



HOLY SPIRIT PARISH

We follow Christ by Living our Faith, Sharing Knowledge and Serving the Community.

The Holy Family of Jesus, Mary and Joseph

December 31, 2017

Growing our Friendship with Jesus Winter 2018



Growing Our Friendship with Jesus

Our goal is for all members of the Holy Spirit Parish Community grow in a loving relationship with God through the person of Jesus. The "Growing Our Friendship with Jesus" process was developed to take everyone where they currently are in their faith journey and help them grow their own relationship with Jesus. This adult formation process

strives to fit your busy schedule and support you in your commitment to personal prayer and service to others.

Coming this Winter Season:

Planting: "Lord, Teach Us to Pray"

The planting process provides you with tools and practices that will help you learn to use your daily prayer time. This process is for anyone looking to be more consistent and deliberate in their prayer life.

The participants will be presented methods of creating a sacred space for prayer, developing a routine, and using scripture and other forms of prayer to enrich your prayer experience. In addition to the opening and closing retreats and the 4 week sessions, the participants will be asked to pray and journal daily for up to 30 minutes. At the end of the session, the participants will be ready to attend another planting session or experience one of our cultivation sessions.

Opening Retreat January 20, 2018, half-day 9am-12pm at Holy Spirit

Then choose from:

Tuesday Nights
(Women's Faith Sharing Group)
Jan 23, 30 + Feb 6, 13
7pm-8:30pm

Wednesday Nights
Open to anyone
Jan 24, 31 + Feb 7, 14
7pm-8:30pm

Closing Retreat February 17, 2018, 9am-4pm at Holy Spirit

Please RVSP to Katie Metzger, mmetzger@dsj.org or 408-997-5115. For all other questions contact Merry Reardon mreardon@dsj.org or Leah Harris lharris@dsj.org.

A New Year's Prayer
Dear Lord,
As a New Year begins,
We come to You and
ask for Your Blessing.
We pray that you would give us
joy to fill our days,
peace to fill our hearts,
and love to fill our lives.
Thank You for the plans You
have for us in this new year.
We wait in anticipation to see all
You will do!
Thanking God for you and
praying your new year
is blessed in every way.
Amen.



The parish office will reopen
Tuesday, January 2nd at 8:30 am

PARISH DIRECTORY

Parish Office / 408-997-5101
24 Hour Emergency

Rev. Brendan McGuire, Pastor
408-997-5105

Rev. Angelo David, Parochial Vicar
408-997-5107

Merry Reardon, Pastoral Associate
408-997-5112

Penny Warne, Pastoral Associate
408-997-5108

Faith Formation 408-997-5112

Baptism 408-997-5107

Initiation 408-997-5112

Marriage 408-997-5115

Sacrament of the Sick 408-997-5110

Pastoral Care 408-997-5110

Social Ministries 408-997-5111

Youth Ministry 408-997-5106

Music Ministry 408-997-5121

Finance Office 408-997-5101

Finance Council John McCarthy
mcc14arthy@gmail.com

Holy Spirit School

1198 Redmond Avenue
San Jose, CA 95120
www.holyspirit-school.org
408-268-0794

Peggy Krewson, Co-Principal
Bob Graves, Co-Principal
Colette O'Bannion, Asst. Principal

Question of the Week

Who in my life most shine the light
on Jesus for me?

NOTE FROM OUR PASTOR



On Christmas Eve this year, I preached to the children involved in the pageant about when they go to bed at night whether it is completely dark in their bedroom. They agreed it was never completely dark in their rooms because their parents leave a light on or have a night-light plugged in somewhere.

I reminded them that God did the same thing for us. He gave us his night-light, Jesus Christ as his son born among us, who is the light of the world. That light always stays on and especially comes on when we are in the darkness in our lives. That is the ultimate message of Christmas, that God loves us so much he sent his only Son to dwell among us; His light in midst of our darkness. The darkness can never overcome the light. The light will always shine and his love always overcomes all pain and suffering and even death.

As we come to the last weekend of the calendar year and the end of 2017, it is a message worth repeating. God loves YOU. It is so obvious and yet it needs to be said again and again because our whole life changes when we let that message sink in. To really let that message sink into our hearts requires us to hear it with our hearts and there lies the biggest challenge.



We are so busy with our lives that allowing that message in can be a real hurdle to overcome. It is not that we don't hear that message but that it seems unconnected to our experience of life itself.

