INTENTIONS

- M 12/9    8:30    Kathy Moritz †
- TH 12/12 8:30    Rose Jones  
                   Kathy Moritz †  
                   James Doyle †
- S 12/14    5:00    Jack Shaughessy †  
                   Felicia Quadrini †
- SU 12/15 8:00    Holy Spirit Parish  
                   9:30    Holy Spirit Parish  
                   11:30    Holy Spirit Parish  
                   6:00    William Loeffler †  
                   Teofia Sarmento

### PRAYER REQUESTS

#### For those who are ill:

Sam Imrisek,  
 Zach Richard

#### For those who have recently die

George Nikaido,  
 Tuan Nguyen,  
 Cynthia Wotel



## STEWARDSHIP

### Village House Shelter Opens January 3; Sign-Up Now!

The Village House shelter for homeless women begins its 5th year on **January 3**. The Shelter offers a wonderful opportunity for parishioners to live out Christ's message of serving our homeless neighbors through love and compassion!

Our evening shelter will operate from 7pm – 7am seven days per week, **January 3 – February 3**. The Episcopal Church of Almaden will operate a day center during the daytime hours. Volunteer opportunities are available to help with -

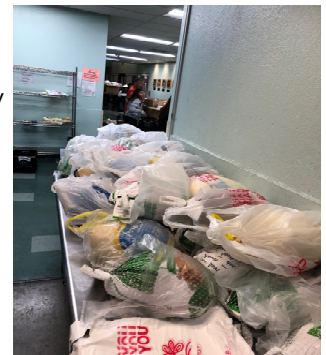
- ◆ *Intake and registration*
- ◆ *Morning meals*
- ◆ *Daily lunch*
- ◆ *Evening meals*
- ◆ *Laundry*
- ◆ *Overnight monitors*
- ◆ *Overnight setup*
- ◆ *Transportation*



Sign ups are open on the Holy Spirit website Village House webpage; <https://holyspiritchurch.org/village-house>. Screening is required by the Catholic Diocese of San Jose for those volunteers in close contact with our shelter guests. For more information on volunteer opportunities or screening requirements, contact Frank Ricchio at [frankricchio@sbcglobal.net](mailto:frankricchio@sbcglobal.net).

### Turkeys and Tarps “Thank You”

for your generosity and support of this year's Turkey and Tarps Drive. Holy Spirit parishioners generously contributed over \$9,500 to support Sacred Heart Community Services. We presented a check for \$5,000 to Sacred Heart to support the Thanksgiving dinners they provide their customers, and we will use the remaining \$4,500 to purchase tarps to help the homeless community in Santa Clara County this winter.



Please keep the families and individuals who benefit from your generosity in your prayers. We pray that they have a safe and blessed winter and holiday season, and that they know that their brothers and sisters at Holy Spirit Parish are with them.

**Again, thank you for living your faith by sharing your generous spirit!**

"A THANK YOU to all the parishioners who volunteered for their Thanksgiving Program. Your helpful hands contributed to 3,660 food boxes being packed and distributed over 91,500 pounds of food!"

**FAITH.**



Our 2<sup>nd</sup> graders recently performed the annual “Saints Play” reminding us of the special friends we have to model a holy life.

**KNOWLEDGE.**



Our 8<sup>th</sup> graders built and launched rockets as part of their science lessons.

**COMMUNITY.**



Principal, Mr. Greg Vohs prepared pancakes for all the students who “let their light shine” during the first trimester. Students were recognized by their teachers who shared a reflection of their students’ kind deeds.

To learn more about Holy Spirit School, please mark your calendar for our January 26 Open House or call 408.268.0794.

**3sixty High School Ministry**



3sixty is back after the 6pm Mass Our evening will cap off our semester **Belong** series.

We will explore the importance of our specific role in the Church and to inspire to serve and build community.

Next Sunday, 3sixty will be having a Praise & Worship night. This night will help lead us into preparation for Christ’s birth.

**Edge Middle School Ministry**



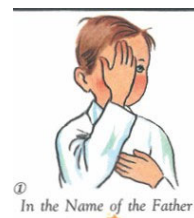
Our next Edge night will be on Wednesday, **December 11<sup>th</sup>** for an Advent and Christmas social night. All middle school youth are invited to attend this fun evening.

**Confirmation Year 2**



The next session for the year 2 group will be on Wednesday, **December 18<sup>th</sup>** at 6:30pm in the Church.

**A Refresher  
Why We do  
What We do!  
Part 5**



Why do Catholics start their prayers with the sign of the Cross?

This practice tends to be particularly uncomfortable and challenging for Protestants who are joining Catholics for worship (or joining the Catholic Church). As Catholics, there are a couple of reasons that we begin all our prayer “In the name of the Father, and the Son and the Holy Spirit” while making the sign of the Cross on our body. First of all, we are calling on the whole Being of God—the Trinity. We are reminded that when we pray, even if we single out one of the members of the Trinity (like praying specifically to Jesus or the Father), we are always engaging a whole God. All Three are always present, all three make up the One God. The other part of this is the act of making the sign of the cross on ourselves. We do this as a reminder that while we are addressing the Trinity in our prayer, we come to God in humility; understanding that we are only saved by the sacrifice that Jesus made for us on the Cross. Our whole relationship with God begins and ends with this selfless act of Jesus, and we are called to imitate the love He has for us, by making sacrifices for others. We communicate with God in the hope of becoming more like God; which means that we have to be as selfless as we can be—like Jesus.