Think for a moment of someone who really loves us. Someone who does not judge us but just loves us for who we are. That someone will go the extra mile for us, someone who will do whatever we need, even at their own sacrifice. That person has changed us. When we sit and think about that person, alive or dead, we realize that we are loved and it is amazing to have such a person in our lives. It is life-affirming and also gives meaning to our lives. Any good parent will love their child in that way and despite the teenage years will still love them today.

God loves us in that same way. He is the ultimate Father who loves us children. Today we celebrate the Feast of the Holy Family, Joseph, Mary and Jesus. The ultimate example of a loving family. Many of us had loving families that mirrored imperfectly that Holy Family and we can understand the love of God because of that. Others of us have had rather dysfunctional families and it is hard to conceive of a love of family. And so we have to use our imagination to approximate this love. Thankfully all of us have experienced love in some way and can appreciate the power of love.

Love is the power of God to change our world. When we love, we shine the light of Christ into someone else's world. When we love, we dispel the darkness for someone else albeit briefly. When we love, we become part of that Holy Family. When we love, we participate in God's very self.

Next week we will open our doors to the Village House shelter for 15 medically fragile women. We will shine the light of Christ into their darkened world. If only for 30 or so days we will love them and show them the way of love.

LIVING THE LITURGY

#FamilyGoals: The Feast of the Holy Family

As the Christmas season continues, we devote particular days to specific purposes regarding the Church and Jesus' life. This Sunday marks the seventh day of the Octave of Christmas, which concludes tomorrow, January 1st 2018. The feast to which we attribute this day is for the Holy Family: Jesus of Nazareth, the Blessed Virgin Mary and St. Joseph. This feast day, as part of the 8-day contemplation of the birth of Jesus that makes up the Octave of Christmas, is the Church's nod to the profundity and sanctity of the Christian Family.



Though not much is said in scripture about the early life of Jesus, the feast we celebrate today speaks volumes about the background of Jesus' upbringing. First instituted and promoted in 1893 by Pope Leo XIII, the feast of the Holy Family presents Mary and Joseph as a prominent model of the Christian Family through the example of their marriage. Though marriage is often thought of as the joining of a man and woman to form a couple, the sacrament of matrimony is actually the establishing of a new Christian family, whose purpose is to foster new life through the love within that family by having raising children. The relationship that Mary and Joseph share is a prime example of this, as their union was exclusive and solely devoted to protecting and raising Jesus, while also observing the religious laws of Israel. They proceeded to present Jesus to the Temple, consecrating him to God (like in the Gospel reading today), and took him on annual pilgrimages to Jerusalem, as is customary to the Jewish faith.

We celebrate the Holy Family as the optimal example of the Christian Family, but we also honor the family as well. This is also exemplified in scripture, when shepherds honor the family when coming to adore baby Jesus, when the magi come from the east to bring gifts to Jesus to be safeguarded by Mary and Joseph, and from Jesus himself, when "He remained obedient to them" (Luke 2:51).

Because Jesus, the Word incarnate, has a special reverence for Mary and Joseph, we are called to as well. We honor the Holy Family today as an example of the continuation of God's Kingdom on Earth, and ask their intercession as we pray for Families today.

READINGS FOR THE WEEK

| | |
|---|---|
| M | Nm 6:22-27; Ps 67:2-3, 5, 6, 8; Gal 4:4-7; Lk 2:16-21 |
| T | 1 Jn 2:22-28; Ps 98:1-4; Jn 1:19-28 |
| W | 1 Jn 2:29 -- 3:6; Ps 98:1, 3cd-6; Jn 1:29-34 |
| T | 1 Jn 3:7-10; Ps 98:1, 7-9; Jn 1:35-42 |
| F | 1 Jn 3:11-21; Ps 100:1b-5; Jn 1:43-51 |
| S | 1 Jn 5:5-13; Ps 147:12-15, 19-20; Mk 1:7-11 or Lk 3:23-28 [23, 31-34, 36, 38] |
| S | Is 60:1-6; Ps 72:1-2, 7-8, 10-13; Eph 3:2-3a, 5-6; Mt 2:1-12 |

Weekend Masses

| | |
|----------|--------------------------------------|
| Saturday | 5:00 p.m. |
| Sunday | 8:00, 9:30 & 11:30 a.m. 6:00 p.m. |

Daily Mass / Communion Service

Monday - Friday 8:30 a.m.