**Caring For Yourself During the Holidays**



Despite the many joys of the Season, the holidays can add a heavy load of duty and responsibility which cause feelings of stress to soar. Caregivers, parents, and those carrying grief in their hearts are especially affected by this added stress. So, how do you limit the triggers of stress or at the very least, cope with the stress that is sometimes unavoidable?

- ◇ Make a to-do list/organize, then eliminate any unnecessary commitments
- ◇ Call on your support network
- ◇ Learn to say "No, thank you."
- ◇ Don't aim for perfection
- ◇ Laugh – it's good for your body and your soul!
- ◇ Maintain your health/diet/exercise
- ◇ Spend devoted time with immediate family (this replenishes and alleviates guilt)
- ◇ Remember to breathe – take deep slow breaths to calm mind and body
- ◇ Journal and *pray*

"Self-care is not selfish."  
Throughout the holiday season, and year-round, remember to be good to yourself. Caregivers work very hard and deserve quality time to meet their own emotional needs. Only by replenishing our own reserves can we continue to give to others.

**WEEK AT A GLANCE**

Dates subject to change. View our complete calendar at: [www.holyspiritchurch.org](http://www.holyspiritchurch.org)

MON 12/9	8:30 a.m. 3:15 p.m. 5:30 p.m. 6:30 p.m. 7:00 p.m. 7:00 p.m. 7:15 p.m. 8:00 p.m.	<b>Mass for the Feast of the Immaculate Conception</b> Children's Choir Rehearsal Faith Formation Classes Music Rehearsal EMOE Training Parish Council Meeting Men's Faith Group AA Meeting	Church Church Parish Hall Church Church Church Parish Office Classroom 2 Classroom 3
TUE 12/10	9:00 a.m. 1:15 p.m. 7:00 p.m. 7:00 p.m. 7:00 p.m. 7:00 p.m.	Women's Faith Sharing Water Color Workshop Reconciliation 3Sixty Core Team Meeting Women's Faith Sharing SMOC Meeting	Parish Hall Classroom 4 Church Be Still Room Parish Hall Parish Office
WED 12/11	6:30 a.m. 9:15 a.m. 7:00 p.m.	Men's Faith Group Scripture Study Edge Youth Night	Parish Office Classroom 4 Parish Hall
THU 12/12	9:15 a.m. 7:00 p.m. 7:00 p.m.	5th Grade Retreat GOFJ-Planting Texas Mission Trip Meeting	Church/Parish Hall School Library Parish Hall
FRI 12/13	9:30 a.m.	Al-Anon Meeting	Parish Office
SAT 12/14	9:00 a.m. 5:00 p.m.	GOFJ Planting-Closing Retreat CLOW	Parish Hall Parish Hall
SUN 12/15	7:15 a.m. 9:00 a.m. 9:30 a.m. 9:30 a.m. 10:30 a.m. 10:45 a.m. 5:00 p.m. 7:00 p.m.	Music Rehearsal Music Rehearsal Nursery CLOW Music Rehearsal Faith Formation Classes Music Rehearsal 3Sixty Youth Night	Church Church Parish Hall Parish Hall Church Parish Hall Church Parish Hall



## Retrouvaille

A lifeline for marriages  
Mike & Nancy Demaree  
RetrouvailleSJ@gmail.com  
408-605-4998

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Dear Bulletin Editor or Pastor,

### Another marriage saving weekend is coming soon. Please help families in your community.

Most couples across the nation who have attended Retrouvaille (pronounced retro-vi with a long i) tell us they learned about this program from their weekly Bulletin. Many are afraid to ask their pastor or friends for help with their marriages. Others are just hoping time will make things better.

They tell us that seeing the program announced repeatedly in their Bulletin gave them the courage to pick up the phone and make the call. Most say that Retrouvaille was the lifeline that helped their marriage and their family. **You are our lifeline to them!**

By running the announcement below of the upcoming Retrouvaille weekend right now and continuing to run it every week (if possible) you give troubled marriages and their hurting families a chance to heal. We thank you in advance!

**Marriage Help** – Retrouvaille (pronounced retro-vi) has helped tens of thousands of couples at all stages of disillusionment or misery in their marriage. This program can help you too. For confidential information about or to register for the February program beginning with a weekend on February 7-9, 2020 call 408-605-4998 or email: [SanJose@RetroCA.com](mailto:SanJose@RetroCA.com) or visit the web site at [www.HelpOurMarriage.com](http://www.HelpOurMarriage.com)

**Would you rather just cut 'n paste these announcements into your Bulletin?**  
We can send them via email and make that possible. To receive these announcements via email please email Mike & Nancy Demaree at [RetrouvailleSJ@gmail.com](mailto:RetrouvailleSJ@gmail.com) or call us at 408-227-1759. Thank you for your support!