Daily Holy Hour

Monday - Friday 7:30 a.m.

Daily Rosary

Monday - Friday 9:15 a.m.

Holy Days of Obligation

8:30 a.m. & 7:00 p.m.

Eucharistic Adoration & Reconciliation

First Friday of the month
7:00 - 8:00 p.m.

Reconciliation

Saturdays at 4:00 p.m.
or by appointment

MASS INTENTIONS

| | | |
|----|-------|---|
| M | 9:00 | Rahul Pinto † Doreen & Andy Williams |
| T | 8:30 | Diane Salamida † |
| Th | 8:30 | John De Groot † Renee Lowrance † |
| Sa | 5:00 | Leo Berk † Sarah Elliott † Vinette Paslaqua † |
| Su | 8:00 | Doyle Maccree † |
| | 9:30 | Holy Spirit Community |
| | 11:30 | Rich Benedetti † Flor Noriega † |

PRAYER REQUESTS

For those who are ill:
Howard Le Bas, Hendrick Moeller
and Peggy Narron

For those who have recently died

“And Jesus said to him, ‘The foxes have holes and the birds of the air have nests, but the Son of Man has nowhere to lay His head.’”

Luke 9:58



As we continue with our celebration of Christmas nestled down all snug in our beds, many do not have this luxury. It is our turn to host the Village House and provide 15 women who are experiencing homelessness a place to lay their heads and snuggle down, a luxury, on these cold winter nights. When we serve those in need we are really providing a place for Jesus to lay his head.

Our planning team has worked hard to divide the care of these women into convenient work shifts over the period of **January 3rd to February 7th** for a total of 5 weeks. The sign ups are at www.holyspiritchurch.org/village-house/ and needs only you to fill the need. Last year we had well over 300 people who signed up to help and we are in need of as many volunteers again this year. If you are able, please visit the web site to take on a shift or two. Please remember that if you choose to serve as an overnight, intake or campus watch volunteer, you will be required to complete fingerprint clearance and an online training course. If you are not able to share your time this year, please take the time to pray that God's mantle of grace may fall over all 15 women and those involved in the planning and serving for the Village House's stay at Holy Spirit Church.

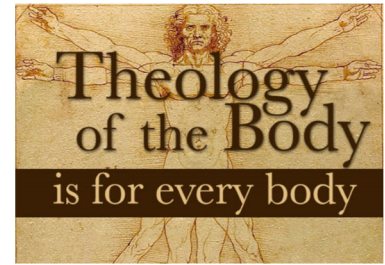
Saturday Lunch Ministry

Please consider joining us in an exciting way to serve others. We meet in the Parish Hall at 10:30am to make sandwiches and pack lunches to distribute in the St. James Park area of downtown San Jose and along the light rail tracks into the center of the city. Part of the group remains in the park cleans up litter. Even litter that isn't part of the Holy Spirit lunches will be cleared away.

We invite ten families to join us each month. We ask for a one to one ratio of adults to students as parents need to be with their child especially during the distribution in St. James Park. Student participation is limited to sixth grade and older. A donation of \$10 is asked from each family to cover the cost of food and supplies.



Our next Saturday Lunch Ministry is January 6th. Sign up at www.holyspiritchurch.org/sandwich-ministry/.



Theology of the Body is the topic of a series of over 100 lectures given by Pope John Paul II between 1979 and 1984. Although many in the series were given as a reflection on the creation of man as male and female, a foundational aspect of these lectures was theological anthropology - an analysis of the nature of humans in relation to God. If we become what we contemplate and feast on, ideally, our relationship with God is a unifying process when we take in the Eucharist, feast on the Word and become a holy temple for Christ. Whether we struggle with one or more of these responsibilities or set it as our highest priority, we are called to build and maintain our temple with the utmost care and respect. Come learn about Pope John Paul II's teaching, how our body processes food and ways to maintain your strength and stamina in order to serve the Lord as he calls you to serve. **Thursday night series, January 11, 18 and 25 at 7pm** in the church.

If you have any questions or would like more information please contact Leah Harris at 408-997-5110.

Ways to Help Kids Make New Year's Resolutions

New Year's Day is the traditional time to celebrate a new beginning, and kids ages 7-12 are at the ideal stage to learn to make resolutions, experts say. "They're still young enough that their habits are not firm," says Christine Carter, Ph.D., author of *Raising Happiness: 10 Simple Steps for More Joyful Kids and Happier Parents*, and a teacher for an online class on helping kids develop happiness habits.

Making resolutions with your children can be fun and exciting, a time for growth and change, and an opportunity for family bonding.

Resolutions also bring families closer, especially when you decide to set goals together. Families could plan to do one charitable thing a month and brainstorm about what that might be. You could pick up trash in the park or donate used clothes and toys to a shelter. "As long as you're working on it together, that's great," Kolari says.

Another idea is for everyone to make two personal New Year's resolutions and two collective family resolutions such as, "Let's visit Grandma more often" or "Let's plan a trip to Disney World."

Many parents suggest doing acts of kindness as part of family New Year's resolutions. "Kindness is the habit holy grail," Dr. Carter says. "It's so universally positive. When kids consciously practice being kinder, it makes them happier people and the world is a better place. As a family, my kids and I think of the people in our lives we can help and we pick one to focus on during the week. For example, we have a neighbor who's retired and loves it when the kids stop and talk for a while. You can't force kids to be kind, but you can float the idea and hope they'll be inspired."

Excerpt from an article by Wendy Schuman, parents.com

Happy New Year!



It's crazy that 2017 just came and went. However upon a little reflection, the 2017 year in ministry proved to be a fantastic year. Here's looking forward to a great 2018 year. We hope you have a wonderful start.

3sixty Winter Retreat



Mark your calendars! 3sixty's Winter Retreat will be on **February 9-11.**

More information will be given at

the next 3sixty youth night and online.

3sixty Youth Ministry

Please note that there is no 3sixty after the 6pm Mass. We resume back on **Sunday, January 7th.**

In that evening we'll recap the 2017 year in multiple aspects and reflect upon ways we can look forward to the new year ahead.



Edge Middle School Ministry

The next Edge youth night will be on **January 10th.** This night will be a great start to the 2018 year. All middle school youth are welcome to attend.

Gifts for Jesus



Our families are enjoying the Christmas break, but before they left, the students covered the classroom walls with Christmas reflections. Most involved the nativity, and the baby Jesus, but many involved the children's gift to baby Jesus.

I would choose a photo of the Holy Family and ask Santa to give it to Jesus.

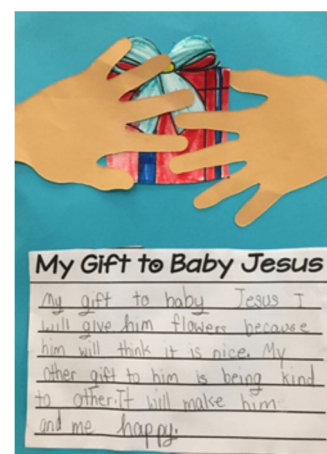
I would give him a poinsettia, I heard the legend of the poinsettia

I would give him my favorite blanket.

My gift would be kindness.

I would give the baby all my prayers.

My gift will be flowers.



My Gift to Baby Jesus
 My gift to baby Jesus I will give him flowers because him will think it is nice. My other gift to him is being kind to other. It will make him and me happy.

Caring For Yourself During the Holidays



Despite the many joys of the Season, the holidays can add a heavy load of duty and responsibility which cause feelings of stress to soar. Caregivers, parents, and those carrying grief in their hearts are especially affected by this added stress. So, how do you limit the triggers of stress or at the very least, cope with the stress that is sometimes unavoidable?

- Make a to-do list/organize, then eliminate any unnecessary commitments
- Call on your support network
- Learn to say "No, thank you."
- Don't aim for perfection
- Laugh – it's good for your body and your soul!
- Maintain your health/diet/exercise
- Spend devoted time with immediate family (this replenishes and alleviates guilt)
- Remember to breathe – take deep slow breaths to calm mind and body
- Journal and pray

Self-care is not selfish. Throughout the holiday season, and year-round, remember to be good to yourself. Caregivers work very hard and deserve quality time to meet their own emotional needs. Only by replenishing our own reserves can we continue to give to others. Are you or someone you know. . . . helping a family member struggling with the Ups & Downs of life?

Continued over.....

Week at a Glance

Dates subject to change. View our complete calendar at: www.holyspiritchurch.org.

| | | | |
|-----------|------------|--|--|
| Monday | 9:00 a.m. | Parish Office Closed Solemnity of Mary, the Holy Mother of God Mass | Church |
| | 8:00 p.m. | AA Meeting | PK1 & Parish Hall |
| Tuesday | 8:30 a.m. | Parish Office Reopens | Parish Hall Room 4 OLR Parish Office |
| | 1:30 p.m. | Watercolor Workshop | |
| | 7:00 p.m. | ESL at OLR | |
| | 7:00 p.m. | Social Ministries Meeting | |
| Wednesday | 6:30 a.m. | Men's Faith Group | Parish Office Parish Hall Library Parish Hall Church OLR |
| | 9:15 a.m. | Scripture Study | |
| | 11:00 a.m. | Sandwich Ministry | |
| | 6:00 p.m. | Village House Opens | |
| | 7:00 p.m. | ESL at OLR | |
| Thursday | 8:45 a.m. | Survival Sacks | Sacred Heart Parish Hall Library Church OLR |
| | 9:15 a.m. | Scripture Study | |
| | 5:00 p.m. | Music Practice | |
| | 7:00 p.m. | ESL at OLR | |
| Friday | 9:15 a.m. | Small Community of Faith | Parish Hall Parish Hall |
| | 9:30 a.m. | Al-Anon Meeting | |
| Saturday | 9:30 a.m. | Small Community of Faith | Parish Hall Parish Office Parish Hall |
| | 10:30 a.m. | Saturday Lunch Ministry | |
| | 5:00 p.m. | CLOW | |
| Sunday | 9:30 a.m. | CLOW | Parish Hall Parish Hall Parish Hall |
| | 10:45 a.m. | Faith Formation Classes | |
| | 7:00 p.m. | 3sixty Youth Night | |

. . . feeling lonely, frustrated, discouraged, unappreciated, maybe a little angry?
 . . . feeling guilty or unable to speak up for what you really want, need or deserve, because you are not the one who is sick?
 . . . wondering if you are "enough"? Need support, or know of someone who is?

Ongoing Support Group for Caregivers at Santa Teresa Catholic Church, 794 Calero Ave, San Jose.

Meets the first Thursday of every month, 7:00-8:30pm. NEXT MEETING will be January 4th, 2018. RSVP to Gina Masero, facilitator, at 408-892-4933.

For other questions related to Pastoral Care or prayer requests, call Leah Harris, Director, Holy Spirit Church, 408-997-5110.

PARISH ACTIVITIES



Save the date!
Scripture Study: Untold Blessing
Thursday mornings,
9:15 to 10:30 am
Parish Hall Library

Holy Spirit will begin a seven week Scripture study by Bishop Robert Barron entitled "Untold Blessing: Three Paths to Holiness". All are welcome - no previous experience with Scripture study is needed. Please join us in the parish hall library **beginning January 25th** for this compelling study which will help to guide each of us on our own faith journey.



Scripture Study
The Prophets: Messengers of God's Mercy
Wednesday mornings
9:15 to 11:00am

Join us for a 10 week Scripture study about the prophets beginning **January 10th**. Who were the prophets, what was their message, and how do they speak to us today? Understand how their central message is one of love, proclaiming the mercy of God for his children. God constantly calls us to a deeper relationship with him. This study will help you to see how this invitation affects your own life and how you are then called to be the voice of God to others. All are welcome! No previous Scripture study experience is required. We will be meeting in the Parish Hall, Classroom 4. There will be a \$28.00 fee for materials. Please RSVP on the parish website or in the parish office. If you have any questions please contact Merry Reardon at mreardon@dsj.org.

BULLETIN BOARD



**WEDDING ANNIVERSARY
CELEBRATION
CATHEDRAL BASILICA
OF SAINT JOSEPH**

2:00 PM, FEBRUARY 03, 2018

Couples celebrating their 1st through 5th, 25th, 40th and 50th (or more) wedding anniversaries are invited to the celebration.

REGISTRATION DEADLINE – JANUARY 15, 2018

(RESERVATIONS ARE REQUIRED,

REGISTER EARLY DUE TO LIMITED SEATING)

For information, call Annie Bui (408) 983-0126

Register online www.dsj.org/weddinganniversarymass



Sign up now for the next Worldwide Marriage Encounter weekend and receive the gift of a great marriage. Making a weekend will help you put a little Christmas in your marriage every day! The **next Marriage Encounter Weekend is February 9-11, 2018** in San Jose. For more information visit our website at: sanjosewwme.org or contact Ken & Claranne at applications@sanjosewwme.org or 408-782-1413.

